



Hinsdale South High School

Grades 6-13
Spring 2025



Report created by
Panorama Education



Summary

Topic Description	Results	Comparison
Challenging Feelings How frequently students feel challenging emotions, with higher scores indicating less frequent challenging emotions.	48%	51% Hinsdale Township High School District 86 (IL)
Emotion Regulation How well students regulate their emotions.	53%	57% Hinsdale Township High School District 86 (IL)
Growth Mindset Student perceptions of whether they have the potential to change those factors that are central to their performance in school.	32%	29% Hinsdale Township High School District 86 (IL)
Positive Feelings How frequently students feel positive emotions.	61%	67% Hinsdale Township High School District 86 (IL)
Self-Efficacy How much students believe they can succeed in achieving academic outcomes.	46%	48% Hinsdale Township High School District 86 (IL)
Self-Management How well students manage their emotions, thoughts, and behaviors in different situations.	72%	75% Hinsdale Township High School District 86 (IL)
Social Awareness How well students consider the perspectives of others and empathize with them.	63%	68% Hinsdale Township High School District 86 (IL)
Supportive Relationships How supported students feel through their relationships with friends, family, and adults at school.	88%	90% Hinsdale Township High School District 86 (IL)

1,032 responses



Challenging Feelings

Your average

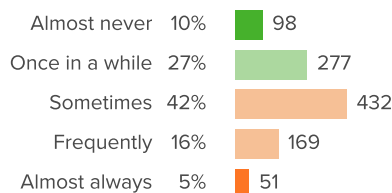
48%

1,032 responses

District average: **51%** Hinsdale Township High School
District 86 (IL)

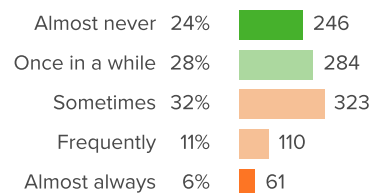
How did people respond?

Q.1: During the past week, how often did you feel angry?



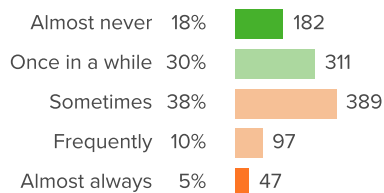
Favorable: **37%**

Q.2: During the past week, how often did you feel lonely?



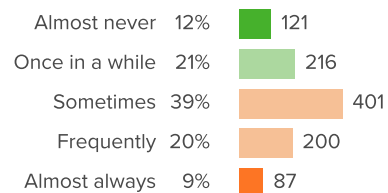
Favorable: **52%**

Q.3: During the past week, how often did you feel sad?



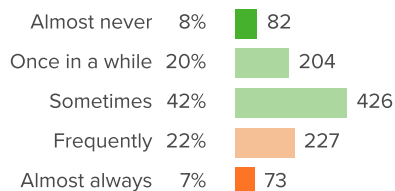
Favorable: **48%**

Q.4: During the past week, how often did you feel worried?



Favorable: **33%**

Q.5: During the past week, how often did you feel frustrated?



Favorable: **70%**



Emotion Regulation

Your average

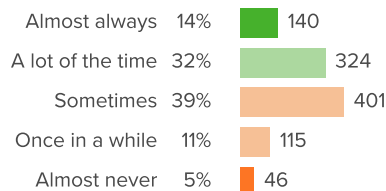
53%

1,032 responses

District average: **57%** Hinsdale Township High School
District 86 (IL)

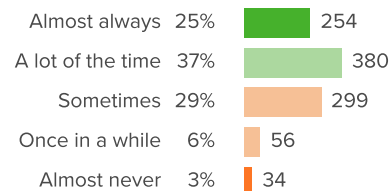
How did people respond?

Q.1: How often are you able to pull yourself out of a bad mood?



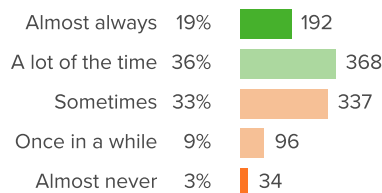
Favorable: **45%**

Q.2: How often are you able to control your emotions when you need to?



