

SERVING ADULTS WITH DISABILITIES

FALL 2025

# River Valley **PROJECT EXPLORE**



**SCHOLARSHIP INFO  
PAGE 14!**

**Come One, come all! CRAFT FAIR**

Saturday, October 4 • See page 3 for more details

Classes begin on September 2, 2025

Phone: 651-423-7931 | Email: [projectexplore@district196.org](mailto:projectexplore@district196.org) | [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)

# WELCOME

We would like to extend an invitation for you to take part in the variety of activities and services offered through River Valley Project Explore, a Community Education program serving adults with disabilities. The information provided here should give you a close look and better understanding of how our program works and where to acquire additional information that you may need. For over 34 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs.

## FROM THE DESK OF THE COORDINATOR

Please welcome new staff joining us this summer and fall. Amanda, Brittany and Connie will be leading our craft classes starting in September. We are excited to have them as part of the Project Explore staff and bring their crafting experience! Jeanne and Jeff will be helping us with bowling leagues and some cooking classes too!

**Save the date of Saturday, October 4th for the 10th annual Project Explore Craft Fair!** It is at Valley Middle School from 10 am-3:00 pm. There will be a wide variety of crafters and a great time to start your holiday shopping!

We have a few new activities this fall, so make sure to look through the whole catalog. Laura Baker Services is having an educational evening designed to provide a wide array of services and resources to help support individuals with disabilities. Katherine from Find Love Safely will lead an informational night on Healthy Relationships. Check out more information on this in the Health and Wellness section of activities.

Music Exploration with Kate is a new offering. Kate is a former choir teacher, assisted with Theater Club along with other activities this spring. This activity is sure to be a great addition to our program!

The Theater Club will be performing "A Charlie Brown Christmas" in November. Auditions and practices begin in early September. If you aren't in the play, you are welcome to attend the performance on November 15th. There are two shows and they are free.

The Annual Fundraiser Dance in late June was a great evening with music from "The Prisoners of Rock 'n' Roll" along with over 90 raffle prize winners. Thank you to everyone that donated items to make this night wonderful. We had many businesses and individuals make generous donations toward the success of the raffle. A big thank you to the RVPE Foundation for all of their support for this dance! The Foundation provides the four grand prizes of cash. Additionally, they manage the raffle ticket sales which is a huge help! The RVPE Foundation also provides scholarships to those in need. Please call the office for more information about scholarships.

As always, activities have been filling up quickly, so I hope you will take the time to register early!

Please make sure to use the back page of the catalog to keep track of your registrations. We'll send you an email reminder too, **so make sure your contact information including a current email address is up to date when you register!**

## Project Explore Staff

Coordinator ..... Patty Vance  
Instructors and Staff ..... Amanda Anderson, Jeanne Borchardt-VonHoltum, Sue Butzer, Delaney Cashin, Gabby Cogshall, Thomas Conrin, Jennifer Deviley, Kate Field, Sofia Fornicoia, Anita Groen, Victoria Hamilton, Yayra Keptsu, Janet Larson, Emily Messick, Brittany Minnick, Eileen O'Hara, Connie Orman, Eric Pearson, Betsy Ritschel, Angila Schmidtke, Jen Stoller, Carla Student, Jeff VonHoltum



## Project Explore Advisory Council

Jane Anderson	Shekinah Dillon	Caroline Gettz
Kevin Johnson	Dave Modrynski	Megan Moe
Sona Parker	Greg Paulson	Leah Paulson
Kelly Ruiz	Carla Student	Denise Weber
Dottie Woodruff	Barb St. Aubin	Patty Vance

Advisory Council members meet bi-monthly to discuss providing services and programming. They develop collaborations to benefit the ongoing educational, recreational and social needs of adults with disabilities living within the five school districts of the consortium. Interested in becoming part of the Council? Contact Patty Vance for information.

## RVPE Foundation

Our mission is to seek funding resources and effectively manage funds to support River Valley Project Explore. The Foundation will work cooperatively with the Project Explore Advisory Council and program staff to support advocacy and fundraising programs as well as the disbursement of funds that ensure the program's ongoing success.

The Foundation is focused on expanding programs, classes and opportunities; providing needed equipment for activities, and scholarships for those needing financial assistance.

Board members include: Elaine Becker, Lisa Burns, Nick Cookas, Rick Cotterman, Suzanne Elwell, Jeanne Finch, Larry Hall, Monica Jensen, and Jeff VonHoltum.

## We love our Volunteers!

Project Explore Volunteers are very valuable. Through the generosity of volunteers, we are able to keep our class and activity fees low, allowing individuals to participate in more classes. Project Explore is always looking for volunteers to help with activities. If you, your group or organization would like to volunteer, please let us know. You can send us an email – [projectexplore@district196.org](mailto:projectexplore@district196.org) – or call our office – 651-423-7931.



# COOKING CLASSES

Cooking classes provide you an opportunity to improve skills, build confidence and have fun with your friends while enjoying a tasty meal. You will need to be able to follow directions and safely use kitchen utensils and help with clean up, too. Class sizes are limited, so be sure to sign up early!

## Chicken & Waffles

Chicken and waffles, a uniquely American dish, arose from a blend of Southern soul food traditions and Pennsylvania Dutch culinary practices. Fried chicken paired with waffles creates the beloved savory-sweet combination you are sure to love. Side dishes will be included for a very delicious and filling meal.



You may register for only one class.

**Tuesday, September 16**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**

*Note this class meets the same time as Theater Club*

**Monday, September 22**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**

## Creepy Cooking

Are you looking for a meal that will “scare” away hunger? We’ll be cooking up a Halloween dinner that will satisfy the hungriest ghosts and goblins. Don’t be “afraid” to join us as we prepare some frightfully delicious recipes. You may register for only one class.

**Tuesday, October 21**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**

*Note this class meets the same time as Yoga and Theater Club.*

**Monday, October 27**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**



## Craft Fair

### Come one, Come all!

See a great variety of crafts for sale from some of our Project Explore friends and various local vendors. Get a jump on all your holiday shopping. Invite your friends, family and co-workers. Food and drinks will be available for purchase.

**Saturday, October 4, 10:00am – 3:00pm**  
**Free!**  
**Valley Middle School**

If you are a crafter or want to volunteer, we need you!

Contact Caroline at 952-393-5944

## Quick Chicken Tacos

No time to cook? Spice up your life with this classic Mexican meal. All you need is 15 minutes and six on hand ingredients to put this tasty dish on the table. Canned chicken and salsa make this meal a real “fiesta”. You may register for only one class.

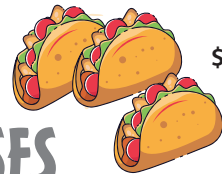
**Wednesday, November 5**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**

*Note this class meets the same time as Move & Groove.*

**Monday, November 10**  
**Valley Middle School**

**6:00-7:30 pm**  
**\$15 per person**



# CRAFTS CLASSES

## Show Your Team Spirit!

Kick off football season with vibrant tissue paper pom-poms and custom team spirit bracelets. These accessories are perfect for cheering on your favorite team! Using elastic cord, pony beads and letter beads, crafters design personalized bracelets that show off team names, initials or inspiring slogans. For pom-poms you will layer and fluff colorful tissue paper to create festive pom-poms in you team’s colors—great for waving during games.

