



Summer Menu Week 7: July 14th- July 18th

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Monday	Tuesday	Wednesday	Thursday	Friday	
		Breakfast Menu			
Whole Grain Pancakes with Assorted Fresh Fruit and Cupped Fruit	Cinnamon Pull Apart Strudel with Assorted Fresh Fruit And Cupped Fruit	Whole Grain Yeast Raised Donuts with Assorted Fresh Fruit and Cupped Fruit	Whole Grain Waffles with Assorted Fresh Fruit and Cupped Fruit	Whole Grain Assorted Fruit Muffins Yogurt Cup with Assorted Fresh Fruit and Cupped Fruit	
All Beef Calzone or Cheese Bosco Stick With Marinara Sauce Cup Green Beans Orange Slices Assorted Fresh Fruit and Vegetable Bar	BBQ Beef Riblet with Mac and Cheese Seasoned Peas Garlic Bread Stick Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	Chicken Filet Sandwich with BBQ Baked Beans Fresh Grapes Assorted Fresh Fruit and Vegetable Bar	Cheese or Pepperoni Pizza With Glazed Carrots Fresh Honey Dew Assorted Fresh Fruit and Vegetable Bar	Boneless Wings With Mashed Potato & Gravy, Seasoned Corn Dinner Roll Fresh Watermelon Assorted Fresh Fruit and Vegetable Bar	

MENU SUBJECT TO CHANGE

Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate and Low Fat White

Breakfast

Assorted Fresh, Dried Fruit, 100% Fruit Juice, String Cheese, Assorted Grahams, Whole Grain Cereal, Cereal Bars, Muffins, Donuts, Bagels and Assorted Milk will be Offered Daily

Lunch

Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape
Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director @ 216-320-2007.

USDA is an Equal Opportunity Provider, Employer, and Lender

Free Summer Meals Program Any Child 18 and Under

Open to Public Breakfast 8:00am-9:30am

Lunch 11:00am-1:00pm

Heights High School (June 3rd-August 8th) Boulevard Elementary (June 9th-August 8th)

All Sited Closed June 19th and July 4th