AH Res Orthopedic PT 2025

Audio	Video
[Music]	Gold and white L.S.U. Health Shreveport logo on a purple background Text: School of Health Professions and Sciences Orthopaedic Physical Therapy Residency
[Nick] Our residency is a 12 month program located on the L.S.U. Health Shreveport campus.	Exteriors of Building and Clinic entrance
During their time here, our residents will treat patients in the faculty practice clinic, also be exposed to advanced educational opportunities and experiences with observations,	Man with red hair and short cropped beard (Nick) standing in physical therapy clinic Text: Nick Russell, P.T., D.P.T., O.C.S., C.S.C.S. Director, Orthopaedic Physical Therapy Residency
working with medical doctors, orthopedic surgeons, medical residents, and students. **[Sharon]** We started this program	Faculty directing resident on neck manipulation
a little over 15 years ago in an effort to add to our clinical excellence here at L.S.U. Health Shreveport	Woman in print shirt with blue blazer (Sharon) standing in physical therapy clinic Text: Sharon Dunn, P.T., P.H.D., O.C.S. Dean, School of Health Professions and Sciences
It's an opportunity for our graduates and graduates from all over the country to come in and specialize in orthopedic physical therapy, to get a deep dive into the clinical science of orthopedic physical therapy.	Sharon on camera
[Reed] The reason I chose this program was for the mentorship. We have a great variety of mentors here	Resident working with a patient as a mento looks on

Audio	Video
who come from all over the country and are willing to share their expertise with a very challenging patient population.	Mentors working with patients on arm and leg exercises
And quite honestly, working with patients here at L.S.U. makes everything else seem much easier. That's given me the confidence to	Resident working on a patients shoulder
not feel like I need to ask for help all the time. Kind of lean on what they've taught me and feel confident that my patients are getting the best care.	Man with short hair wearing a burgundy jacket (Reed) in physical therapy clinic Text: Reed McMurray, P.T., D.P.T. Orthopaedic Physical Therapy Graduate
[Amanda] We do mentoring once a week for 2.5 hours, and that is scheduled. You will also complete a mentor prep form prior to the session. That gives us an idea of where you would like your session to go, and what you'd like to focus on.	Woman wearing purple shirt and black jacket (Amanda) in physical therapy clinic Text: Amanda Mahoney, P.T., D.P.T., O.C.S., W.C.S. Orthopaedic Physical Therapist
During that time you basically work with your patient, and that gives us an additional 30 minutes to debrief and talk about the sessions that you did that day.	Mentor explaining and demonstrating patient positioning to student
We're also available in the faculty practice clinic to do spot mentoring, where we can step in if you need that, or additional scheduled mentoring if you have a patient that's unavailable to come in in the scheduled time.	Amanda on camera
[Daniel] I'm one of the mentors in the orthopedic residency program. I'm also a former resident and graduate of our program. Our clinic is pretty much	Man with full beard wearing a green plaid shirt (Daniel) in physical therapy clinic Text: Daniel Flowers, P.T., D.P.T., P.H.D., OCS Orthopaedic Physical Therapist
just a normal outpatient orthopedic clinic. That's a private practice run by the school. But since we're affiliated with	Pan of clinic as patients work out
the level one trauma hospital, in addition to seeing your normal	Exterior ariel shot of hospital and L.S.U.H.S. campus
outpatient orthopedic type patients, we also see trauma. In addition to that, because we're	Therapist with patient using blood restriction device