**Monday, September 8**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**



## Fall Bean Mosaics

Bring the bounty of autumn to life with our fall bean mosaics! Using a sturdy cardboard template in fun seasonal shapes—like leaves, pumpkins, or acorns—participants will create beautiful mosaic art by arranging and gluing colorful dried beans in eye-catching patterns. This tactile craft offers a rich sensory experience, blending natural materials with artistic design. It’s a wonderful way to explore textures, develop fine motor skills and celebrate the colors of fall in a unique and meaningful way.

**Monday, September 15**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$12 per person**

## Pumpkin Candle Holder

If you’re a fan of the fall, here’s the perfect project to get you thinking about brightly colored leaves, cooler weather and Halloween! Join us to create pumpkin wine glasses which make fabulous centerpieces, candle holders and more!

**Thursday, September 18**  
**Southview Elementary**

**6:30-8:00 pm**  
**\$12 per person**

# CRAFTS CLASSES

## Fall Gnome

Celebrate fall with us by creating your own fall themed gnome. You choose if your gnome will have a beard or braids. These will be a cute fall decoration or gift.

**Wednesday, September 24**

**Valley Middle School**

*Note this class meets the same time as Move & Groove.*

**6:30-8:00 pm**

**\$12 per person**



## Pumpkin Flower Centerpieces

Welcome autumn in style with our pumpkin flower centerpieces craft! Using hollow foam pumpkins and an array of vibrant faux flowers, crafters will design beautiful, long-lasting centerpieces perfect for tables, mantels or seasonal displays. Crafters can begin by painting and decorating their foam pumpkin in traditional or creative fall colors. Then, they'll arrange a custom bouquet of artificial flowers inside the hollow pumpkin—no carving required! The result is a stunning, mess-free decoration that brings a warm, handmade touch to any fall gathering.

**Monday, October 6**

**Valley Middle School**

**6:30-8:00 pm**

**\$12 per person**

## Candy Corn Mason Jar

Raise your hand if you love CANDY CORN! We will get out our paintbrushes and create a fun candy corn treat jar that will make a perfect gift for a neighbor, friend or to keep for yourself!

**Tuesday, October 14**

**Valley Middle School**

*Note this class meets the same time as Theater Club.*

**6:30-8:00 pm**

**\$12 per person**

## Spooky Pumpkin Patch

Not only is this craft fun but it's delicious! Using graham crackers, candies, frosting and other supplies you will create the pumpkin patch. It can be a fun decoration or a sweet treat.

**Wednesday, October 15**

**Valley Middle School**

**6:30-8:00 pm**

**\$12 per person**



## Fall Cardmaking

Create some beautiful cards for the fall season! We'll have supplies for Halloween, Thanksgiving and fall themes. These are sure to brighten the lives of people when you send them to let them know you care! Each person will have supplies to make ten cards.

**Wednesday, October 22**

**Valley Middle School**

**6:30-8:00 pm**

**\$12 per person**



## Spooktacular Glow Jars

Get into the spooky spirit with our spooktacular glow jars craft! Using mason jars, colorful tissue paper and Halloween cutouts—like witches, black cats, Frankenstein and more—participants will create eerie, glowing lanterns perfect for lighting up windows, porches or party tables. Crafters will layer tissue paper over jars to create a stained-glass effect, then add spooky silhouette shapes for a dramatic Halloween look. Finish it off by placing an LED tealight inside for a safe and ghostly glow!

**Thursday, October 23**

**Valley Middle School**

**6:30-8:00 pm**

**\$12 per person**

## Stained Glass Turkey

Celebrate fall and Thanksgiving with this vibrant and fun stained glass turkey craft! This project combines simple shapes and bold colors to create a stunning mosaic-style turkey. Using paint, crafters create feather sections around a central turkey head, outlined with bold lines to mimic stained glass. This craft encourages creativity while providing a festive decoration just in time for the holidays. Ideal for a wide range of ability levels.

**Monday, November 3**

**Valley Middle School**

**6:30-8:00 pm**

**\$12 per person**



## Turkey Tulle Wreath

Celebrate Thanksgiving in style with this vibrant and whimsical turkey tulle wreath! Featuring layers of soft tulle in classic autumn hues—rich reds, golden yellows, bright oranges, and deep browns—this wreath brings a playful and festive flair to any front door or wall. The centerpiece is an adorable turkey face, complete with googly eyes, a bright yellow beak and a red felt wattle, all mounted on a cozy yarn-wrapped wreath base.

**Thursday, November 6**

**Valley Middle School**

**6:30-8:00 pm**

**\$12 per person**

## Scarecrow Candy Dish

You can't have fall crafts without a scarecrow! This candy holder is simply adorable; it's versatile and can also be used as a candle holder! We will paint and decorate an upside down terra cotta plant holder and put the saucer on top to complete the look.

**Tuesday, November 11**

**Southview Elementary**

**6:30-8:00 pm**

**\$12 per person**

*Note this class meets the same time as Yoga and Theater Club.*



## Thanksgiving Centerpiece

Create your own unique Thanksgiving themed centerpiece just in time to help celebrate. We will use ribbon and other decorations to create your table decoration. It can be displayed anywhere in your home and then set on your dining table for Thanksgiving day. It is sure to be a big hit at your gathering!

**Wednesday, November 19**

**Valley Middle School**

**6:30-8:00 pm**

**\$12 per person**



## T-Shirt Painting

Come to one of our favorite classes and paint a Project Explore T-shirt. The design is already printed on the shirt, all you have to do is use your creativity and color it! Please fill in your T-shirt size when you register. You must register by November 3rd for this activity so your T-shirt can be ordered and printed prior to the class.

**Tuesday, November 25**

**Valley Middle School**

**6:30-8:00 pm**

**\$15 per person**



# SCIENCE

## "Jeweled" Bugs Beetlemania

Learn the parts of a bug. Find out how bugs and beetles make the world a better place. Create stunning "jeweled" bugs using aluminum foil relief.

**Monday, September 29**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$12 per person**

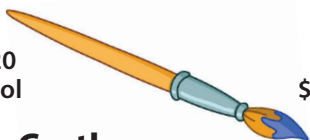


## Paint with Marbles

Paint without paint brushes. Dip marbles in paint and roll, bounce and swirl them on paper and/or clear PC film. Cut out shapes. Make beautifully colored fall leaf decor for hanging on windows.

**Monday, October 20**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$12 per person**



## Build a Candy Castle

Learn about science and engineering by building castles using leftover Halloween candies. Build a castle shape with assorted boxes covered in aluminum foil and then decorate your castle with leftover Halloween candies. Experiment with various materials to make an edible castle. Can you say 'YUM'?

**Monday, November 24**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$12 per person**

## Is your diet Gluten free?

Call the office if you are gluten free at least one week prior to the **Thanksgiving Dinner** and **Bingo & Pizza** so we can make sure to have gluten free food options available for you. Unless noted, cooking classes may not have gluten free options. Make sure to read the class description for details or call the office.

