

## INSTRUCTIONAL ASSISTANT/RECREATION

### **JOB SUMMARY**

Under general supervision of certificated staff using average level instructional paraprofessional skills, assists teachers by instructing pupils individually or in groups through a program of team sports, physical fitness activities and games for students. May be assigned to a classroom setting.

### **DISTINGUISHING CHARACTERISTICS**

This classification is distinguished from other Instructional Assistant classifications in that the primary duties involve working with students in physical fitness activities in a predominately outdoor environment.

### **EXAMPLES OF DUTIES**

Assists students individually or in groups with team sports, physical fitness activities and games. Conducts activities to demonstrate and reinforce physical motor coordination skills for students on an individual or groups basis, actively participates in demonstrating physical activities such as team sports running, physical exercises, etc. Maintains discipline and monitors playground activities; confers with teacher on assigned subjects to insure coordination of instructional efforts, keeps order in classroom, hall, and on the school grounds; sets up and operates audio visual equipment and other teaching aids, may be required to supervise playground and lunch area activities, performs other related duties as required.

### **EMPLOYMENT STANDARDS**

**Education:** Equivalent to graduation from high school or GED is required.

Must also show sufficiency in educational requirements by meeting one of the following requirements of the Every Student Succeeds Act of 2015 (ESSA), formerly known as the No Child Left Behind Act of 2001 (NCLB):

- Possession of two years of higher education (i.e., 48 units or more); **Or**
- Possession of an Associates Degree or higher from an institution of higher learning accredited as recognized by the Council for Higher Education Accreditation; **Or**
- Possession of proof that indicates you have passed the California Basic Educational Skills Test (CBEST); **Or**
- Obtain a passing score on the Fullerton School District Instructional Assistant Proficiency Assessment

**Experience:** Recent experience in working with children or youth groups.

**Knowledge of:** The basic methods of instruction including instruction in a physical fitness and recreation environment.

**Ability to:** Work effectively with students from preschool through eighth grade level; maintain effective and harmonious working relationships with students, fellow employees, teachers and administrative staff; follow oral and written instructions; keep simple records; read at a level equivalent to standard newspaper items addressed to the general reader; handle the physical efforts necessary to satisfactorily perform in an outdoor physical education/student recreation environment, including lifting of weights up to 20 lbs, walking over concrete, blacktop, asphalt, dirt and/or grass surfaces; standing, kneeling, crouching, stooping, squatting, reaching, pushing, pulling, bending and twisting.

**PHYSICAL STANDARDS:**

*The work environment and physical demands of the positions as described below are representative of those that must be met by an employee to successfully perform the essential functions of a position in this general instructional assistant category. Reasonable accommodations may be made to enable individuals to perform the essential functions of a specific position. These physical standards are generic in nature and tasks may vary dependent on school site or specialized department assignment.*

**Work Environment:** While performing the duties of this job, the employee works in several environments including classroom, indoor and outdoor environments and on or near student playground equipment. The employee’s primary responsibility is working with students in any of the various classifications such as bilingual, regular and recreational instructional assistants in a classroom and /or instructional environment. Employees in this position may have a higher level of exposure to infection from students. There is also frequent contact with staff and public. The noise level is moderate.

**Physical Demands:** The physical demands of this position include frequent sitting and standing for extended periods of time. Dependent on class/student assignment the employee may occasionally lift, push, pull and/or move up to 50 pounds. Repetitive bending at the waist as well as kneeling, stooping, crouching to assist students is also required. Employees may reach overhead as well as above the shoulders and horizontally. Dexterity of hands and fingers to demonstrate activities or run instructional equipment is required as is hearing and speaking to exchange information, make presentations, hear in a noisy environment and locate the source of a sound. Seeing to read a variety of materials and monitor student activities is also required. Physical demands may also increase due to recreational program assignment where the employee will engage in recreational activities with students.

*The information contained in this physical standards description is for compliance with ADA and is not an exhaustive list of duties performed. The individuals currently holding this position perform additional duties and additional duties may be assigned.*

Instructional Assistant/ Special Education II Personnel Action	Personnel Action Date
Adopted by the Personnel Commission:	05/02/1994
Revised by the Personnel Commission:	06/13/2002

Revised by the Personnel Commission:	06/17/2019
Revised by the Personnel Commission:	06/23/2025