

Summer, 2025

Dear Parent or Guardian of a Student in a Health Science Program:

The students in a Health Science Program (EMT & Medical Assisting) will participate in a **required clinical rotation** at an in-patient health care facility during the 2025/26 school year. This experience will provide them with the opportunity to practice their skills and also make decisions about their future careers.

A complete physical exam is required by the health care facilities in order for a student to attend clinic. Therefore, **under no circumstances will a student participate in the clinical rotation without a completed health physical done within the year prior to the start of clinic.** Students who do not submit a complete physical will not be able to complete their program and therefore cannot take their certification exams.

Please note, as per the New York State Department of Education, “students may not be enrolled with the intent to omit portions of a required curriculum which include; didactic, in-person skills lab and in-person hands-on clinical at a work -related facility.” Therefore, **if a student is not eligible to attend clinic, they will be required to withdraw from the program.**

If you do not have a private physician, our school nurse at (516) 604-4218 will provide you with a list of clinics. Appointments take a long time to get, so call early.

### Checklist for Completion

#### As soon as Possible:

- ☐ Review the clinical contact expectations that will be required for all student in a Health Science Custer (EMT & Medical Assisting)
- ☐ **Schedule your appointment for a physical with your doctor for a date between June 1<sup>st</sup> and September 1<sup>st</sup>.** It sometimes can take several months to obtain an appointment.

#### Between June 1, 2024, and September 1, 2025 (at your doctor appointment):

- ☐ Make sure to explain to your medical provider this is not a “regular” school physical. You are looking to get clearance to work in a clinical setting, which is why you need titers.
- ☐ Be sure that your medical provider completes all parts of the form, signs and stamps the form. If, for some reason, the form is not able to be completed, have them sign, stamp, and date what is completed, and submit the form to the teacher so we can check progress.
- ☐ Be sure to ask for “quantitative titer report results” and attach a copy of the lab report

☐ **Submission of the paperwork is due September 4, 2025.** Students who do not have their paperwork completed by the start of their clinical rotations will be withdrawn from the program.

### Checklist for Paperwork DUE on September 4<sup>th</sup>

- ☐ Physical completed after 06/01/2025
- ☐ Physical form/paperwork completed (front and back / no “see attached”)
- ☐ Immunization records
- ☐ Tetanus shot (within 10 years)
- ☐ Flu Shot (current year or subject to wearing a mask)
- ☐ Hemoglobin & Hematocrit (lab results containing normal ranges)
- ☐ MMR Titers (lab results reflecting positive immunity or booster)
  - ☐ Measles
  - ☐ Mumps
  - ☐ Rubella
- ☐ Varicella Titer (lab results reflecting positive immunity or booster)
- ☐ Tuberculosis (negative results)
  - ☐ QuantiFERON (lab results containing normal ranges) (RECOMMENDED OPTION)
- OR
- ☐ PPD (this option requires up to 4 doctor visits within a specific time frame)
  - ☐ PPD 1 Date (at physician) \_\_\_\_\_
  - ☐ PPD 2 Date (within 90 days at the start of clinic) \_\_\_\_\_

**Other Helpful Information Regarding Health Physical Requirements**

**TB Clearance Process**

You may take the **QuantiFERON TB GOLD (QFT) blood test** after June 1, 2025.

**Titers**

Titers indicate whether or not your child is at risk to contract one of the listed communicable diseases. Please make sure the doctor not only notes the results of the test but also **attaches a copy of the lab report for each test.**

**Flu Shot**

We strongly encourage students to have a flu shot. If you do not show proof of having a flu shot, you are required to wear a mask every day at clinic.

**COVID-19**

As we are all aware, CDC/DOH guidelines are constantly being updated. Currently, students whose placement is in a medical office or health care facility are not required to have their COVID vaccination. This, however, could change at any time. . Students may be asked to wear a mask (and possibly a face shield).

**Completed documentation**

Check that the doctor completed the entire physical form and has attached all requested reports. Be sure to keep a copy for yourself.

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**The deadline for paperwork submission is September 4, 2025.**

Please call your child’s teacher or the guidance counselor at (516) 604-4200 with any questions or concerns.