# DANCES

**One Caregiver per participant or group home is asked to register and pay for the dance.**

## Fall Kick-off Dance

Get out your dancing shoes and join us for a great evening together to 'kick-off' our fall season. What a great way to get moving and get together with friends!

**Friday, September 19**  
**Valley Middle School**

**6:30-9:00 pm**  
**\$8 per person**



## Halloween Dance

It's time for the most popular dance of the year! Wear your favorite costume and join all your friends for our annual Halloween dance. Don't be spooked if they don't recognize you. It's sure to be a blast!

**Friday, October 17**  
**Farmington High School**

**6:30-9:00 pm**  
**\$8 per person**



# ENTERTAINMENT

## Karaoke Night!

Calling all singers! Plan for a great evening of Karaoke as you sing favorite songs with friends. Make sure to include the name of the song you want to sing when you register for this activity. We'll have beverages to keep you hydrated.

**Thursday, September 11**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$5 per person**

**Thursday, October 2**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$5 per person**



## Bingo & Pizza

Let's meet up for a delicious pizza lunch followed by bingo! What a great way to spend a Saturday afternoon with friends. There will be lots of great prizes for you to choose from as your bingo prize.

**Saturday, September 13**  
Valley Middle School

**12:00-2:00 pm**  
\$9 per person

## Movie Night

Get out of the house and join your friends for a fun evening of refreshments and a movie! Check-in time is 6:00-6:10 pm and the movie will begin promptly at 6:15 pm to make sure we are done by 8:00 pm.

**Tuesday, September 23**  
Valley Middle School

**6:00-8:00 pm**  
\$5 per person

*Note this class meets the same time as Yoga and Theater Club.*

## Game Night

Come on out and spend the evening playing games with your friends, both old and new! We'll have all the usual games, card games like UNO, SkipBo, Go Fish and more along with a variety of puzzles. There is something for everyone! If you have a favorite game to share, feel free to bring it along. There will be beverages and snacks for you to enjoy while you play.

**Friday, September 26**  
Southview Elementary

**6:30-8:00 pm**  
\$5 per person

**Friday, October 24**  
Southview Elementary

**6:30-8:00 pm**  
\$5 per person

**Friday, November 14**  
Southview Elementary

**6:30-8:00 pm**  
\$5 per person



## BINGO!

Time for B-I-N-G-O! Join your friends for an evening playing this fun game. There will be prizes to choose from for every player. We will serve a snack and beverage for you to enjoy while playing bingo with friends.

**Friday, October 10**  
Valley Middle School

**6:30-8:30 pm**  
\$6 per person



## Halloween Movie Night

Join your friends for a spooky movie to get in the 'spirit' of Halloween! Wear a costume if you'd like to add to the fun! Check in time is 6:00-6:10 pm. The movie will start at 6:15pm to make sure we are done by 8:00pm.

**Tuesday, October 28**  
Valley Middle School

**6:00-8:00 pm**  
\$5 per person

*Note this class meets the same time as Theater Club.*

## Magic Show

Come and join us for a fun evening with Wonderful Woody! You'll be amazed by his illusions and tricks. There will also be some juggling, song trivia and maybe a surprise or two! Come prepared for lots of laughs and some audience participation! Refreshments will be served.

**Friday, November 7**  
Valley Middle School

**6:15-7:30 pm**  
\$9 per person



## Word Search Challenge

Do you enjoy solving word searches? If so, this class is for you! You'll be challenged to see how many hidden words you can find in several puzzles. Remember the words can be hidden backwards, forwards and diagonally. Each participant will receive a word search book to take home. Refreshments will be served.

**Monday, November 17**  
Southview Elementary

**6:30-8:00 pm**  
\$8 per person

## Thanksgiving Dinner

Come and celebrate the season at our annual Thanksgiving Dinner. We'll have turkey, stuffing, potatoes, other sides dishes and pie for dessert! We will begin serving dinner at 5:45pm. Please bring a non-perishable food item to help support the food shelf at Messiah if you are able. We must receive your registration and payment for this event no later than Friday, October 31st. Caregivers need to register and pay for dinner. Sorry, no walk-ins accepted.

**Friday, November 21**  
Messiah Lutheran Church

**5:30-7:30 pm**  
\$12 per person

## The Project Explore Theater Club Presents

## "A CHARLIE BROWN CHRISTMAS"

**Saturday, November 15 at 2:00pm & 7:00pm**  
Falcon Ridge Middle School  
Free!



# HEALTH AND WELLNESS

For Hikes and Stroll & Roll activities make sure to wear sturdy walking shoes and dress for the weather. Hiker must be able to stay with the group or have caregivers with them. Afterwards we will enjoy some refreshments and have social time. Please arrive 10 minutes before the scheduled time so we can start the hike or stroll together. In case of inclement weather, the instructor will call and reschedule.

## Hike Hanrehan Lake

Join us on a 2-3 mile hike on the beautiful rolling hills at Murphy-Hanrehan Nature Preserve.

**Saturday, September 6**  
**Hanrehan Lake**

**10:00-11:30 am**  
**\$5 per person**

## Stroll and Roll Valley Lake Park

Take a nice walk around the paved path and look for geese, ducks and other wildlife. The path is suitable for wheelchairs, mostly flat, but there may be some small hills. Meet on the grass by the parking lot and shelter to sign in.

**Friday, September 12**  
**Valley Lake Park**

**6:00-7:00 pm**  
**\$5 per person**

## Hike Terrace Oaks

Let's get together on a beautiful fall morning for a hike! Meet at the parking lot off of County Road 11 and we'll start our hike together. This trail has some hills so be prepared for a nice workout!



**Saturday, September 20**  
**Terrace Oaks West Park**

**10:00-11:30 am**  
**\$5 per person**

## Stroll & Roll Cleary Lake

What a great way to start your Saturday morning! Join friends for a 3-1/2 mile paved path around Cleary Lake. Meet by the Activities Building-Golf Center parking lot to get started. We'll meet up again for refreshments afterwards.

**Saturday, October 11**  
**Cleary Lake**

**10:00-11:30 am**  
**\$5 per person**

## Open Swim

Enjoy the many benefits of a warm water pool. The water temperature is a relaxing 88 degrees which can soothe sore muscles, offer stress reduction and will feel great! As you move in the pool your body is supported while providing gentle resistance to improve your overall body strength without any joint strain. The pool is reserved just for us for a fun afternoon. Lifeguards will be on duty. Bring your swimsuit, towel, and goggles if desired. If you can't swim or need assistance in the pool, make sure a staff person is able to get into the pool with you.

**Saturday, September 20**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**

**Saturday, October 25**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**

**Saturday, November 22**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**



## Yoga

Join us for a relaxing evening of stress reduction and meditation through gentle yoga. You will learn breathing techniques and poses to promote strength and wellness. This class is for all levels and abilities. It can be adapted for those with limitations. Wear comfortable clothing, bring a yoga mat or towel along with a water bottle to keep hydrated.

