

# **Carver County**

Family Resource Guide 2025-2026



Healthy Carver for a Lifetime

Carver County Public Health Health and Human Services 600 Fourth Street East Chaska, MN 55318-2102

public-health@co.carver.mn.us www.co.carver.mn.us Phone (952) 361-1329

This directory is a general guide to resources and does not imply endorsement or recommendation by Carver County. The information is subject to change.

# **Emergency Phone Numbers**

<u>Police-Fire-Medical Emergency</u> 911

988 Suicide and Crisis Lifeline call or text 988

<u>Carver County Mental Health Crisis</u> 952.442.7601

<u>Poison Control Center</u> 1.800.222.1222

<u>National Domestic Violence Hotline</u> 1.800.799.SAFE (7233)

National Sexual Assault Hotline 1.800.656.HOPE (4673)

# **Assistance**

Carver County has several programs to assist both adults and families in need. If you cannot find the program you are looking for, visit the Carver County website for more information.

# Health and Economic Assistance

### **Social Security Administration**

1.800.772.1213

Some children and adults with disabilities meet eligibility criteria to get assistance to meet costs of necessary medical care and living expenses.

### **Bridge to Benefits**

1.800.365.0270

Bridge to Benefits is a project by Children's Defense Fund-Minnesota to improve the well-being of families and individuals by linking them to public support programs and tax credits. www.bridgetobenefits.org

### Carver County Health and Human Services

952.361.1600

Programs include food and cash assistance, childcare assistance, emergency assistance, health care coverage and long-term care.

#### Carver County Public Health

952.361.1329

Provides public health programs and services including low cost immunizations and health education, assistance connecting with local resources, and requests for health data.

<u>CareerForce</u> 952.361.1711

Programs include diversionary work program, dislocated worker program, senior employment, and youth programs.

# Community Action Partnership of Carver-Scott-Dakota Counties (CAP Agency) 952.496.2125

110 W 2<sup>nd</sup> St, Chaska

Services include Energy and Housing Assistance, Senior Meals on Wheels, Early Head Start-Head Start and Crisis Nursery. Local Import thrift store and food shelf located in Shakopee.

### **His House Foundation**

612.325.4693

Direct services to families in need including financial and material assistance, food assistance, information and referrals.

<u>Latino Voices</u> 952.594.5220

Provides resources and support for the Latino community. <a href="https://www.latinovoicesmn.org">www.latinovoicesmn.org</a>

Mi CASA 952.232.4265

Provides services to advance the wellbeing of the Latino community. Promotes health, inclusion, racial equity, and youth development.

http://micasamn.org

# Food Assistance

# **Bountiful Basket Food Shelf**

 1600 Bavaria Rd, Chaska
 952.556.0244

 102 Lake St W, Cologne
 952.988.2802

## **Gather and Grow Food Shelf**

 11 S Elm St, Waconia
 952.442.3878

 309 Lewis Ave S, Watertown
 952.955.1980

# **Community Meals**

St. John's Lutheran Church, 300 E 4<sup>th</sup> St, Chaska Every Monday, 5:15-6:15 PM

Chaska Moravian Church, 115 E 4<sup>th</sup> St, Chaska Second Saturday of the month, 11:30 AM-1:30 PM

St. Paul's Lutheran Church, 505 Westminster Ave SW, Watertown First Thursday of the month, 5:30 PM

### The Humanity Alliance

The Humanity Alliance provides meals for individuals and families. Their Weekend Meal Delivery program provides a weekend's worth of freshly made, nutritious meals. The meals are delivered each Friday right to your door. Meals are provided at no cost. The Humanity Alliance™

### Meals on Wheels 952.402.9855

Meals on Wheels, available through the Community Action Partnership of Carver-Scott-Dakota Counties (CAP Agency) provides home delivered meals to adults ages 60+. The suggested donation is \$5 per meal, but no one will be denied service if unable to pay.

seniornutrition@capagency.org

<u>Minnesota Food Helpline</u>	1.888.711.1151
le	

www.hungersolutions.org

People Reaching Out to People (PROP) 952.937.9120

14700 Martin Drive, Eden Prairie

Southwest Carver County Food Shelf 952.467.1870

10 First Ave NE, Norwood-Young America

Women Infants & Children (WIC) Nutrition Program 952.818.3728

Chaska

For pregnant women and children up to age 5. WIC is a nutrition program that offers free nutritious foods and nutrition education to families.