Audio	Video
affiliated with our partner hospital, we are also the safety net hospital for the region. So what we like to say to residents who are considering our program or people that are doing our our program throughout their time here, is that if you can do it here, you can do it anywhere because you're going to see your normal outpatient population,	Daniel on camera
you're going to see the community need. You're going to see patients that don't have health care availability anywhere else,	Patient walking on treadmill
and you're going to be able to treat patients that have high acuity or high level trauma.	Daniel on camera
[April] I'm responsible for the manual therapy content that the residents receive while they're here for the year, and I'm also a mentor in the program.	Woman with hair pulled back wearing a black shirt and blue jacket (April) standing in physical therapy clinic Text: April Brown, P.T., D.P.T., O.C.S., F.A.A.O.M.P.T. Orthopaedic Physical Therapist
The residents have an amazing opportunity to serve patients in our rehab faculty clinic, which houses state of the art rehab tools,	April in clinic
such as our vector bodyweight support system that helps patients relearn gait and balance.	Patient walking with the aid of the vector harness
And we also have Delphi blood flow restriction units.	Smiling therapist watches as patient exercises wearing blood restriction cuff
Four of our mentors are dry needling certified, and the clinic also is an opportunity to mesh multiple levels of learning from interacting with D.P.T. students on a regular basis, as well as clinical faculty while they're here. There's no shortage of learning opportunity in the faculty clinic.	April in clinic
[Daniel] So a lot of the other questions we get is what's the productivity requirement? And one of the first things we do when a student starts in our program is we immediately focus on the quality of care, not so much the quantity of care.	Daniel on camera

Audio	Video
So a resident will usually start with 6 to 8 patients a day. But that's because the expectation is already at that specialist or O.C.S. level. And we go ahead and set that expectation that way as they work through	Patients exercising using arm bands and working on leg strength with the blood restriction unit
the program, through this population, that's a very diverse and sometimes more complex population, we kind of titrate up the number of patients as we maintain the high level of expertise. So by the time they get to mid-year, they're seeing 8 to 10 a day. And by the end of the year, about 12 to 15 a day. Again, always expecting that high level of performance.	Daniel on camera
[Erin] So when we talk to students or potential residents about our program, one thing that they usually ask is what makes a good resident?	Woman with long blonde hair in a black jacket (Erin) in physical therapy clinic Text: Erin McCallister, P.T., D.P.T., O.C.S. Orthopaedic Physical Therapist
So from the perspective of your mentors, intellectual curiosity and a willingness to self-reflect are two crucial components of being a good resident. We have a lot of different learning opportunities available here in our residency program. From surgical observations to manual therapy courses and everything in between. So those that are curious and motivated to learn more, can take full advantage of those opportunities. Secondly, when residents come to us, sometimes a strength of theirs is not necessarily being a self-reflective learner. But that's one thing that we seek to build with our residents as they go through the program. So a huge part of our mentoring aspect is developing the ability to reflect on your clinical practice	Erin in clinic
and use that to become a better physical therapist. So potential residents who are both curious and willing to take mentor's feedback	Mentor demonstrates how to manipulate a knee as resident watches

Audio	Video
and reflect upon their clinical practice to become better practitioners are going to be excellent residents in our program.	Erin on camera
[Sharon] One of the things I love about the program is the multidisciplinary approach that we have here, because we're a part of an academic medical center. Our residents often learn in concert with orthopedic surgery residents, with the patient at the center, and patients really love that approach. So I welcome you to explore our program. I welcome you to come visit our program. We're very proud of the history our faculty is outstanding. They're, they're not only clinicians. They're clinicians, scholars that care deeply about your ability to practice in an environment where you can learn.	Sharon in clinic
[Nick] In 2024, the A.B.P.T.R.F.E. granted our program a full ten year re accreditation.	Nick on camera Yellow and white text over purple box Text: ABPTRFE (American Board of Physical Therapy Residency and Fellowship Education)
Our application cycle ends early spring, with qualified applicants being notified of interviews shortly following. Our acceptance decision is made around March each year. Our program begins August 1st and residents will graduate the following July. If you have any additional questions regarding our curriculum, program fees, or financials, please visit our website.	Nick on camera

Audio	Video
Also, don't hesitate to reach out to myself or any of our mentors with any questions.	Gold and white L.S.U. Health Shreveport logo on a purple background Text: School of Health Professions and Sciences Orthopaedic Physical Therapy Residency Nick Russell, P.T., D.P.T., O.C.S., C.S.C.S. Director, Orthopaedic Physical Therapy Residency Nicholas dot Russell @ l.s.u.h.s. dot e.d.u.