**Tuesday, September 9**  
**Valley Middle School**

*Note this class meets the same time as Theater Club.*

**6:30-7:30 pm**  
**\$5 per person**

**Tuesday, September 23**  
**Valley Middle School**

*Note this class meets the same time as Movie Night & Theater Club.*

**6:30-7:30 pm**  
**\$5 per person**

**Tuesday, October 7**  
**Valley Middle School**

*Note this class meets the same time as Thriller Line Dance & Theater Club.*

**6:30-7:30 pm**  
**\$5 per person**

**Tuesday, October 21**  
**Valley Middle School**

*Note this class meets the same time as Creepy Cooking & Theater Club.*

**6:30-7:30 pm**  
**\$5 per person**

**Tuesday, November 4**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

**Tuesday, November 11**  
**Valley Middle School**

*Note this class meets the same time as Scarecrow Candy Dish & Theater Club.*

**6:30-7:30 pm**  
**\$5 per person**



## Move & Groove

Join us for stretching and moving to music. We'll also use some hand weights for more muscle toning. This easy exercise class is so much fun you will forget it is good for you! Wear comfortable clothing and tennis shoes. Bring a water bottle and hand weights if you have them.

**Wednesday, September 10**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

**Wednesday, September 24**  
**Nicollet Middle School**

*Note this class meets the same time as Fall Gnome.*

**6:30-7:30 pm**  
**\$5 per person**

**Wednesday, October 8**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

**Wednesday, October 29**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

**Wednesday, November 5**  
**Nicollet Middle School**

*Note this class meets the same time as Quick Chicken Tacos.*

**6:30-7:30 pm**  
**\$5 per person**

**Wednesday, November 12**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**



# HEALTH AND WELLNESS

## Healthy Relationships

Katherine Gylai, founder and CEO of Find Love Safely, will facilitate an interactive relationship workshop where you will learn to identify healthy and unhealthy relationships, understand consent, practice setting boundaries, and feel confident saying "no" both verbally and through your body language. You will experience intentional moments of exploration and practice in a safe and supportive environment. Parents, families, and caregivers are invited to join.

**Thursday, September 25**  
**Scott Highlands Middle School**

**6:30-7:30 pm**  
**\$5 per person**

## Family Navigation

Join us for an educational evening designed to provide a wide array of information. Family Navigation Service is designed to support individuals with intellectual and developmental disabilities (IDD) and their families. The goal is to help families navigate complex systems by providing Resource coordination, support with life transitions, education on available services, assistance with applications along with provider communication and connection to county, state, and federal programs. Presented by Laura Baker Services Association.

**Thursday, October 9**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

# MUSIC & DRAMA

## Theater Club: "A Charlie Brown Christmas"

Join Theater Club this fall and be part of the November 15th performance of "A Charlie Brown Christmas". It will include Snoopy, Lucy, Linus, Schroeder, Pig Pen, Sally, more friends and of course, Charlie Brown! There will be music, dancing, acting and fun. Surely there's something for everyone! Auditions will be held at our first meeting and there will be an opportunity for every person interested to have a part in the play. After auditions there will be 10 practices. Dates are September 9, 16, 23, 30, October 7, 14, 21, 28, November 6, 11, 13 and two performances on November 15.



**September 9-November 15**  
**Falcon Ridge Middle School**

**1:00-8:00 pm**  
**\$65 per person**

*Note this class meets the same time as many other activities this fall. Make sure to check dates so you are not registered for two activities at the same time.*

## Beyonce Line Dance

Let's get moving to Beyonce's "Texas Hold 'Em"! You will learn classic country moves to Beyonce's new and fabulous country song. No partner needed for a night of fun.

**Wednesday, September 17**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$9 per person**

# MUSIC & DRAMA

## Thriller Line Dance

Get into the spirit of fall and Halloween with this fun line dance version of the "Thriller" - A timeless dance that still inspires us all!

*Note this class meets the same time as Yoga and Theater Club.*

**Tuesday, October 7**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$9 per person**



## "Party in the USA" Line Dance

Enjoy an evening of dance to this fun, upbeat song by Miley Cyrus and get ready to party all night long! No partner needed for this night of fun!

**Thursday, November 13**  
**Scott Highlands Middle School**

**6:30-7:30 pm**  
**\$9 per person**

## Music Exploration

Come explore the magic of music! Here we will experience different music adventures that will include singing, instruments, movement, guest musicians and more memory making moments! Everyone is welcome! Beverages will be served.

**Tuesday, September 30**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

*Note this class meets the same time as Theater Club.*

**Monday, October 13**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$5 per person**

**Tuesday, November 18**  
**Southview Elementary**

**6:30-7:30 pm**  
**\$5 per person**

## The Project Explore Theater Club Presents

## "A CHARLIE BROWN CHRISTMAS"

**Saturday, November 15 at 2:00pm & 7:00pm**  
**Falcon Ridge Middle School**  
**Free!**



# OUT ON THE TOWN

## CANCELLATION POLICY

**Cancellations must be made prior to the registration deadline. You will be charged for pre-paid tickets and other direct costs unless a replacement can be found. No refunds will be given for cancellations received on or after the date trip.**

**Caregivers need to register and pay for each Out On The Town activity!**

## Lake Minnetonka Boat Cruise

Our Lake Minnetonka boat cruise in August filled up fast! We are offering another opportunity in early September for a private cruise on Lake Minnetonka with friends. Lady of the Lake, a beautiful historic sternwheeler boat will take us all around the lake to explore beautiful shorelines, bay, inlets and harbors. There are three levels to the boat so you can be fully inside or completely uncovered, up top on the deck. Dinner is provided and includes a sandwich, salad, jumbo cookie and a beverage. Gluten free option is available. Your registration includes the boat ride, your meal and drink. The boat does have four stairs to navigate getting on and off the boat but is otherwise accessible. Registration must be received by August 20th or until the boat is full.

**Wednesday, September 3  
Valley Middle School**

**4:15-8:30 pm  
\$39 per person**



## MN Twins

Calling all Twins fans! Hop on board the bus to Minneapolis and help us cheer on the hometown team as they take on the Arizona Diamondbacks starting at 1:10pm. This is a popular event, so get your registrations in early. Limited wheelchair seating is available. The tickets are in the Legend's Landing section. Limitless food & beverage is INCLUDED! Simply present your ticket at the concession stand located behind the Legends Landing to receive unlimited ballpark fare, including hot dogs, burgers, chicken tenders, popcorn, pop, water, juice and milk.

We must receive your registration and payments by August 21, or until the tickets have sold out. Make sure to indicate if wheelchair seating is needed.

**Sunday, September 14  
Valley Middle School**

**11:45 am-4:15 pm  
\$54 per person**

## "Grease"

Greased-back hair and leather jackets, ponytails and poodle skirts, fast cars and rock'n'roll, Grease is back at Chanhassen Dinner Theatres! Experience the nostalgia of high school in the '50s – peer pressure, love, and teenage life set against the campy backdrop of Rydell High! Discover the drama, comedy, and pop-culture satire that has made Grease one of the most popular productions of all time! Don't forget the music, with songs like "Summer Nights," "We Go Together," "Greased Lightnin'," "Beauty School Dropout" and so many others, including the hits you love from the movie. Have fun as you groove and bop along! Registration and payment must be received by August 29th.

**Saturday, September 27  
Valley Middle School**

**10:15 am-4:15 pm  
\$83 per person**

# OUT & ABOUT

## Lunch Bunch

Let's meet for lunch and some socializing! It's a great time to enjoy lunch, see old friends and make some new friends. If you're available we hope you can join us! Remember to bring money for your meal.