For a complete list of organizations that offer food assistance, go to www.findfoodcarvercounty.org

# **Clothing/Furniture Assistance**

<u>Bridging</u> 952.888.1105

Bridging provides a basic home setup to those who need most items necessary to create a comfortable and functioning home. www.bridging.org

<u>CAP Agency Local Imports Store</u> 952.402.9898

8085 Old Carriage Ct, Shakopee

Home Again Furnishings 952.442.2268

224 W First St, Waconia

# **Goodwill Retail Stores**

Chanhassen 952.934.1354

80 West 78<sup>th</sup> St, Chanhassen

Chaska **952.303.6827** 

310 Pioneer Trail, Chaska

Shakopee **952.233.8897** 

4450 12th Ave East, Shakopee

### Love INC of Carver County 952.448.3261

Serving the communities of School District 112-Chaska,

Chanhassen, Carver and Victoria and School District 110-Waconia, St. Bonifacius, Cologne and New Germany

Love INC Heartland 763.999.7082

Serving the communities of Mayer and Watertown

RAK (Random Acts of Kindness) 612.594.0047

2460 Chaska Blvd, Chaska

701 Jefferson Ave SW, Watertown

<u>Trending Upward Thrift Shoppe</u> 952.261.2343

141 Depot Dr, Waconia

# Housing

## 211--United Way First Call for Help 211

Carver County Emergency Assistance 952.361.1600

# Carver County Housing Unit Helpline 952.442.4496

Helps connect individuals to housing resources in the community, open Monday-Friday, 8-4:30 PM.

# CAP Agency Housing Services 952 496.2125 (option 3)

738 1st Ave E, Shakopee (serves Carver & Scott county)
Helps qualified individuals prevent eviction through financial
assistance and helps people experiencing homelessness navigate
the process of applying for and securing housing.

<u>Carver County Community Development Agency</u> 952.448.7715
Provides affordable housing opportunities in Carver County.

## Metro Shelter Hotline 1.888.234.1329

Provides current shelter information.

# **Transportation**

Metro Mobility 651.602.1111

Metro Mobility is a shared public transportation service for certified riders who are unable to use regular fixed-route buses due to a disability or health condition. Rides are provided for any purpose. www.metrotransit.org/metro-mobility

SmartLink Transit 952.496.8341

Serving Carver and Scott Counties

SouthWest Prime 952.797.7463

SW Prime is an on-demand transit service for Eden Prairie, Carver, Chaska, Chanhassen and Victoria.

https://swtransit.org/sw-prime/

SouthWest Transit 952.949.2287

https://swtransit.org/

<u>Water's Edge</u> 952.442.7022

Non-emergency medical and special needs transportation to and from medical appointments.

www.watersedgemn.com

WeCAB 1.844.743.3932

WeCAB is a network of volunteers who provide safe, affordable, and flexible transportation.

https://Wecab.org

# **Health Insurance Coverage and Providers**

MNsure 1.855.366.7873

A marketplace where Minnesotans can find, compare and choose quality health care coverage that best fits their needs and budget.

www.mnsure.org

Portico Healthnet 651.489.2273

Health insurance enrollment assistance.

www.porticohealthnet.org

BluePlus: www.bluecrossmn.com

- Customer Service: 651.662.5545 or 1.800.711.9862
- TTY/Hearing Impaired: 711
- BlueRide Transportation: 651.662.8648 or 1.866.340.8648
- Mental Health and Substance Use: 1.844.410.0745
- Dental Services: 651.406.5907 or 1.800.77.9049

- Nurse Line: 651.662.5545 or 1.800.711.9862
- Maternity Management: 1.800.711.9862
- Online Care: https://doctorondemand.com

### **Health Partners:** www.healthpartners.com

- Customer Service: 952.967.7998 or 1.866.885.8880
- TTY/Hearing Impaired: 711
- RideCare Program: 952.883.7400 or 1.888.288.1439
- Mental Health and Substance Use: 1.888.638.8787
- Dental Services: 952.967.7998 or 1.866.885.8880
- Nurse CareLine: 612.339.3663 or 1.800.551.0859
- BabyLine: 612.333.2229 or 1.800.845.9297
- Online Care: www.virtuwell.com

