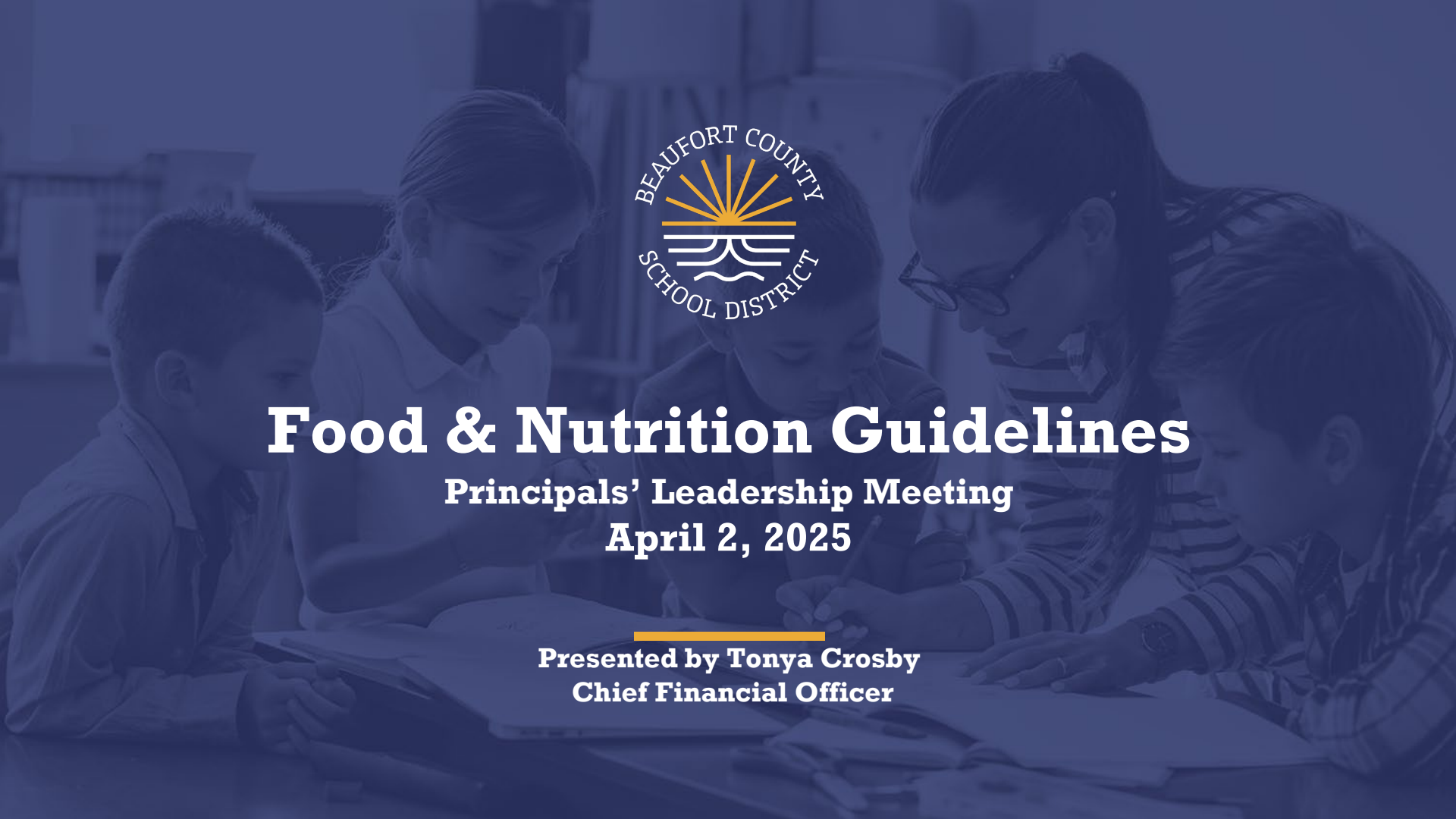

Food & Nutrition Guidelines

Principals' Leadership Meeting

April 2, 2025

Presented by Tonya Crosby
Chief Financial Officer

ADMINISTRATIVE RULES

OS-37: FOOD SERVICES

OS-37-R: PROCEDURES FOR ADMINISTERING STUDENT LUNCH AND BREAKFAST PAYMENT COLLECTION

SS-42: DISTRICT WELLNESS

SS-42-E: SMART SNACKS

PRESENTATION AGENDA



1 Introduction/Purpose

2 Food Service Contract

3 Meal Service Minutes

4 Reward/Punishment

5 Student Input

6 Competitive Food Sales

7 Fundraisers

8 Smart Snacks

9 Nutritional Education

10 Physical Education

11 Wellness Champion

12 Compliance Reviews

BEAUFORT COUNTY SCHOOL DISTRICT

INTRODUCTION

PURPOSE

- Student Wellness
- Proper Nutrition
- Nutrition Education
- Physical Activity

FOOD SERVICE CONTRACT

THE NUTRITION GROUP (TNG)

