

Menus for August 2025

Tangipahoa
Parish School
System



*We hope you enjoy
the last sweet
days of Summer
BERRY much!*

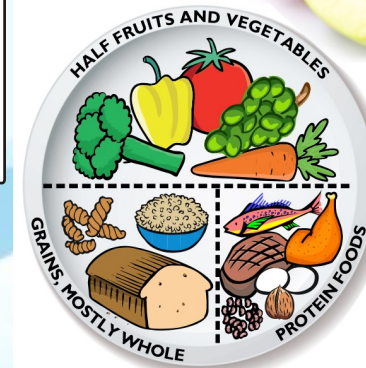
Friday, August 8

Breakfast

Breakfast Hot Pocket
Applesauce
Fruit Juice

Lunch

Pizza
Marinara Sauce
Buttered Corn
Applesauce



**What's on
YOUR
plate?**

AVAILABLE DAILY:

**Choice of Milk Available
With both Breakfast & Lunch:
Low-Fat White, Chocolate &
Strawberry**



**Make this the year you eat
more fruits and veggies.
And let us help!**

Half your plate should be fruits and vegetables! They're low in calories and fat and high in fiber, flavor, color, and convenience. Plus, there are so many different varieties of fruits and veggies that you'll never get tired of them! They're nutritious, delicious, and fun to eat — with a meal or as a quick, natural snack. **And whenever you**

**choose to join us for a meal at school, you
can rest assured that fruits
and vegetables will always
be on the menu!**



**Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html**

Monday, August 11

Breakfast

Egg Bites & Toast or
Tangi Waffle Slider
Fresh Orange Wedges
Fruit Juice

Lunch

Spaghetti & Meat
Sauce w/ Rotini
Garden Salad w/
Dressing
Garlic Knot Roll
Fresh Orange Wedges

Tuesday, August 12

Breakfast

Chicken Biscuit or
Cinnie Minis
Applesauce
Fruit Juice

Lunch

Nachos-Taco Meat
Golden Queso
Tortilla Chips
Salsa
Texas Ranchero Beans
Buttered Corn
Applesauce

Wednesday, August 13

Breakfast

Sausage, Egg & Cheese
Croissant or Yogurt &
Grahams
Raisins
Fruit Juice

Lunch

Popcorn Chicken Bites
Mashed Potatoes &
Gravy
Green Peas
Dinner Roll
Frozen Fruit Cup

**WE'RE LOOKING
FOR A FEW
EXTRA
SETS
OF
HANDS.**



HOW WOULD YOU LIKE A JOB IN ONE OF OUR CAFETERIAS? THIS WOULD ALLOW YOU TO BE AT HOME WHEN YOUR FAMILY NEEDS YOU THERE.

PLEASE VISIT : ESS.com

Thursday, August 14

Breakfast

Pancake on Stick or
Froot Loop Waffle
Chilled Pears
Fruit Juice

Lunch

Taco Soup
Cheesy Rippinz
Salad w/Dressing
Chilled Pears

Friday, August 15

Breakfast

Breakfast Pizza or
Eggoji Waffle & Ham
Mandarin Oranges
Fruit Juice

Lunch

Crunchy Fish Sticks
Homemade Macaroni
& Cheese
Marinated Tomatoes
Steamed Broccoli
Mandarin Oranges

RESPECT

is treating others in a way that shows you care about them and their feelings.

DON'T GET!
To make a lunch,
choose at least one



or



Tangipahoa Parish School System

TIME *for* LUNCH



We're here to serve you, so please let us know if there's anything we can do for you.

Have a Great Year!

