



Fremont Union High School District

Position: Teacher - Adapted Physical Education (APE)

Department/Site: Site/Educational and Special Services

Reports to/ Evaluated by: Assistant Principal/Coordinator of Special Services

Summary of Basic Functions & Responsibilities

The Adapted Physical Education teacher works under the direction of the Coordinator of Special Services and provides adapted physical education services to students with disabilities. This position assists in developing and providing appropriate specially designed physical education programs in coordination with the school's physical education classes. The Adapted Physical Education teacher consults with administrators, teachers, district staff, students and parents to increase educational benefit for identified students.

Essential Duties and Responsibilities

These include, but not limited to, the following:

- Provide consultative services to special education and general education instructional staff for inclusion of students with disabilities in the physical education program.
- Assist in the design, development and implementation of appropriate adapted physical education programs, including selection and use of appropriate equipment.
- Teach adapted physical education, and specially designed physical education programs to students with disabilities.
- Provide screening, assessment and evaluation of students for enrollment in and release from adapted physical education programs.
- Confer and work cooperatively with classroom teachers, students, parents, other school and medical personnel on the assessment, identification and evaluation of student needs, program design and implementation.
- Participate in IEP meetings to provide current assessment or review of physical education skill development based on grade level content standards, goal progress, and impact of disability.
- Develop, coordinate and monitor student's physical education programs.
- Serve as a resource in the areas of equipment selection, and purchase, program design and modifications, staff development, and reference materials in adapted physical education.
- Maintain comprehensive, timely reports, IEP and 504 documents.
- Order and maintain an inventory of materials and equipment to be used in the adapted physical education and specially designed physical education classes.
- Work at more than one school site in an instructional day.

Qualifications

Knowledge and Skills

- Knowledge of current methods to assess, design curriculum, implement and teach chronologically age-appropriate activities in the areas of perceptual motor development, fundamental movement patterns, lifelong recreational skills, physical and motor fitness, rhythms and dance.

- Knowledge of anatomy, physiology, kinesiology, health, and growth and development as they apply to adapted physical education programs.
- Positive work with students with disabilities in a physical education setting.
- Organization and time management skills to coordinate and prioritize multiple activities.
- Provide culturally responsive communication orally and in writing sufficient to express ideas, thoughts and instructions clearly to students, community and staff.
- Utilizes appropriate behavioral techniques to motivate and support students in a teaching environment.
- Creates legally compliant and standards-based IEP goals and objectives.
- Monitor and evaluate progress of students enrolled in an adapted physical education program, using data driven goal progress.

Ability to:

- Ability to consult with staff, students and parents effectively.
- A demonstrated ability to communicate effectively orally and in writing.
- Ability to transport to more than one school site in an instructional day.
- Ability to drive a car.

Education, Licenses, & Certificates

- Required:
 - A valid California credential authorizing services as a physical education teacher with a certificate in adapted physical education.
 - A valid California driver's license.
- Desirable:
 - Master's degree.

Experience:

- Experience providing Physical Education instruction for students with disabilities desired.

Working Conditions:

- Work is performed in a District Office, classroom environment, and physical education setting, subject to constant interruptions.

Physical Abilities:

- Ability to actively engage in and demonstrate exercises, assist students with mobility needs, operate adaptive equipment, and respond quickly to ensure student safety.

Approved by the FUHSD Board of Trustees at their regular meeting on 20 May, 2025.