### Medica: www.medica.com

- Customer Service: 1.800.373.8335
- Provide-A-Ride call center: 952.992.2580 or 1.888.347.3630
- Mental Health: 1.800.848.8327
- Provide-A-Dentist: 651.406.5919 or 1.800.459.8574
- Nurse Line: 1.866.715.0915

### **UCare:** www.ucare.org

- Customer Service: 612.676.3200 or 1.800.203.7225
- TTY/Hearing Impaired: 612.676.6810 or 1.800.688.2534
- Health Ride: 612.676.6830 or 1.800.864.2157
- Mental Health and Substance Use: 1.833.276.1185
- Dental Services: 888.227.3310
- Nurse Line: 1.800.942.7858
- Pregnancy Advisor Nurse: 1.855.260.9708
- Online Care: www.virtuwell.com

# <u>Medical Assistance</u>

- Member Help Desk: 651.431.2670 or 1.800.657.3738
- TTY/Hearing Impaired: Use your preferred relay service
- Transportation: Contact Smart Link 952.496.8341
   Requires minimum of 3 business days' notice to guarantee transportation, contact your county worker to arrange transportation for urgent care.
- https://mn.gov/dhs

# **Dental**

Preventive dental checkups should start when a baby's first tooth appears and continue to be done every 6 months. Preventive dental care is a paid benefit for people from birth to age 20 on Medical Assistance.



# Dental Clinics Accepting Medical Assistance

Anderson Lakes Dental 8775 Columbine Rd, Eden Prairie	952.942.0823
Chaska Family Dental 407 N Chestnut St, Chaska	952.234.7002
Children's Dental Services  Multiple locations available  Children birth to 26 and pregnant women of any age, offers sliding uninsured	<b>612.746.1530</b> g fees for
<u>Dental Associates of Savage</u> 13899 Highway 13 South, Savage	952.440.2292
Gentle Dentistry 1060 Hwy 15 South, Hutchinson 7500 42 <sup>nd</sup> Ave North, New Hope 5001 Winnetka Ave North, New Hope	320.234.6677 763.252.6350 763.533.0055
Health Partners Dental Clinic 8455 Flying Cloud Dr, Eden Prairie 8600 Nicollet Ave S, Bloomington 5500 Excelsior Blvd, St Louis Park Health Partners only	952.883.9040 952.541.2888 952.853.9120
Minnetonka Dental 17909 Delton Ave, Minnetonka	952.474.7057
Open Door Health Center 115 Broadway St South, Suite 600, Jordan Offers sliding fees for uninsured	952.492.6342
Park Dental Chaska 1150 Hazeltine Blvd, Chaska	952.361.0777
Parkway Dental 16518 W 78 <sup>th</sup> St, Eden Prairie	952.937.2137

<u>Sidky Family Dentistry</u> 557 Prairie Center Dr, Eden Prairie	952.405.8838
True North Community Dental Clinic 415 First Ave E, Shakopee Offers sliding fees for uninsured	952.403.5149
<u>University of Minnesota Pediatric Dental Clinic</u> 701 25 <sup>th</sup> Ave South, Suite 400, Minneapolis	612.659.4900
For Children with Special Needs	
Camp Smile Pediatric Dentistry 111 Hundertmark Rd N, Suite 304, Chaska 675 Water St, Suite 2, Excelsior Children with special health care needs under age 14.	952.361.6759 952.242.9200
Dentistry for Children and Adolescents 7373 France Ave South, Suite 402, Edina 6060 Clearwater Dr, Suite 210, Minnetonka Children with special health care needs under age 12.	952.831.4400 952.932.0920
Dental Clinics with Sliding Fee Scale	
Community Dental Care 3650 Braddock Ave NE, Ste 200, Buffalo 3359 West Broadway Ave, Robbinsdale	763.270.6900 763.270.5776
Community Dental Care 3650 Braddock Ave NE, Ste 200, Buffalo	
Community Dental Care 3650 Braddock Ave NE, Ste 200, Buffalo 3359 West Broadway Ave, Robbinsdale Community University Health Care Center	763.270.5776
Community Dental Care 3650 Braddock Ave NE, Ste 200, Buffalo 3359 West Broadway Ave, Robbinsdale  Community University Health Care Center 2001 Bloomington Ave South, Minneapolis  Hope Dental Clinic	763.270.5776 612.301.0918
Community Dental Care 3650 Braddock Ave NE, Ste 200, Buffalo 3359 West Broadway Ave, Robbinsdale  Community University Health Care Center 2001 Bloomington Ave South, Minneapolis  Hope Dental Clinic 800 Minnehaha Ave E, Ste 465, St. Paul Indian Health Board Dental Clinic	763.270.5776 612.301.0918 651.789.7605
Community Dental Care 3650 Braddock Ave NE, Ste 200, Buffalo 3359 West Broadway Ave, Robbinsdale  Community University Health Care Center 2001 Bloomington Ave South, Minneapolis  Hope Dental Clinic 800 Minnehaha Ave E, Ste 465, St. Paul  Indian Health Board Dental Clinic 1315 East 24th St, Minneapolis  NorthPoint Health and Wellness Center	763.270.5776 612.301.0918 651.789.7605 612.721.9800

