

## **School Health Advisory Committee End of Year Report**

**For School Year: 2024-2025**

- 1. Recommendations concerning Health Education Curriculum and Instruction or related matters that the SHAC has not previously submitted to the board**
  - a. No new recommendations were made
- 2. Any suggested modification to a SHAC recommendation previously submitted to the board**
  - a. None currently
- 3. A detailed explanation of the SHAC's activities during the 2024 – 2025 school year (See detailed meeting information below).**

### **11/7/2024 SHAC Meeting:**

1. SHAC overview presented.
  - a. Rules/standards
  - b. Duties
  - c. Requirements
  - d. Current practices
  - e. Voting
  - f. Officer selection

### **1/9/2025 SHAC Meeting:**

1. Current services provided by Harmony Home reviewed and discussed.
  - a. Children's Advocacy Center addresses and aids in the prevention of child abuse.
  - b. Provides services and resources to support families.
  - c. Body safety programs conducted in schools.
  - d. Curriculum offered are age appropriate and aligned with TEKS:
    - i. PK – 5<sup>th</sup> grade: Child Safety Matters
    - ii. 6<sup>th</sup> – 12<sup>th</sup> grade: Teen Safety Matters
  - e. Participation requires an opt-in parental consent form.

### **2/20/2025 SHAC Meeting:**

1. Current Fentanyl curriculum “Positive Actions” to meet the requirements of HB 3908 reviewed and discussed.
  - a. Evidenced based program endorsed by US Department of Education for PK – 12<sup>th</sup> grades.
  - b. Funded through state and federal funding.
  - c. Certified prevention specialists provide education.
  - d. The curriculum includes 22 units presented over 10 weeks and is aligned with TEKS.
  - e. Focuses on Social Emotional Learning to promote student development of self-management and responsible decision-making skills.
2. Current policies and procedures for managing head lice at school reviewed and discussed.
  - a. Reviewed current recommendations from DSHS, CDC, AAP, and NASN.
    - i. It is not recommended that students with head lice be excluded from school.
    - ii. Early detection and education are recommended.
  - b. TEA does not take a stance on managing head lice in school districts.

**5/1/2025 SHAC Meeting:**

1. Current PE curriculum reviewed and discussed.
  - a. Aligns with district strategic plan.
  - b. Curriculum in been implemented for the past 3 years.
    - i. Quaver Health – Kindergarten – 5<sup>th</sup> grade
    - ii. GoodHeart Wilcox - 6<sup>th</sup>- 12<sup>th</sup> grade
2. Current Human Growth and Development program reviewed and discussed.
  - a. All programs require opt-in parental consent forms.
  - b. Big Decisions curriculum provided for 7<sup>th</sup>, 8<sup>th</sup>, and 10<sup>th</sup> grades.
    - i. Education is abstinence focused.
    - ii. Provides anatomy, reproduction, and STI education.
  - c. Impact 5 curriculum provided for 5<sup>th</sup> grade.
    - i. Focuses on values, character, body safety rules, puberty, and hygiene.
  - d. Y Wud I curriculum is provided for 6<sup>th</sup> – 8<sup>th</sup> grades.
    - i. Focuses on good decision making, goal setting, self-value, and personal boundaries.