**Friday, September 5  
Culvers of Rosemount**

**11:00 am-12:15 pm  
No fee**

**Thursday, October 16  
Pizza Ranch**

**11:00 am-12:15 pm  
No fee**

**Tuesday, November 18  
QDOBA, Apple Valley**

**11:00 am-12:15 pm  
No fee**



## Fall Bowling Leagues

Our bowling leagues meet at Bogart's Entertainment Center. Plan to join your friends for a fun time bowling and socializing. If you are hungry, you can stay and eat right there in the Main Street Grill. Fall bowling sessions fill up quickly! You must pre-register to have a lane assigned.

**Please indicate on your registration if you need lane bumpers and/or a bowling ramp.**

### Monday Morning Bowling

**Mondays, September 15-November 17  
Bogart's Entertainment Center**

**10:00-11:15 am  
\$55 per person**

### Monday Afternoon Bowling

**Monday, September 15-November 17  
Bogart's Entertainment Center**

**4:00-5:15 pm  
\$55 per person**

### Wednesday Bowling

**Wednesday, September 17-November 19  
Bogart's Entertainment Center**

**4:00-5:15 pm  
\$55 per person**

### Thursday Bowling

**Thursday, September 18-November 20  
Bogart's Entertainment Center**

**4:00-5:15 pm  
\$55 per person**



# VOLUNTEER CORNER

## Thanksgiving Dinner Set-up

Come and help set up for our annual Thanksgiving dinner. We will get tables, chairs, napkins, cutlery and decorations ready for dinner.

**Thursday, November 20**  
**Messiah Lutheran Church**

**5:30-6:30 pm**  
**No fee**



# ZOOM CLASSES — ONLINE

## Book Club: "The One and Only Ivan"

"The One and Only Ivan" is a Newbery Medal-winning novel by Katherine Applegate, told from the perspective of a silverback gorilla named Ivan who lives in a cage at a mall. It's a heartwarming story about friendship, art, and the importance of finding your place in the world, inspired by a true story of a captive gorilla.

**Tuesday, November 4**  
**Online**

**4:00-5:00 pm**  
**\$12 per person**

# PROJECT EXPLORE POINTS OF INTEREST

## Walk-in Activities

We allow walk-ins for the following activities ONLY:

Bingo  
Dances

**No Walk-ins for Bingo & Pizza, Cooking Classes, Craft Classes or activities where a meal is being served.** Please be considerate as we need to order food and may not have enough for those people not registered. We may not have additional craft supplies for walk-ins. Prevent disappointment by registering before an activity.

## Wish List

To help keep our fees low we love donations for Bingo Prizes. Great ideas are:

**Beanie Babies**, Fuzzy Posters, DVDs, Shampoo, Body Lotions, Bath Wash, Crayons, Coloring Books, Word Find Books, Games, Liters of Pop and Snack foods.

# ZOOM CLASSES — ONLINE

A Zoom link for the activity will be emailed to you the morning of Book Club. Make sure we have your current email address when you register.

## Book Club: "The Tale of Despereaux"

"The Tale of Despereaux" is an enchanting story of a smaller-than-usual mouse in love with music, stories and a princess named Pea. This tiny hero faints at loud noises but gathers the courage to fulfill his dreams.

**Tuesday, September 2**  
**Online**

**4:00-5:00 pm**  
**\$15 per person**

## Book Club: "The Twenty-One Balloons"

"The Twenty-One Balloons" was awarded the Newbery Medal for excellence in American children's literature in 1948. The story is about a retired schoolteacher whose ill-fated balloon trip leads him to discover Krakatoa, an island full of great wealth and fantastic inventions. The events and ideas are based both on scientific fact and imagination. This will be a very interesting and exciting book to read!

**Tuesday, October 7**  
**Online**

**4:00-5:00 pm**  
**\$12 per person**





# PROJECT EXPLORE GUIDELINES FOR PARTICIPATION

Project Explore promotes inclusion of adults with developmental, sensory, cognitive and physical disabilities in a variety of Community Education programs and makes reasonable accommodations to provide an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

1. Pre-registration is required for all classes, activities and trips. Walk-ins will be accepted for dances, but pre-payment and reservations are appreciated.
2. Participants must be accompanied to the classroom. The instructor or staff is in the classroom no earlier than 30 minutes prior to class. Check in with the Project Explore staff and confirm the best time to return and pick up the participant; this needs to be at least 15 minutes prior to the end of class.
3. Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised for all activities and events by their caregiver.
4. All participants must be accompanied for field trips, unless they are their own guardian. Call the office with any questions.
5. Any participant with an active seizure disorder must be accompanied and supervised at all Project Explore activities by their caregiver.
6. All Project Explore programs are school district sponsored, so there is no smoking on school grounds. All programs are alcohol free.
7. Transportation to and from all activities is the responsibility of the participant. Exceptions are for "Out On The Town" activities where a bus is provided.
8. Instructors are not expected to, nor are trained to provide the level of assistance often required by people with disabilities. Instructors are not familiar with all the personal, physical or behavioral needs of the participants.
9. Any individuals attending any of our activities on their own are asked to carry emergency contact information with them.
10. If you do not wish for the image and likeness of you to be used for Project Explore or ISD 196's promotional materials and publications, contact Communication Department at [communityed@district196.org](mailto:communityed@district196.org) or call 651-423-7701.
11. Please do not bring any outside food or drink to non-meal events. It may cause inappropriate behavior from some participants. We appreciate your help.
12. Arriving Late: Participants that arrive at an activity 30 minutes or more after the start time may not be permitted to complete all projects, activities or the event.
13. Inclement Weather: In case of inclement weather check the ISD 196 website and also our outgoing voice message. We will make every effort to contact you.

**If unable to meet these guidelines, please call the program office.**

## Like us on Facebook:

### River Valley Project Explore

See what's new and view current photos from our classes and activities!

## WEB RESOURCES

**River Valley Project Explore: [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)**

**The Project Explore brochure and pictures from events can be viewed on our website.**

**Here are some other websites that provide a variety of services to people of all ages and abilities in Minnesota.**

- **Arc of Minnesota:** [www.TheArcOfMinnesota.org](http://www.TheArcOfMinnesota.org)  
Advocacy and support for people with developmental disabilities and their families.
- **GoDakota:** <https://www.co.dakota.mn.us/Transportation/GettingAround/Pages/default.aspx>  
Transportation services for Dakota County residents.
- **Find Love Safely:** [findlovesafely.com](http://findlovesafely.com)  
A first-of-its-kind personalized matchmaking service for adults with intellectual and developmental disabilities (IDD). The service offers adults with IDD a chance to build genuine connections — romantic or platonic — in a safe, supportive environment. Find Love Safely is **not an app**. It's **personalized, offline matchmaking** with real humans guiding the process. Visit their website to learn more.
- **True Friends:** [www.truefriends.org](http://www.truefriends.org)  
True Friends is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical disabilities.

