### **Einstein Events**



#### **Growing Today, Preparing for Tomorrow**

July 2025

#### A Monthly Parent Newsletter

No. 1

Our mission at Einstein Middle School is to empower each student to become a respectful, caring, responsible person by providing a challenging academic program which promotes success, foster a life-long love of learning and encourages community service.

Dear Parents and Guardians,

We hope this newsletter finds you in good health and high spirits. As we move through July, we have exciting updates and important information to share with you. Our school community continues to thrive and we are grateful for your continued support and involvement in your child's education. Together, we will make this a remarkable academic year for our students.

This newsletter will provide a wealth of information to assist you with our August registration process along with preparing for the start of the new school year.

This is the third year that registration will occur on-line vs. in person. During the on-line registration process, parents will be able to pay sport fees, music polo fee, add money to their food service account and update their personal information in Infinite Campus.

If you are interested in registering on-line please visit this site: Infinite Campus Parent Portal

As in the past, we will provide an online version of our **Einstein Events** monthly newsletter for you to access at your leisure throughout the school year.

The Einstein Events monthly newsletter will provide calendar information about upcoming events, classroom instructional information and planning, Parent Advisory Committee (PAC) news, menu choices for breakfast and lunch, co-curricular events schedules, etc. I will be sure to use our email, school website and facebook page to notify families of the posting of our Einstein Events each and every month.

In this first July newsletter, we are including a link to our <u>EIN Calendar at a Glance 25-26</u> a user-friendly calendar listing many of the events and activities.

Here are some important dates:

- Student schedules will be available in Infinite
   Campus on <u>August 12</u>
- August 12: FLY like an Eagle transition activities for any incoming students new to Einstein MS.

10:00-11:30 AM-open to any incoming 6th grader

1:00-2:30 PM-open to any incoming 6th grader or any students new to Einstein MS

\*you must register on-line-more info on this is contained in this newsletter

- Open House is August 27th from 5:30-7:30pmmore details to come in early August.
- Picture Day is on Sept. 4 during school hours

You are encouraged to visit our Einstein website (aasd.k12.wi.us) or our Facebook page that has information about our school, staff, and updated news or call our main office at 852-5420 with any questions you may have. We are excited for another great school year!

Another parent newsletter will be sent out mid August with school updates. Our school supply list is located on our school website.

Jan B. Mul

Sincerely,

David Mueller



324 E Florida Ave Appleton, WI 54911 Phone: 920-852-5420

#### **Summer Updates**

#### From the Desk of Mrs. Nelson

#### June 2025

Hello! I hope this finds you and your family enjoying a relaxing and fun-filled summer. Please allow me to introduce myself, I am Nikki Nelson. I am the Dean of Students and Activities Director at Einstein Middle School. I look forward to working with students, staff and families for the upcoming school year. Please take a moment to review the important reminders and information for the 2025-2026 school year regarding participating in sports. If you are interested in joining 8th grade girls' volleyball, 7th and 8th grade cross country or 7th grade girls' softball, please let us know your intentions by completing this 25 26 Fall Athletics Sign up in advance.

#### What Is Needed To Play Sports

The majority of the paperwork that has been filled out in the past with paper/pencil can now be done online electronically in a Google Form. Please click the link below for the online form that you can fill out if your child is going to take part in a co-curricular/sport at Einstein Middle School during the 2025-2026 school year. Each athlete must have one completed form each school year. If you have multiple children participating, you will need to fill out one form for each child. A \$40 participation fee for each sport should be turned into the office or via Infinite Campus Parent Portal before each season.

- A paper copy is still needed for...
  - Physical forms (good for 2 years)
    - Physicals must be <u>signed and dated</u> by your medical provider.
    - Physical forms need to be on file with Einstein Middle School before a student can practice
- Forms that are now electronic
  - Concussion and Sudden Cardiac Arrest

- o Code of conduct
- Liability waiver
- Alternate year form (needed in year 2 of a physical)

These forms can be completed by clicking here.

As stated above, we will still need a doctors' signature on a WIAA physical form for your child to try out and participate in athletics. More information regarding physicals can be found here.

#### **Sports Offerings:**

- Fall Sports: Cross Country, 8th Football (ONLY), 8th Grade Girls' Volleyball, Girls' Softball
- Winter: Boys' Basketball, Girls' Basketball, Wrestling
- Spring: Track, 7th grade Girls' Volleyball

\*\*Einstein Middle School does not collect paperwork for students who are **only** playing 7th grade Chargers or Tigers Football.

#### 8th Grade Girls' Volleyball

As of now, practice will begin on **Monday, August 18, 2025** (Please double check at registration to make sure this hasn't changed). The first week of the season, practices will be from 7:30 – 9:00 am (**the first week will be reserved for tryouts**). All practices following the first week will take place from 3:30 - 5:00 pm.

In order to practice, you need to have

- A physical or an alternate year/waiver form on file in the office.
- If you had a physical last year, all you need is an alternate year/waiver signed form signed by your parent or guardian.
- You will get the physical or alternate year/waiver forms during registration or in the school office. This must be done before you can participate in any practice.
- Please be sure that you complete the Code of Conduct Form, Concussion Form and physical/alternate year form, see page 2 of packet), Concussion Form, and Emergency Contact Form ASAP by clicking the link above.
- \$40 Participation Fee turned into the coach **after** you have made the team

Please remember that due to school policy, students cannot participate until a physical or an alternate year/waiver are on file in the school office. When you come to practice, make sure you are wearing comfortable clothing and shoes and be prepared to be active.