### **Sharing and Caring Hands**

612.596.3463

525 North 7th St, Minneapolis

Dental services provided on a first-come, first-serve basis when a dentist is available. Call for dates and times.

Southside Community Health Services	612.822.9030
-------------------------------------	--------------

4243 South 4th Ave, Minneapolis

### <u>University of Minnesota Dental School</u> 612.625.2495

515 Delaware St SE, Minneapolis

### University of Minnesota Pediatric Dentistry

515 Delaware St SE (6th floor) **952.625.7171** 

Dental care for children ages 1 through 15.

# **Prevention Only Dental Clinics**

### Normandale Dental Hygiene Clinic

952.358.8608

9700 France Ave South, Bloomington

Preventive hygiene care for adults and children performed by dental students.

### **Herzing University Dental Clinic**

763.231.3174

435 Ford Rd, 1st floor, St. Louis Park

Preventive hygiene care for adults and children over age 5 performed by dental hygiene students.

# **Medical Care**



Child and Teen Checkups (C&TC) are wellness check-ups for people age 0-20 on Medical Assistance.

Wellness checkups are important for your child's health. They help identify health concerns at an early age and give a chance for early treatment.

# Medical Clinics Accepting Medical Assistance

### Chanhassen

## Park Nicollet Chanhassen Clinic 952.993.4300

300 Lake Dr East, Chanhassen Urgent Care services

### Ridaeview Chanhassen Clinic 952.934.0570

7907 Powers Blvd, Chanhassen Urgent Care service

Chaska Allina Health Chaska Clinic 111 Hundertmark Rd, Suite 220	952.448.2050
<u>Catalyst Medical Clinic</u> 1200 Chaska Creek Way, Suite 200	952.856.1046
Lakeview Clinic-Chaska 110105 Pioneer Tr, Chaska	952.556.0120
Ridgeview Chaska Clinic 111 Hundertmark Rd, Suite 115N, Chaska	952.856.4001
South Lake Pediatrics 111 Hundertmark Rd, Suite 210, Chaska	952.401.8300
Two Twelve Medical Center  111 Hundertmark Rd, Chaska Emergency services	952.361.2447
Wayzata Children's Clinic  111 Hundertmark Rd, Suite 420, Chaska  Urgent Care services in Chaska and Minnetonka locations	952.448.3847
Hopkins myHealth for Teens and Young Adults 15 8th Ave South, Hopkins Offers a sliding fee scale. Serving teens and young adults, ages 12	<b>952.474.3251</b>
Norwood-Young America Lakeview Clinic-West 406 Faxon Rd, Norwood	952.467.2888
Shakopee Allina Health Clinic 4201 Dean Lakes Blvd, Suite 120, Shakopee 1601 St. Francis Ave, Suite 100, Shakopee	952.496.6700 952.428.3535
Metropolitan Pediatric Specialists 1515 St. Francis Ave, Suite 100, Shakopee	952.445.6700
Park Nicollet Shakopee Clinic	050 002 7750
1415 St. Francis Ave	952.993.7750

w	$\alpha$	CO	nı	$\boldsymbol{\alpha}$
	u	-		u

Lakeview Clinic-Waconia 424 State Hwy 5 West	952.442.4461
Ridgeview Medical Center 500 South Maple St, Waconia Emergency and urgent care services	952.442.2191
Watertown Catalyst Medical Clinic 204 Lewis Ave South, Ste 201, Watertown	952.955.1963
<u>Lakeview Clinic-Watertown</u>	952.955.1921

