

Campbell County School System

Wellness Committee Meeting

August 6, 2024

- **9:00am**- Welcome and Introductions- Ernie Clawson and Jamie Gillum
- **9:10 am**- Campbell County Schools: Wellness Overview- Ernie Clawson
- **9:20am**- County Web Page- Jamie Gillum
 1. CSH
 2. School Nutrition
- **9:30am**- Assessment and readjustment of goals (Group Discussion)
- **10:30am** -Dismiss

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Triennial Assessment

Minutes:

The meeting was held by Jamie Gillum with purpose and new introductions. Members were shown how to access the School Nutrition and Coordinated School Health web pages to find the information.

Jamie Gillum used a Smart Snack Calculator to show how to make certain snacks in the schools were USDA Smart Snack Compliant.

Ernie Clawson presented a power point with goals of the Wellness Committee by using the 2022-23 State and County's BMI statistics.

Members discussed and completed the assessment for the triennial period. Goals and plans of action were discussed and outlined to begin the school term 2024-25. We decided that more training is needed throughout the schools. Ernie and Jamie will work on a presentation for a session of in-service or faculty meetings in the coming months. We will continue to focus on Nutrition and Physical Activity, with a focus on staff wellness for the coming year.

Concerns were voiced about whether vending machines at a few of the schools were Snack Compliant. The committee also voted that each of the leaders of the HST be asked to join the countywide health committee.

The meeting was summarized by going over the goals and the plan of action for the 2024-25 school year.