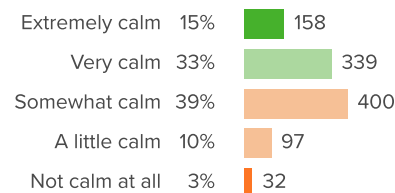
Favorable: **62%**

Q.3: When you get upset, how often can you get yourself to relax?



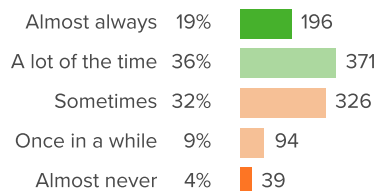
Favorable: **55%**

Q.4: When things go wrong for you, how calm are you able to stay?



Favorable: **48%**

Q.5: When you get upset, how often do you stop to think before you act?



Favorable: **55%**



Growth Mindset

Your average

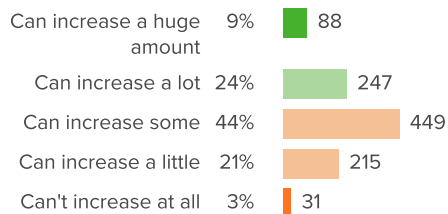
32%

1,032 responses

District average: **29%** Hinsdale Township High School
District 86 (IL)

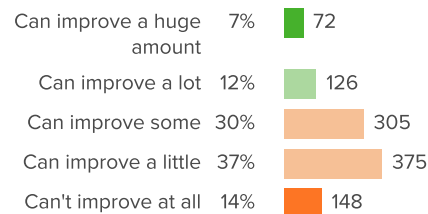
How did people respond?

Q.1: How much can you increase the effort you give in school?



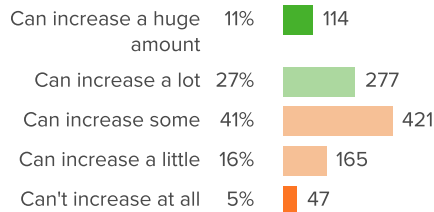
Favorable: **33%**

Q.2: How much can you improve your behavior in school?



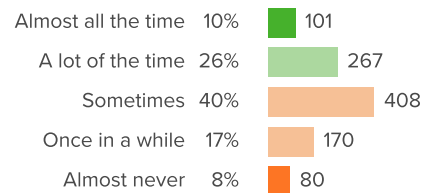
Favorable: **19%**

Q.3: How much can you increase how smart you are?



Favorable: **38%**

Q.4: When you make a mistake on your schoolwork, how often do you ask your teacher for ways you can do better next time?



Favorable: **36%**



Positive Feelings

Your average

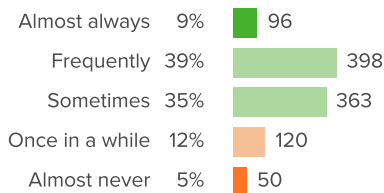
61%

1,032 responses

District average: **67%** Hinsdale Township High School
District 86 (IL)

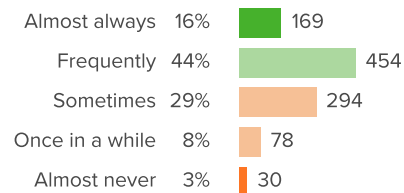
How did people respond?

Q.1: During the past week, how often did you feel excited?



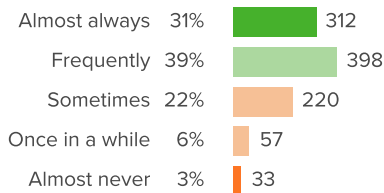
Favorable: **83%**

Q.2: During the past week, how often did you feel happy?



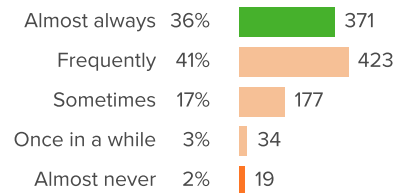
Favorable: **61%**

Q.3: During the past week, how often did you feel loved?



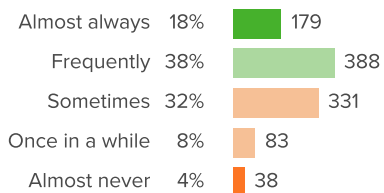
Favorable: **70%**

Q.4: During the past week, how often did you feel safe?