- **Metropolitan Center For Independent Living:** [www.mcil-mn.org](http://www.mcil-mn.org)  
MCIL is dedicated to the full promotion of the Independent Living philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Contact them at 651-603-2007 for more information on classes and services they offer.
- **Pacer Center:** [www.pacer.org](http://www.pacer.org)  
The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families. They promote parents helping parents.
- **Search Beyond Adventures:** [www.searchbeyond.com](http://www.searchbeyond.com)  
Provides escorted travel tours for adults with disabilities.
- **Wilderness Inquiry:** [www.wildernessinquiry.org](http://www.wildernessinquiry.org)  
Our mission is to make adventure travel accessible to everyone, regardless of age, background or ability.
- **Disability Linkage Line:** [www.minnesotahelp.info](http://www.minnesotahelp.info)  
The disability Linkage Line is a free statewide information and referral resource. It provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions. Contact them at 1-866-333-2466 for more information.

# ADDITIONAL COMMUNITY SERVICES

## Special Olympics

Whether you are interested in participating at practices or competing at Area Games and State Meets, you are sure to make new friends and have fun in a healthy and well managed environment. Many sports are offered including track & field, swimming, basketball, bowling, bocce, poly hockey, tennis, gymnastics, softball, soccer and power lifting.

Burnsville Area:

Contact Brian Petrich at [bkpetrich@gmail.com](mailto:bkpetrich@gmail.com); 612-760-2362

Rosemount-Apple Valley-Eagan area:

Contact Louise Anderson at [RAVEHOD@gmail.com](mailto:RAVEHOD@gmail.com)

Or [www.theravesp.org](http://www.theravesp.org)

Farmington: [https://farmington.ce.eleyo.com/search?q=special+olympics&redirected\\_yet=true](https://farmington.ce.eleyo.com/search?q=special+olympics&redirected_yet=true)

## Community Education Integration Opportunities

Interesting and fun classes are offered through Community Education Programs. The sponsoring districts will make every effort to provide reasonable accommodation so your experience is successful. To request a catalog, call the following Community Education Departments:

Burnsville:	952-707-4110
Farmington:	651-460-3200
Lakeville:	952-232-2170
Randolph:	507-263-2151
Rosemount:	651-423-7920

## Local Community Meals:

- All Saints Catholic, Lakeville located at 19795 Holyoke Ave, Lakeville  
2nd Thursday, 6:00-7:00 pm
- Easter Lutheran by the Lake located at 545 Pilot Knob Road, Eagan  
Drive-Thru – Monday-Thursday, 5:30-6:30 pm

**Save the Date!**  
**Our Winter catalog opens for registration on Monday, October 13, 2025.**

# FACILITY ADDRESSES

### Bogart’s Entertainment Center

14917 Garrett Avenue  
Apple Valley, MN 55124

### Chanhassen Dinner Theatre

501 W 78th Street  
Chanhassen, MN 55317

### Cleary Lake Park

18106 Texas Avenue  
Prior Lake, MN 55372

### Culver’s Restaurant

14755 S. Robert Trail  
Rosemount, MN 55068

### Falcon Ridge Middle School

12900 Johnny Cake Ridge Road  
Apple Valley, MN 55124

### Farmington High School

20655 Flagstaff Avenue  
Farmington, MN 55024

### Hanrehan Lake

15501 Murphy Lake Road  
Savage, MN 55378

### Lady of the Lake

8 Water Street  
Excelsior, MN 55331

### McGuire Middle School

21220 Holyoke Avenue  
Lakeville, MN 55044

### Messiah Lutheran Church

16725 Highview Avenue  
Lakeville, MN 55044

### Nicollet Middle School

400 E. 134th Street  
Burnsville, MN 55337

### Pizza Ranch

16995 Kenyon Avenue  
Lakeville, MN 55044

### QDOBA Mexican Eats

15052 Gleason Path  
Apple Valley, MN 55124

### Scott Highlands Middle School

14011 Pilot Knob Road  
Apple Valley, MN 55124

### Southview Elementary School

1025 Whitney Drive  
Apple Valley, MN 55124

### Terrace Oaks West Park

12700-50 Co. Road 11  
Burnsville, MN 55337

### Target Field

1 Twins Way  
Minneapolis, MN 55403

### Valley Lake Park

160th Street, East of Cedar Avenue  
Lakeville, MN 55044

### Valley Middle School

900 Garden View Drive  
Apple Valley, MN 55124



# REGISTRATION FORM (ONE PER PERSON)

Online Registration:  
[ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Email Address: \_\_\_\_\_

☐ **Please check if new address or phone number** Contact Person: \_\_\_\_\_

Service Provider: \_\_\_\_\_ Group Home Name: \_\_\_\_\_

Special Information & Accommodations: ☐ Wheelchair ☐ Food Allergies, please specify \_\_\_\_\_

☐ **Please check if you do not wish for your photo to be used for publicity purposes or social media**

## Participant Events – Fall 2025

### Cooking Classes

Chicken & Waffles	September 24	_____	\$5
September 16	October 8	_____	\$5
September 22	October 29	_____	\$5
	November 5	_____	\$5

*You may register for one date only*

### Creepy Cooking

October 21	November 12	_____	\$5
October 27	Hike Hanrehan Lake	_____	\$5
	Stroll & Roll Valley Lake Park	_____	\$5

*You may register for one date only*

### Quick Chicken Tacos

November 5	Hike Terrace Oaks	_____	\$5
November 10	Stroll & Roll Cleary Lake Park	_____	\$5

*You may register for one date only*

### Craft Classes

Show Your Team Spirit	September 20	_____	\$12
Fall Bean Mosaics	October 25	_____	\$12
Pumpkin Candle Holder	November 22	_____	\$12

