



# College Counseling

## College Planning Pathway

At Linden Hall, we offer individualized support to students through every stage of the college process, from early preparation to admission to some of the world's most selective colleges and universities.

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### Freshman Year – Explore & Plan

- Meet with your college counselor each semester to begin exploring college and career goals
- Track your academic, extracurricular, and athletic interests
- Plan your academic coursework and commit to doing your best in class
- Take the PSAT 9 to establish a baseline for future standardized testing

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### Sophomore Year – Challenge & Build

- Meet with your college counselor each semester to refine and expand your college and career goals
- Take more challenging courses, such as Honors and AP classes
- Build your resume by pursuing leadership roles in extracurricular activities
- Plan a meaningful summer experience (e.g., internship, summer program, job, or volunteer work)
- Take the PSAT to identify areas for improvement in preparation for the SAT

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### Junior Year – Prepare & Finalize

- Meet quarterly with your college counselor for personalized guidance on building your college list and preparing application materials
- Enroll in the most rigorous coursework to strengthen your academic profile
- Participate in a weekly college counseling course focused on preparing application components such as your personal statement, recommendations and resume
- Visit colleges and attend college representative visits on campus
- Finalize your college list and identify required application materials
- Develop a testing plan and take your first SAT

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### Senior Year – Apply & Confirm

- Attend weekly meetings and classes with your college counselor to complete early and regular decision applications
- Work closely with your counselor to complete all necessary financial aid forms and documentation
- Continue challenging academic coursework to demonstrate a strong senior year performance
- Review admissions offers and confirm enrollment at your college of choice