- Contract is dictated by State Procurement Office
- TNG pays for labor and food.
- BCSD pays for supplies, equipment, technology, 3 staff.
- BCSD is paid from USDA for each meal served.
- BCSD pays TNG a proportionate share of each meal and each a la carte item served based on a contractual rate.
- TNG must have a profit of at least $150k per year.
- Profits are reinvested back into the program in the form of kitchen equipment, smallwares, freezers, coolers, serving lines, cafeteria tables, shade structures in outdoor dining areas and deep cleaning of kitchens.



KNOW
THE FACTS

BENEFITS OF CEP INCLUDE:

- FEED MORE STUDENTS HEALTHY MEALS
- NO FREE OR REDUCED LUNCH APPLICATIONS
- NO UNPAID MEAL BALANCES
- NO COLLECTIONS
- NO OVERT IDENTIFICATION
- MORE EFFICIENT LUNCH LINES



MEALS AND SNACKS SOLD EQUALS CONTINUATION OF DISTRICT-WIDE COMMUNITY ELIGIBILITY PROGRAM

- Breakfast and Lunch
- A La Carte Sales
- Adult Meals
- After School Program

MEAL TIMES

“K-5 Students must be provided 20 minutes to eat lunch and 10 minutes to eat breakfast after they have received their food.”

REWARD OR PUNISHMENT

“Schools and teachers shall not use foods or beverages as rewards for academic performance or good behavior. Additionally, schools and teachers shall not withhold food or beverages as punishment.”

STUDENT INPUT

“BCSD students shall have input on menus through student advisory committees and meal preference surveys.”

COMPETITIVE FOOD SALES

No outside foods may compete with the school breakfast or lunch program, whether smart snack compliant or not.

SMART SNACKS

“Foods and beverages sold outside of the school meal programs (e.g. competitive foods and beverages during the school day) shall meet the USDA Smart Snacks in School nutrition standards.”

FUNDRAISERS

“All fundraisers during the school day, on school campus, must meet Smart Snacks standards. Up to 5 fundraisers per school year per school may be exempt from the Smart Snack requirement.”

FUNDRAISERS - KONA ICE

BCSD does not recognize Kona Ice as Smart Snack compliant; therefore, they must operate under one of the 5 exemptions if requested. You have the authority to partner with them on a fundraiser, but you MAY NOT provide a treat at no charge; and you also have the right to decline.

School Principals have the authority to partner with Kona Ica, under these guidelines. Kona Ice, or any similar vendor, may NOT be present before or during meal periods. They may be present after the END of the LAST lunch period. Students must not be removed from their required lunch period to obtain a competitive food.

PHYSICAL ACTIVITY

“All elementary schools shall provide students with at least 90 minutes of physical education and 60 minutes of physical activity each week.”

WELLNESS COMMITTEE

BCSD shall convene a wellness committee entitled Coordinated Health Advisory Committee (CSHAC). In conjunction with CFO, this committee is tasked with ensuring compliance of the Wellness Policy.

WELLNESS COMMITTEE GOALS

1. By April 1, 2025, 18 schools within BCSD will implement at least one nutrition education or promotion initiative each month.
2. All elementary school students are to receive 90 minutes of physical education and 60 minutes of physical activity. By April 1, 2025, the number of elementary schools in compliance will increase by a minimum of 5%. (17 schools)
3. By April 1, 2025, BCSD school participation in the MUSC wellness program shall increase from 21 schools (2023-24 SY) to 28 schools.





NUTRITIONAL EDUCATION

Students in grades K-12 shall receive nutritional education that is interactive and teaches skills needed to adopt healthy eating behaviors.

BCSD shall teach, model, encourage and support healthy eating by all students.

BEAUFORT COUNTY SCHOOL DISTRICT

WELLNESS CHAMPION

“BCSD shall encourage each school to identify a Wellness Champion, who shall work to promote healthy eating, healthy drinking, and physical activity behaviors among students and staff.”





Wellness Wednesdays
Action Stations
Nutrition Education
Dr. Seuss celebration
National School Breakfast Week
Future Foodies
Fruity Friday
Apple Crunch Event
Winter Beach Party


BEAUFORT COUNTY
SCHOOL DISTRICT