Fall Gnome \_\_\_\_\_ \$12

Pumpkin Flower Centerpiece \_\_\_\_\_ \$12

Candy Corn Mason Jar \_\_\_\_\_ \$12

Spooky Pumpkin Patch \_\_\_\_\_ \$12

Fall Cardmaking \_\_\_\_\_ \$12

Spooktacular Glow Jars \_\_\_\_\_ \$12

Stained Glass Turkey \_\_\_\_\_ \$12

Turkey Tulle Wreath \_\_\_\_\_ \$12

Scarecrow Candy Dish \_\_\_\_\_ \$12

Thanksgiving Centerpiece \_\_\_\_\_ \$12

T-Shirt Painting \_\_\_\_\_ \$15

T-Shirt Size \_\_\_\_\_ \$15

### Science Classes

"Jeweled" Bugs Beetlemania \_\_\_\_\_ \$12

Paint with Marbles \_\_\_\_\_ \$12

Build a Candy Castle \_\_\_\_\_ \$12

### Dances

Fall Kick-off Dance \_\_\_\_\_ \$8

Halloween Dance \_\_\_\_\_ \$8

### Entertainment

Karaoke \_\_\_\_\_

September 11 \_\_\_\_\_ \$5

Song Request \_\_\_\_\_

October 2 \_\_\_\_\_ \$5

Song Request \_\_\_\_\_

Bingo & Pizza \_\_\_\_\_ \$9

Movie Night \_\_\_\_\_ \$5

Game Night \_\_\_\_\_

September 26 \_\_\_\_\_ \$5

October 24 \_\_\_\_\_ \$5

November 14 \_\_\_\_\_ \$5

BINGO! \_\_\_\_\_ \$6

Halloween Movie Night \_\_\_\_\_ \$5

Magic Show \_\_\_\_\_ \$9

Word Search Challenge \_\_\_\_\_ \$8

Thanksgiving Dinner \_\_\_\_\_ \$12

### Health and Wellness

Yoga \_\_\_\_\_

September 9 \_\_\_\_\_ \$5

September 23 \_\_\_\_\_ \$5

October 7 \_\_\_\_\_ \$5

October 21 \_\_\_\_\_ \$5

November 4 \_\_\_\_\_ \$5

November 11 \_\_\_\_\_ \$5

Move & Groove \_\_\_\_\_

September 10 \_\_\_\_\_ \$5

September 24 \_\_\_\_\_ \$5

October 8 \_\_\_\_\_ \$5

October 29 \_\_\_\_\_ \$5

November 5 \_\_\_\_\_ \$5

November 12 \_\_\_\_\_ \$5

Hike Hanrehan Lake \_\_\_\_\_ \$5

Stroll & Roll Valley Lake Park \_\_\_\_\_ \$5

Hike Terrace Oaks \_\_\_\_\_ \$5

Stroll & Roll Cleary Lake Park \_\_\_\_\_ \$5

Healthy Relationships \_\_\_\_\_ \$5

Family Navigation \_\_\_\_\_ \$5

Open Swim \_\_\_\_\_

September 20 \_\_\_\_\_ \$5

October 25 \_\_\_\_\_ \$5

November 22 \_\_\_\_\_ \$5

### Music & Drama

Theater Club \_\_\_\_\_ \$65

Music Exploration \_\_\_\_\_

September 30 \_\_\_\_\_ \$5

October 13 \_\_\_\_\_ \$5

November 18 \_\_\_\_\_ \$5

Beyonce Line Dance \_\_\_\_\_ \$9

"Thriller" Line Dance \_\_\_\_\_ \$9

"Party in the USA" Line Dance \_\_\_\_\_ \$9

### Out on the Town

Lake Minnetonka Boat Cruise \_\_\_\_\_ \$39

No Bus \_\_\_\_\_ \$34

Gluten Free Dinner \_\_\_\_\_

Twins Game \_\_\_\_\_ \$54

No Bus \_\_\_\_\_ \$49

"Grease" \_\_\_\_\_ \$83

No Bus \_\_\_\_\_ \$77

### Out & About

Lunch Bunch \_\_\_\_\_

Sept. 5-Culvers Rosemount \_\_\_\_\_ No Fee

Oct. 16-Pizza Ranch Lakeville \_\_\_\_\_ No Fee

Nov. 18-QDOBA Apple Valley \_\_\_\_\_ No Fee

### Sports

Fall Bowling Leagues (10 weeks) \_\_\_\_\_

Monday Morning \_\_\_\_\_ \$55

Monday Afternoon \_\_\_\_\_ \$55

Wednesdays \_\_\_\_\_ \$55

Thursdays \_\_\_\_\_ \$55

I need lane bumpers \_\_\_\_\_

I need a bowling ramp \_\_\_\_\_

### Online Activities

Book Club \_\_\_\_\_

"The Tale of Despereaux" \_\_\_\_\_ \$15

"The Twenty-One Balloons" \_\_\_\_\_ \$12

"The One and Only Ivan" \_\_\_\_\_ \$12

### Volunteer Corner

Thanksgiving Dinner Set-up \_\_\_\_\_ Free

Participant Total \_\_\_\_\_

Credit Voucher \_\_\_\_\_

Enclosed \_\_\_\_\_

Check # \_\_\_\_\_

## Caregiver Events – Fall 2025

**This portion of the registration form must be completed when there is a fee charged for the caregivers to attend an activity with the participant(s).**

### Entertainment

Bingo & Pizza \_\_\_\_\_ \$5

Thanksgiving Dinner \_\_\_\_\_ \$12

### Dances

Fall Kick-off Dance \_\_\_\_\_ \$8

Halloween Dance \_\_\_\_\_ \$8

### Out on the Town

Lake Minnetonka Boat Cruise \_\_\_\_\_ \$39

No Bus \_\_\_\_\_ \$34

Gluten Free Dinner \_\_\_\_\_

Twins Game \_\_\_\_\_ \$54

No Bus \_\_\_\_\_ \$49

"Grease" \_\_\_\_\_ \$83

No Bus \_\_\_\_\_ \$77

Caregiver Total \_\_\_\_\_

Credit Voucher \_\_\_\_\_

Enclosed \_\_\_\_\_

Check # \_\_\_\_\_

**Complete and mail your registration form and check to:**

River Valley Project Explore

15180 Canada Avenue

Rosemount, MN 55068

Payment is due with your registration. Payment is due with your registration. Make checks payable to School District 196 (ISD196). Call 651-423-7931 with any questions.



# EASY WAYS TO REGISTER

## 1. By Mail

Complete one registration form per person and mail it with a check to:

**River Valley Project Explore**

15180 Canada Avenue

Rosemount, MN 55068

**Make check payable to ISD 196**

## 2. Online

Visit [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore) to register online.

## 3. Phone

Use your Visa, MasterCard, American Express or Discover card and call 651-423-7931.

## 4. In Person

Walk in registrations can be made at the office between the hours of 8:00 am and 4:30 pm, Monday through Friday.

## 5. Drop Box

Drop off your registration in our secure drop box 24/7, located at our offices. You'll find the drop box on the south side of the building.

## Are You In?

Yes! Unless you are notified, assume that you are enrolled in the activity and that it will be held at the time and place indicated.

## If you find a class full

Complete the registration process and add yourself to the waitlist. Registration cancellations occur as well as the possibility of adding additional classes. If you are on the waitlist and an opening occurs, we will contact you.

## Cancellation and Refund Policy

- Full refunds will be given if classes are cancelled by Project Explore.
- Refund requests received five (5) working days prior to a class qualify for a refund.
- Requests received less than five (5) working days before class start may not receive a refund.
- Exceptions are made due to serious illness or family emergency.
- Once tickets are purchased for "Out On The Town" events, refunds will not be made unless there is someone on our waiting list.



# HELP WITH PAYMENT

## UCare Member Benefits

- Some UCare Members are eligible for benefits to help pay for Community Education and Project Explore activities. Contact your UCare representative for more information and to see if you qualify.

## Scholarship Information

- Clients may request scholarship support for Project Explore sponsored activities. The annual maximum scholarship amount is \$100. Questions can be directed to Patty at the Program Office.

**Scholarships are provided by the RVPE Foundation.**





# PERSONAL REGISTRATION RECORD



Name: \_\_\_\_\_

☐ Check the classes you have registered for!