Children should see their doctor for a Child and Teen Checkup (C&TC)

313 Territorial St E, Watertown



- Between birth and 1 month of age
- At 2, 4, 6, 9, 12, 15, 18, 24, and 30 months
- Every year from age 3-20

# Convenience Clinics accepting Medical Assistance

CVS MinuteClinic Chaska (inside Target) 111 Pioneer Trl, Chaska	952.361.3766
Eden Prairie (inside CVS) 8251 Columbine Rd, Eden Prairie	952.941.1266
Minnetonka (inside Target) 4848 County Rd 101, Minnetonka	952.401.3814
Shakopee (inside CVS) 4050 Dean Lakes Blvd, Shakopee	952.402.9039
Waconia (inside Target) 875 Main St, Waconia	952.442.9334

675 Mairi Si, Waconia	
Medical Clinics with Sliding Fee Scale	
Community University Health Care Center 2001 Bloomington Ave South, Minneapolis	612.301.3433
Indian Health Board Clinic 1315 East 24 <sup>th</sup> St, Minneapolis	612.721.9800

myHealth for Teens and Young Adults 15 8th Ave South, Hopkins	952.474.3251
Neighborhood HealthSource Central Clinic 2301 Central Ave NE, Minneapolis	612.588.9411
Fremont Clinic 3300 Fremont Ave N, Minneapolis	
Sheridan Clinic 342 13 <sup>th</sup> Ave NE, Minneapolis	
Northpoint Health and Wellness Center 1313 Penn Ave North, Minneapolis	612.543.2500
Open Cities Health Center 409 North Dunlap St, St. Paul	651.290.9200
People's Center Health Services 425 20th Ave South, Minneapolis	612.332.4973
Public Health Immunization Clinic 600 East 4 <sup>th</sup> St, Chaska Immunizations for uninsured and underinsured adults	<b>952.361.1329</b> s and children.
River Valley Health Services Chaska-East Creek Family Center, 303 East 6 <sup>th</sup> St Wednesdays 9-11:30AM and Thursdays by appointm	
Shakopee-CAP Agency, 738 1st Ave E Tuesdays 3:30-7:30 by appointment Services provided are free of charge	
Southside Medical & Behavioral Health 324 East 35 <sup>th</sup> St, Minneapolis	612.827.7181

# Medication and Prescription Assistance

Provides free medical care for uninsured adults and children.

# GoodRx

Compare prescription drug prices and find coupons and discounts on prescription medications.

651.287.7777

www.goodrx.com

St. Mary's Health Clinic

### Partnership for Prescription Assistance

Helps qualifying patients without prescription drug coverage to get the medicines they need for free or nearly free.

https://www.helpinapatients.org/gethelp

Rx Outreach 1.888.796.1234

Non-profit pharmacy working to provide affordable medications.

# **Hearing and Vision**



Hearing and vision are important for child development. They help with parental bonding and learning in school.

# Hearing Clinics Accepting Medical Assistance

### Park Nicollet Audiology and Hearing

952.993.1880

Locations in Burnsville, St. Louis Park and Maple Grove Health Partners only

### **Ridgeview Hearing Centers**

952.925.5626

Ridgeview Chaska Clinic 111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Professional Building 560 South Maple St, Suite 40

# Ridgeview Otolaryngology

Ridgeview Chaska Clinic

952.925.5626

111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Professional Building 560 South Maple St, Suite 40, Waconia

