

School Health Advisory Board Minutes 4/23/2025

Attendees: Lorita Brown, Donna Guzman, Sara Liddle, Lorena Williams, Sara Vigneault, Renee Norden

Start: 5:00pm

Items of Business:

- **Mental Health Awareness Update (Renee Norden):** Renee Norden, the Executive Director of Mental Health Association of Fauquier County presented annual statistics on mental health and substance use. A few interesting findings from Fauquier County:
 - An epidemic of loneliness – feeling lonely is equivalent to smoking 15 cigarettes per day.
 - PRIDE Fall 2023 Questionnaire of 6-12th graders found 45% of kids felt anxiety in the last 6 months. 80% of 6-12th graders did not use substances in the past 12 months. Of those kids using substances, most were female, and most used in their home or the home of a friend.
 - Recommendation to read the [US Surgeon General's report on loneliness](#), and to find creative ways to foster relationships in school and the community.
 - Mental Health Took Kit from Path Foundation, for a live and virtual training is being developed.
- **Vaccine Clinic Update (Lorita Brown):** No Spring 2025 vaccine clinics for middle and high schools this year due to staffing and scheduling (SOL) conflicts.
- **CGM Monitoring Update:** A pilot program at an elementary school is going well. Goal for new policy on CGM monitoring in the clinic for the 2025-2026 school year.
- **Lice Policy Update:** A new policy will take effect for the 2025-2026 school year.
- **Looking Forward to 2025-2026 School Year:** Next meeting will be in the next school year. Individuals interested in joining the FCPS Health Advisory Board should fill out an application with administration.

End: 5:50pm

Next meeting: September/October 2025

