

The Dementia Care Specialist (DCS) program is a program of Wisconsin Department of Health Services (DHS) and a service of the Aging and Disability Resource Center (ADRC) of Dodge County. A DCS provides services and support to individuals, families, and the community.

## What is an Aging and Disability Resource Center?

An Aging and Disability Resource Center (ADRC) offers the general public a single source for information and assistance related to issues affecting older people and people with disabilities regardless of their income. An ADRC provides information, assistance, and referral to a wide variety of services.

## What is Dementia?

Dementia is a set of symptoms resulting from disease, such as Alzheimer's, or other conditions such as a stroke, that damage the brain and interfere with a person's ability to carry out daily activities.

## Who is a Family Caregiver?

Anyone providing physical, emotional, financial or other types of assistance to a family member or friend, who has a chronic disease or other condition, requiring ongoing care and attention.

## When Should I Have a Cognitive Screen?

A cognitive screen is a brief test used to evaluate memory, judgment, and the ability to understand visual information. You should consider receiving a cognitive screening:

- ✓ When mental tasks that used to be easy to perform become difficult
- ✓ If you are concerned about your memory
- ✓ If you are over 65 and want to track your cognitive ability over time

# Supports are Available

## Support for Individuals with Dementia

### Cognitive Screening

Worried about your memory? Screening to detect cognitive changes are available at the Aging and Disability Resource Center (ADRC) of Dodge County.

### SPARK!

SPARK! provides an opportunity for those with early to mid-stage memory loss and their care partners to enjoy art, culture, and nature in comfortable settings.

### Independence

Dementia Care Specialists help connect you with the opportunities available in our community to keep you active and involved.

### Research Opportunities

You can be connected to research studies that attempt to further understand the causes and possible treatments.

### Lending Library

The Lending Library has adaptive equipment including remotes, electronic medication boxes, and tools to assist with different tasks. It also has games, activities, children's books on dementia, caregiving and dementia related books, and fidget items. There is no cost to check these out and it is a great way to try them out before investing in them.

### Dementia Friends

Dementia Friends is a global movement that is changing the way people think, act, and talk about dementia. By helping everyone in a community understand what dementia is and how it affects families, each of us can make a difference for people touched by dementia.

## Support for Family Caregivers with Dementia

### Dementia Live®

This dementia simulation and awareness training empowers caregivers, families, and the community with a first-hand dementia experience which heightens understanding, deepens empathy and elevates care.

### Assistance with Care Planning

Dementia Care Specialists help to address your current situation and plan for the future, including advance care plans and connections to legal and financial planning experts.

### Connections to Support Groups and Other Programs

Dementia Care Specialists are knowledgeable about the opportunities and resources available in your community and can help you find information and make connections.

## Community Support

### Dementia Friendly Communities

Dementia Care Specialists assist in the development of dementia friendly communities. These communities typically include:

- ✓ Memory cafes
- ✓ Dementia friendly businesses
- ✓ Increased civic awareness of dementia related issues
- ✓ Dementia capable emergency response





## LOCAL WISCONSIN RESOURCES

### **Alzheimer's Association of Wisconsin**

800.272.3900

[www.alz.org](http://www.alz.org)

### **Alzheimer's & Dementia Alliance of Wisconsin**

608.232.3400 or 888-308-6251

[www.alzwisc.org](http://www.alzwisc.org)

### **Community Care Alliance (CCA) of Jefferson & Dodge Counties**

920.723.5613

Email: [mike.bernhagen@rainbowhospice.org](mailto:mike.bernhagen@rainbowhospice.org)

### **Dementia Capable Wisconsin**

[dhs.wisconsin.gov/dementia/index.htm](https://dhs.wisconsin.gov/dementia/index.htm)

### **Dementia Friendly Dodge**

920.386.4308

[www.co.dodge.wi.gov/departments/departments-a-d/aging-and-disability-resource-center/dementia-friendly-dodge](http://www.co.dodge.wi.gov/departments/departments-a-d/aging-and-disability-resource-center/dementia-friendly-dodge)

### **Wisconsin Alzheimer's Institute**

608.263.9949

[www.wai.wisc.edu](http://www.wai.wisc.edu)

### **Wisconsin Parkinson Association**

414.312.6990

[www.wiparkinson.org](http://www.wiparkinson.org)

## Contact

### Phone:

920-386-3580

800-924-6407

### Email:

[hsagingunit@co.dodge.wi.us](mailto:hsagingunit@co.dodge.wi.us)

### Fax:

920-386-4015

## Office Hours

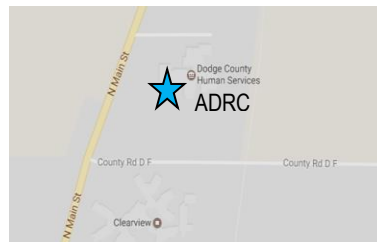
Monday - Friday

8 - 4:30 pm

or by Appointment

## Address

Henry Dodge Office Building  
199 County Road DF – 3<sup>rd</sup> floor  
Juneau, Wisconsin 53039



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# Dementia Care Specialist



*Connecting You with Supports and Services*

[www.co.dodge.wi.gov](http://www.co.dodge.wi.gov)