# **Vision Clinics Accepting Medical Assistance**

### Chanhassen

**Clarkson Eyecare** 

952.934.1424

7872 Market Blvd, Chanhassen

# Park Nicollet Eye Care

952.993.3150

300 Lake Dr East, Chanhassen

Wink Family Eye Care 600 Market St, Suite 110, Chanhassen	952.937.9465
Chaska Edina Eye Physicians & Surgeons 111 Hundertmark Rd, Suite 105N, Chaska	952.832.8100
Pearle Vision 106 Pioneer Trail, Chaska	952.368.2325
Southwest Eye Care 1200 Chaska Creek Way, Suite 110, Chaska	952.466.3937
Norwood/Young America Southwest Eye Care 304 West Hwy 212, Norwood	952.467.2270
Victoria Seek Eye Care 7940 Victoria Dr, Suite 103, Victoria	612.800.7335
Waconia Edina Eye Physicians & Surgeons 560 South Maple St, Suite 110, Waconia	952.832.8100
<u>Lakeview Clinic</u> 424 West Hwy 5, Waconia	952.442.4461
Precision Eye Care 753 Marketplace Dr, Waconia	952.442.2015
Watertown Southwest Eye Care 204 Lewis Ave South, Watertown	952.955.3553
Watertown Eye Clinic 216 Lewis Ave South, Watertown	952.955.2123

# **Reproductive Health**

Annex Teen Clinic 763.533.1316

5810 42<sup>nd</sup> Ave North, Robbinsdale

Reproductive and sexual health services for young people through age 25.

No one will be turned away for inability to pay.

<u>Clinic 555</u> 651.266.1255

555 Cedar St, St. Paul

Reproductive and sexual health services for teens and adults. No one will be turned away for inability to pay.

<u>Face to Face</u> 651.772.5555

1165 Arcade St, St. Paul

Provides family planning, prenatal care, STI testing and treatment for youth ages 11-24.

### Family Tree Clinic 612.473.0800

1919 Nicollet Ave, Minneapolis

Reproductive and sexual health services for teens and adults. No one will be turned away for inability to pay.

### MN Family Planning & STI Hotline

800.783.2287

Provides reliable, medically accurate and confidential information via phone, text (text ASKMN to 66746), and web chat (sexualhealthmn.org)

### myHealth for Teens and Young Adults

952.767.8015

15 8th Ave South, Hopkins

Reproductive and sexual health services for ages 12-26. No one will be turned away for inability to pay.

## <u>Planned Parenthood</u>

Reproductive and sexual health services for teens and adults.

Apple Valley	952.890.0940
Eden Prairie	952.653.4499
Mankato	507.387.5581
Minneapolis	612.823.6300
Richfield	612.874.1420

<u>Red Door</u> 612.543.5555

525 Portland Ave South, Minneapolis

Provides family planning, STI screening and treatment, HIV testing. No one will be turned away for inability to pay.

## SAGE-MN Cancer Screening Program 888.643.2584

Screening and early detection of breast, cervical and colorectal cancers.

Screenings available at several clinics in Carver County.

## **Domestic Violence Resources**

### MN Day One Crisis Hotline

Statewide network of domestic violence, sexual assault, human trafficking, youth and community advocacy programs in MN

24-Hour Crisis Line

call 866.223.1111 or text 612.399.9995

### Sexual Violence Center

Support for everyone affected by sexual violence. Confidential services to survivors, their friends and their families free of charge 24-Hour Crisis Line 612.871.5111

### Southern Valley Alliance

Crisis support, advocacy and education to victim-survivors of domestic violence.

24-Hour Crisis Line

952.873.4214

### **National Domestic Violence Hotline**

Free and confidential support for people experiencing domestic violence. Help is available in Spanish and other languages.

24-Hour Crisis Line

800.799.SAFE (7233)

### National Sexual Assault Hotline

Free crisis support

24-Hour Crisis Line

800.656.HOPE (4673)

### Casa de Esperanza

Domestic violence and sexual assault counseling and resources. **24-Hour Bilingual Helpline**651.772.1611

# **Mental Health Services**

# Mental Health Crisis Resources

## **Carver County Mental Health Crisis**

Mobile crisis services available throughout the county

24-Hour Crisis Line

952.442.7601

#### **MN Crisis Text Line**

Text "MN" to 741741

Free help for people across Minnesota who are having a mental health crisis or are contemplating suicide