Sign-up, for the upcoming volleyball season, will take place at summer registration. You will receive a schedule for practices and matches (during the first week of practices from the coaches), or you can view the district website to check for updated schedules.

We look forward to meeting all of you. The most important qualities you can bring with you are a great attitude, as well as being prepared to have fun and work hard!

Coach Olearnick olearnickkrist@aasd.k12.wi.us and

Coach Richards richardsgretch@aasd.k12.wi.us

#### **Cross Country**

#### What is cross country?

- Distance running around school and parks with your friends
- A great way to stay in shape or get in shape for other sports
- A place to meet new friends

#### How far do I have to run?

At practice, athletes will gradually increase their cardiovascular endurance through shorter runs based on ability. By the end of the season, all athletes will be running 2-3 miles.

- 7th grade athletes compete at the 1.5 mile distance
- 8th grade athletes compete at the 2.0 mile distance

#### Suggested summer running calendar to prepare for the season

#### June

10 minute jog (3 times per week) Core and Stretching

#### July

20 minute jog (3 times per week) Core and Stretching

#### August

30 minute jog (3-5 times per week) Core and Stretching

#### Core workout examples

Plank, crunches, leg raise, mountain climbers, side plank, bicycle crunches, squats, and burpees.

#### Light static at the start (you design the sequence but work big to small muscles)

- Glute stretch
- Hurdle stretch each side
- Push against the wall
- Leg crossovers
- Shoulder/arm rolls

#### Active with jog between (this sequence) 40 meters

Walking lunges. straight-leg bounding. bent leg (regular) bounding. skipping for height, side-slide on both sides, carioca on both sides, and an all-out sprint

The first practice will be on Monday, August 18 from 9:00 – 10:15. This will be the first week August 18 – 21. No practice on Friday, August 22. All practices following the first week will take place from 3:30 – 4:45 pm.

Head Coach Chad Verboomen verboomenchad@aasd.k12.wi.us

Coach Jen Buss <u>bussjennifer@aasd.k12.wi.us</u>

#### Football

#### 8<sup>th</sup> Grade Appleton North Charger Football

#### 8th Grade Appleton West Tigers Football

Einstein Middle School's football program is run in conjunction with Appleton North or West, based upon the student's future high school enrollment. Detailed information about these programs can be found on each team's Facebook page. Please indicate your 8th grader's interest in playing football on the Fall Athletics Sign up.

All forms can be turned into the team managers, who will get the paperwork to Einstein.

7th graders playing Chargers or Tigers football only need to submit a physical form if they are playing another sport during their 7th grade year.

#### 7th / 8th Grade Girls' Softball

Middle school softball tryouts will be from Monday, August 18 - Thursday, August 21. We will practice from 3:30-5:00 each day at the upper softball diamond at Einstein Middle School. A season-long schedule will be distributed at the parent meeting the week after tryouts. Players **must** have all district forms (including their sports physical or alternate card) on file with the office in order to participate in tryouts. Players **need** to have a glove and water bottle for each practice. They may also bring a bat, helmet, and cleats if they would like. Come join the fun as we develop our softball skills and make new friendships. Looking forward to another great season! Any questions please contact via email Coach Mullen (MULLENMICHAEL@aasd.k12.wi.us) or Coach Salm

(salmandi@aasd.k12.wi.us) or text/call Coach Mullen (920-740-3432) or Coach Salm (920-809-5694).

Thanks and enjoy the rest of your summer!

# Annual registration for the 2025–26 school year for students entering grades K–12 is OPEN. Please complete your application at this time.

Annual student registration is required for students grades K - 12. Registration should be completed by the primary household of current families each July via the <u>Infinite Campus</u> Parent Portal

https://www.aasd.k12.wi.us/families/school-year-basics/enrollment-registration

When logged into the Parent Portal, select "More" and then "Online Registration" located in the left side menu. Click "Start" next to "Existing Student Annual Registration" to begin registration.

For each section follow the on-screen prompts. Click "Next" and "Save and Continue" to move through each section. A **red** \* indicates a required field and **yellow highlights** indicate missing information. When you have finished, click "Submit". You will then receive a confirmation email. Registration is not complete until "Submit" is selected.

#### Moving to the Middle School Orientation

Below is the link for information regarding the Moving to the Middle School Orientation. Families can register online. (Log on to the parent portal and choose the school store to register- directions are in a link on the form)

Moving to the Middle School Orientation

Moving to the Middle School Orientation-Hmong

Moving to the Middle School Orientation-Spanish

## 2025-26 WISCONSIN

# STUDENT ACCIDENT INSURANCE PROGRAM

Multi-Benefit Protection



5071 West H Avenue Kalamazoo, MI 49009-8501 Phone: (269) 381-6630 Fax: (269) 492-0084 www.1stAgency.com



#### **ACCIDENT INSURANCE PROTECTION HELPING PROVIDE:**

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