Favorable: **36%**

Q.5: During the past week, how often did you feel hopeful?



Favorable: **56%**



Self-Efficacy

Your average

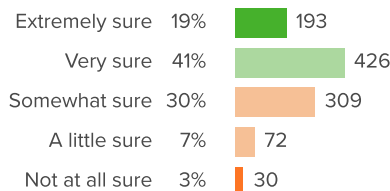
46%

1,032 responses

District average: **48%** Hinsdale Township High School
District 86 (IL)

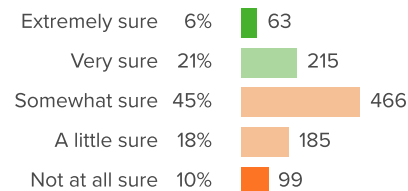
How did people respond?

Q.1: How sure are you that you can complete all the schoolwork that is given to you?



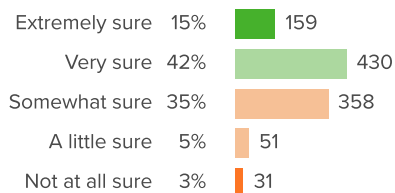
Favorable: **60%**

Q.2: How sure are you that you will remember what you learned in your current classes, next year?



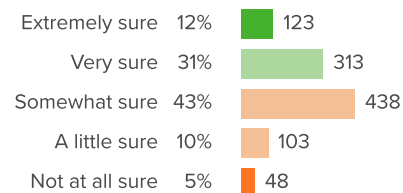
Favorable: **27%**

Q.3: How sure are you that you can learn all the subjects taught in your classes?



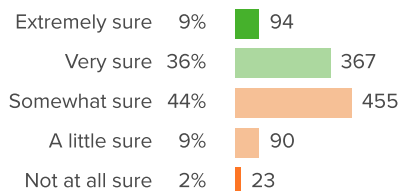
Favorable: **57%**

Q.4: How sure are you that you can do the hardest schoolwork that is given to you?



Favorable: **43%**

Q.5: When complicated ideas are discussed in class, how sure are you that you can understand them?



Favorable: **45%**



Self-Management

Your average

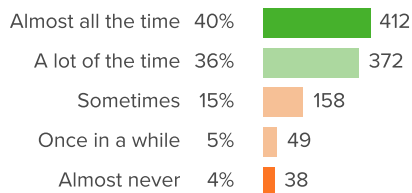
72%

1,032 responses

District average: **75%** Hinsdale Township High School
District 86 (IL)

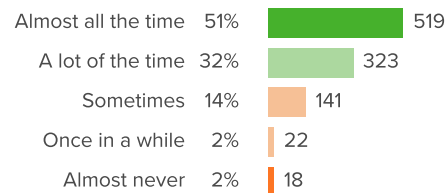
How did people respond?

Q.1: During the past two weeks, how often did you allow others to speak without interrupting them?



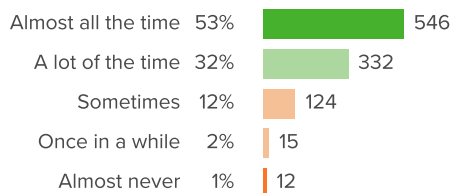
Favorable: **76%**

Q.2: During the past two weeks, how often did you come to class prepared?



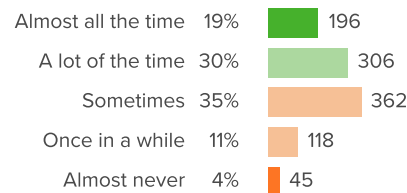
Favorable: **82%**

Q.3: During the past two weeks, how often did you follow directions in class?



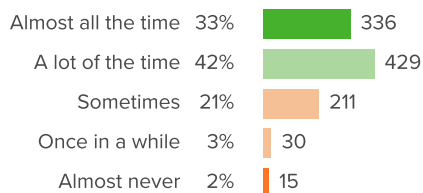
Favorable: **85%**

Q.4: During the past two weeks, how often did you get your work done right away, instead of waiting until the last minute?