# 988 Suicide and Crisis Lifeline

Free and confidential support for people in distress

24-Hour Crisis Line Call or text 988

Mental Health Providers	
Canvas Health 2950 Metro Dr, Ste 200, Bloomington	651.777.5222
Choices Psychotherapy 7975 Stone Creek Dr, Ste 130, Chanhassen	952.544.6806
Clinical and Developmental Services 9352 Oak Ave, Waconia	952.955.4714
Counseling & Therapeutic Support Services 600 W 78 <sup>th</sup> St, Ste 10, Chanhassen	952.373.1855
David Hoy & Associates 1107 Hazeltine Blvd, Ste 121, Chaska	952.361.3360
Ellie Mental Health 600 Market St, Ste 220, Chanhassen	651.133.8080
Fireside Counseling 9352 Oak Ave, Waconia	952.373.1279
First Street Center 540 E 1st St, Waconia	952.442.4437
The Jonas Center 107 Paul Ave N, Cologne	952.361.9700
Lorenz Clinic 1435 White Oak Dr, Ste 100, Chaska 1772 Stieger Lake Ln, Ste 220, Victoria	952.443.4600
Marbigail Therapy Services 562 Bavaria Ln, Chaska	612.260.1813
myHealth for Teens and Young Adults 15 8th Ave S, Hopkins No one will be turned away for inability to pay.	952.767.8015
NorthStar Regional Various area locations available.	833.677.4673
Nystrom & Associates 1107 Hazeltine Blvd, Ste 370, Chaska	952.204.5623
Prairie Care Various metro locations available.	888.994.1464

St. David's Center

3395 Plymouth Rd, Minnetonka

**Stone Creek Psychiatry** 

952.241.4050

952.939.0396

7945 Stone Creek Dr, Ste 130, Chanhassen

# **Parenting Assistance**



No two children develop, grow or learn in the same way or do things at the same pace. There are many resources available for parents to help support their child's healthy growth and development.

# **Early Intervention and Parenting Support**

### **Breast Feeding Support**

•	Carver County Public Health	952.361.1329
•	Mom & Baby Connection	952.777.4646
•	St Francis Lactation Center	952.428.2064
•	WIC Program of Carver County	952.818.3728
•	La Leche League-Carver County Chapter	952.222.6600
•	National Breastfeeding Helpline	800.994.9662

<u>Milk Moms</u>: provider specializing in breast pumps and maternity supplies through insurance.

www.milkmoms.com

### **Car Seat Safety Resources**

•	Carver County Public Health	952.361.1329
•	Chaska Police Department	952.448.4200
•	St. Francis Regional Medical Center	866.904.9962

#### **Carver County Public Health**

952.361.1329

<u>Child and Teen Checkups</u>: Provides medical and dental resources for families with children age 0-20 on Medical Assistance and sends reminders when checkups are due.

<u>Family Home Visiting:</u> Provides education, resources, and support to pregnant women, new parents, and families.

<u>Follow Along Program</u>: A fun way for parents of children birth to age 3 to learn about their child's health and development. https://www.health.state.mn.us/people/childrenyouth/fap/index.html

<u>Immunization Clinic</u>: Provides immunizations to those who do not have health insurance or whose insurance does not cover immunizations.

### Early Childhood Family Education (ECFE) Programs

952.556.6407
952.442.0613
952.467.7390
952.955.0280
952.401.6812

Offers a variety of classes and resources for parents and children

#### **Everyday Miracles**

612.353.6293

Resources to help parents and potential parents succeed in the parenting role including childbirth education, breastfeeding, parenting classes, doula support, breast pumps and car seats. <a href="https://www.everyday-miracles.org">www.everyday-miracles.org</a>

### Head Start & Early Head Start

651.322.3500

Promotes school readiness of children ages 3 to 5 by providing quality preschool experience. Early Head Start provides services for each family from pregnancy to age 3.

### Help Me Connect

Online navigator connecting families to programs and services to support healthy child development and family well-being. <a href="https://helpmeconnect.web.health.state.mn.us/HelpMeConnect">https://helpmeconnect.web.health.state.mn.us/HelpMeConnect</a>

Help Me Grow 866.693.4769

Resources about development of young children for parents, including information on developmental milestones and screening and evaluation if you have concerns.

www.helpmegrowmn.org

# **Emergency Support and Assistance**

### **CAP Agency Services**

952.496.2125

Child Care Resources, Energy Assistance, Crisis Assistance Funds

### Crisis Nursery of Scott & Carver County

612.839.5101

Support to parents in crisis by providing voluntary short-term care for their children by licensed providers.

### **Public Health Information & Resources**

952.361.1329

Call for information about public health programs and services, assistance connecting with local resources, or requests for health data.