## Tuesday, September 2

- ☐ Book Club: "The Tale of Despereaux"  
4:00-5:00 pm  
Online

## Wednesday, September 3

- ☐ Lake Minnetonka Boat Cruise  
4:15-8:30 pm  
Valley Middle School

## Friday, September 5

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
Culver's Rosemount

## Saturday, September 6

- ☐ Hike Hanrehan Lake  
10:00-11:30 am  
Hanrehan Lake

## Monday, September 8

- ☐ Show Your Team Spirit!  
6:30-8:00 pm  
Valley Middle School

## Tuesday, September 9

- ☐ Theater Club Begins  
6:30-8:00 pm  
Falcon Ridge Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, September 10

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, September 11

- ☐ Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

## Friday, September 12

- ☐ Stroll & Roll Valley Lake Park  
6:00-7:00 pm  
Valley Lake Park

## Saturday, September 13

- ☐ Bingo & Pizza  
12:00-2:00 pm  
Valley Middle School

## Sunday, September 14

- ☐ MN Twins  
11:45 am-4:15 pm  
Valley Middle School

## Monday, September 15

- ☐ Monday AM Bowling begins  
10:00-11:15 am  
Bogart's
- ☐ Monday AM Bowling begins  
4:00-5:15 pm  
Bogart's
- ☐ Fall Bean Mosaics  
6:30-8:00 pm  
Valley Middle School

## Tuesday, September 16

- ☐ Chicken & Waffles  
6:00-7:30 pm  
Valley Middle School

## Wednesday, September 17

- ☐ Bowling begins  
4:00-5:15 pm  
Bogart's
- ☐ Beyonce Line Dance  
6:30-7:30 pm  
Valley Middle School

## Thursday, September 18

- ☐ Bowling begins  
4:00-5:15 pm  
Bogart's
- ☐ Pumpkin Candle Holder  
6:30-8:00 pm  
Southview Elementary School

## Friday, September 19

- ☐ Fall Kick-off Dance  
6:30-9:00 pm  
Valley Middle School

## Saturday, September 20

- ☐ Hike Terrace Oaks  
10:00-11:30 am  
Terrace Oaks Park
- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, September 22

- ☐ Chicken & Waffles  
6:00-7:30 pm  
Valley Middle School

## Tuesday, September 23

- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School
- ☐ Movie Night  
6:00-8:00 pm  
Valley Middle School

## Wednesday, September 24

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School
- ☐ Fall Gnome  
6:30-8:00 pm  
Valley Middle School

## Thursday, September 25

- ☐ Healthy Relationships  
6:30-7:30 pm  
Scott Highlands Middle School

## Friday, September 26

- ☐ Game Night  
6:30-8:00 pm  
Southview Elementary School

## Saturday, September 27

- ☐ "Grease"  
10:15 am-4:15 pm  
Valley Middle School

## Monday, September 29

- ☐ "Jeweled" Bugs Beethovenia  
6:30-7:30 pm  
Valley Middle School

## Tuesday, September 30

- ☐ Music Exploration  
6:30-7:30 pm  
Valley Middle School

## Thursday, October 2

- ☐ Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

## Saturday, October 4

- ☐ CRAFT FAIR!  
10:00 am-3:00 pm  
Valley Middle School

## Monday, October 6

- ☐ Pumpkin Flower Centerpieces  
6:30-8:00 pm  
Valley Middle School

## Tuesday, October 7

- ☐ Book Club: "The Twenty-One Balloons"  
4:00-5:00 pm  
Online
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School
- ☐ Thriller Line Dance  
6:30-7:30 pm  
Valley Middle School

## Wednesday, October 8

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, October 9

- ☐ Family Navigation  
6:30-7:30 pm  
Valley Middle School

## Friday, October 10

- ☐ BINGO!  
6:30-8:30 pm  
Valley Middle School

## Saturday, October 11

- ☐ Stroll & Roll Cleary Lake  
10:00-11:30 am  
Cleary Lake Park

## Monday, October 13

- ☐ Music Exploration  
6:30-7:30 pm  
Valley Middle School

## Tuesday, October 14

- ☐ Candy Corn Mason Jar  
6:30-8:00 pm  
Valley Middle School

## Wednesday, October 15

- ☐ Spooky Pumpkin Patch  
6:30-8:00 pm  
Valley Middle School

## Thursday, October 16

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
Pizza Ranch Lakeville

## Friday, October 17

- ☐ Halloween Dance  
6:30-9:00 pm  
Farmington High School

## Monday, October 20

- ☐ Paint with Marbles  
6:30-7:30 pm  
Valley Middle School

## Tuesday, October 21

- ☐ Creepy Cooking  
6:00-7:30 pm  
Valley Middle School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, October 22

- ☐ Fall Cardmaking  
6:30-8:00 pm  
Valley Middle School

## Thursday, October 23

- ☐ Spooktacular Glow Jars  
6:30-8:00 pm  
Valley Middle School

## Friday, October 24

- ☐ Game Night  
6:30-8:00 pm  
Southview Elementary School

## Saturday, October 25

- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, October 27

- ☐ Creepy Cooking  
6:00-7:30 pm  
Valley Middle School

## Tuesday, October 28

- ☐ Halloween Movie Night  
6:00-8:00 pm  
Valley Middle School

## Wednesday, October 29

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Monday, November 3

- ☐ Stained Glass Turkey  
6:30-8:00 pm  
Valley Middle School

## Tuesday, November 4

- ☐ Book Club: "The One and Only Ivan"  
4:00-5:00 pm  
Online

## Tuesday, November 4

- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, November 5

- ☐ Quick Chicken Tacos  
6:00-7:30 pm  
Valley Middle School
- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, November 6

- ☐ Turkey Tulle Wreath  
6:30-8:00 pm  
Valley Middle School

## Friday, November 7

- ☐ Magic Show  
6:15-7:30 pm  
Valley Middle School

## Monday, November 10

- ☐ Quick Chicken Tacos  
6:00-7:30 pm  
Valley Middle School

## Tuesday, November 11

- ☐ Scarecrow Candy Dish  
6:30-8:00 pm  
Southview Elementary School
- ☐ Yoga  
6:30-7:30 pm  
Valley Middle School

## Wednesday, November 12

- ☐ Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

## Thursday, November 13

- ☐ "Party in the USA" Line Dance  
6:30-7:30 pm  
Scott Highlands Middle School

## Friday, November 14

- ☐ Game Night  
6:30-8:00 pm  
Southview Elementary School

## Monday, November 17

- ☐ Word Search Challenge  
6:30-8:00 pm  
Southview Elementary School

## Tuesday, November 18

- ☐ Lunch Bunch  
11:00 am-12:15 pm  
QDOBA Apple Valley
- ☐ Music Exploration  
6:30-7:30 pm  
Southview Elementary School

## Wednesday, November 19

- ☐ Thanksgiving Centerpiece  
6:30-8:00 pm  
Valley Middle School

## Thursday, November 20

- ☐ Thanksgiving Dinner Set-up  
5:30-6:30 pm  
Messiah Lutheran Church

## Friday, November 21

- ☐ Thanksgiving Dinner  
5:30-7:30 pm  
Messiah Lutheran Church

## Saturday, November 22

- ☐ Open Swim  
2:10-3:10 pm  
McGuire Middle School

## Monday, November 24

- ☐ Build a Candy Castle  
6:30-7:30 pm  
Valley Middle School

## Tuesday, November 25

- ☐ T-Shirt Painting  
6:30-8:00 pm  
Valley Middle School

**Rosemount-Apple Valley-  
Eagan (#196)**  
3455 153rd Street W  
Rosemount, MN 55068



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# SUMMER FUN!