Monday, August 18

Breakfast

Sausage Biscuit & Hash brown or Pizza Bagel
Pineapple Tidbits
Fruit Juice

Lunch

Louisiana Red Beans
Steamed Rice
Marinated Cucumbers
Mustard Greens
Cornbread
Pineapple Tidbits

Tuesday, August 19

Breakfast

Breakfast Empanada or Cinnamon Toast
Crunch Soft Filled Bar
Whole Apple
Fruit Juice

Lunch

Breaded Pork Chop
Mashed Potatoes & Gravy
Green Beans
Dinner Roll
Fun Dip Apples

Wednesday, August 20

Breakfast

Eggstravaganza & Biscuit or Tangi
McGriddle
Fruit Cocktail
Fruit Juice

Lunch

Sloppy Joe on Bun
Tasty Tots
Marinated Tomatoes
Baked Beans
Fruit Cocktail

Thursday, August 21

Breakfast

Chicken Biscuit or Glazed Donut
Banana
Fruit Juice

Lunch

Salisbury Steak/Gravy
Steamed Rice
Candied Yams
Green Peas
Dinner Roll
Banana

Friday, August 22

Breakfast

Pancake on Stick or Cheese Omelet,
Sausage & Toast
Chilled Peaches
Fruit Juice

Lunch

Pizza
Marinara Sauce
Buttered Corn
Baked Peaches

Monday, August 25

Breakfast

Ham & Egg Biscuit or Breakfast Hot Pocket
Mandarin Oranges
Fruit Juice

Lunch

Beef & Broccoli
Steamed Rice
Glazed Carrots
Dinner Roll
Candy Corn Fruit



No application necessary for kids to sit at our table.

All of our complete meals are always **NO CHARGE** for all students with no need to submit an application, thanks to the Community Eligibility Program!



Tuesday, August 26

Breakfast

Pancake & Sausage Bites or French Toast Sticks
Craisins
Fruit Juice

Lunch

Nachos-Taco Meat
Queso & Salsa
Tortilla Chips
Buttered Corn
Taco Fiesta Black Beans
Fruity Freeze

Wednesday, August 27

Breakfast

Chicken Biscuit or Eggstravaganza & Biscuit
Pineapple Chunks
Fruit Juice

Lunch

Oven Fried or Baked Chicken
Mashed Potatoes & Gravy
Green Beans
Dinner Roll
Pineapple Chunks

Thursday, August 28

Breakfast

Egg Bites & Toast or Poffitz Pancake Bites
Fresh Orange Wedges
Fruit Juice

Lunch

Hamburger on Bun
Sweet Potato Fries
Lett/Tomato/Pickle
Baked Apples

Friday, August 29

Breakfast

Egg Fiestada Croissant or Breakfast Pizza
Applesauce
Fruit Juice

Lunch

Chicken & Sausage Gumbo
Steamed Rice
Potato Salad
Marinated Cucumbers
Crackers
Applesauce



Sandwich Line Menu

5th - 12th Grade Students

Monday, August 11	Tuesday, August 12	Wednesday, August 13	Thursday, August 14	Friday, August 15
Breaded Chicken Sandwich	Pizza	BBQ Ribbett Sandwich	Spicy Chicken Chunks	Chili Cheese Baked Potato
Monday, August 18	Tuesday, August 19	Wednesday, August 20	Thursday, August 21	Friday, August 22
Hamburger	Pizza	Popcorn Shrimp Sandwich	Homemade Grilled Cheese Sandwich	Spicy Chicken Sandwich
Monday, August 25	Tuesday, August 26	Wednesday, August 27	Thursday, August 28	Friday, August 29
Breaded Chicken Sandwich	Meatball Sub	Hot Dog with Chili & Cheese	Spicy Chicken Sandwich	Pizza



Fresh Made Salads 9th - 12th Grade on Tuesday's & Thursday's

Tuesday, August 12	Thursday, August 14	Tuesday, August 19	Thursday, August 21	Tuesday, August 26	Thursday, August 28
Popcorn Chicken Salad	Taco Salad	Spicy Chicken Salad	Chef Salad	Popcorn Chicken Salad	Taco Salad



Tangipahoa Parish School Board has partnered with ESS to manage our substitute program. A leader in K-12 staffing, ESS is responsible for the hiring and the placement of all [substitute child nutrition workers](#). If you're interested in working as a child nutrition substitute for our school system, please contact:

Brittany Hobbs-Implementation Manager

1-800-641-0140

Website: ESS.com

Email: BHobbs@ess.com



How would you like to be OFF on nights, weekends, holidays & summers?

Cafeteria workers work a total of 180 days per calendar year. That's only 6 months out of the year.

The scheduled hours are from 6:30—2:00 each school day.