

5th Grade Readiness

Academic Skills	Social/ Emotional Skills	Executive Functioning Skills
Math Fact Fluency: Especially single-digit <i>multiplication</i> facts to 10.	Self-Regulation Skills: Identifying feelings of dysregulation and how best to self-soothe or seek support.	Impulse Control: Ability to wait to be called on or wait for directions, take turns, and engage in safe behaviors.
Basic Operations: The ability to add and subtract multidigit numbers.	Flexible Thinking: Be able to see another person's point of view or understand a different perspective.	Self-Assessment & Resilience: The ability to accept constructive criticism and mistakes, regroup when things go wrong, and handle not winning or being first. Also being able to set realistic expectations for oneself and know how he/she/they are doing.
Reading Stamina: The ability to read grade-level text independently for 20-30 minutes	Cooperation and Collaboration: Student is able to work with a group without dominating or not engaging. The student is willing to compromise.	Sustain Attention: To be able to get started without being asked and finish work in a specific timeframe. Ability to work independently for 20-30 minutes.
Writing Skills: Basic rules of grammar and punctuation, complete sentences vs. fragments, knowing where to put a period, and capitalizing the letter I.	Upstander Skills: Seeks out ways to stand up for others and react appropriately to solve conflicts.	Working Memory: Be able to remember directions and hold multiple thoughts in mind at one time.
		Organization: To be able to organize their materials and school work.