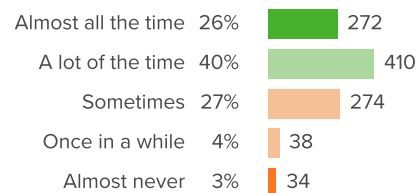
Favorable: **49%**

Q.5: During the past two weeks, how often did you pay attention in class?



Favorable: **75%**

Q.6: During the past two weeks, when you were working on your own, how often did you stay focused?



Favorable: **66%**



Social Awareness

Your average

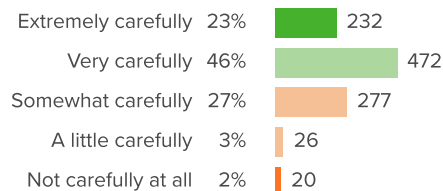
63%

1,032 responses

District average: **68%** Hinsdale Township High School
District 86 (IL)

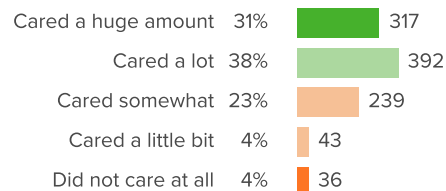
How did people respond?

Q.1: During the past two weeks, how carefully did you listen to other people's opinions?



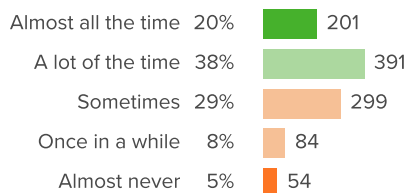
Favorable: **69%**

Q.2: During the past two weeks, how much did you care about other people's feelings?



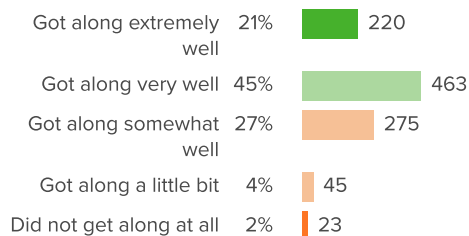
Favorable: **69%**

Q.3: During the past two weeks, how often did you compliment others' accomplishments?



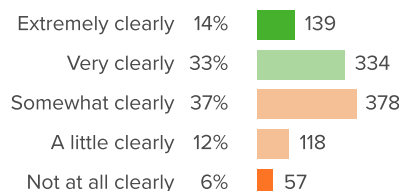
Favorable: **58%**

Q.4: During the past two weeks, how well did you get along with students who are different from you?



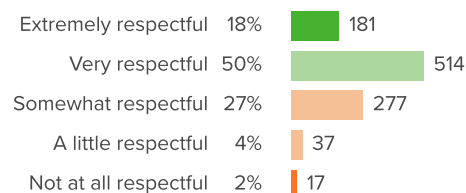
Favorable: **67%**

Q.5: During the past two weeks, how clearly were you able to describe your feelings?



Favorable: **46%**

Q.6: During the past two weeks, when others did not agree with you, how respectful were you of their opinions?



Favorable: **68%**

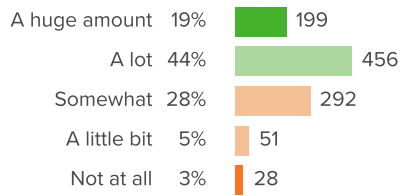


Hinsdale South High School

"Spring 2025 District 86 Social-Emotional Learning: Student Competency & Well-Being Measures Survey - Spring 2025, Grades 6-13"

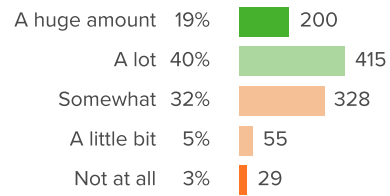


Q.7: During the past two weeks, how much were you able to stand up for yourself without putting others down?



Favorable: **64%**

Q.8: During the past two weeks, how much were you able to disagree with others without starting an argument?



Favorable: **60%**



Supportive Relationships

Your average

88%

1,032 responses

District average: **90%** Hinsdale Township High School
District 86 (IL)

How did people respond?

Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?

Yes 81% 831
No 19% 198

Favorable: **81%**

Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

Yes 93% 953
No 7% 69

Favorable: **93%**

Q.3: Do you have a friend from school who you can count on to help you, no matter what?

Yes 91% 925
No 10% 97

Favorable: **91%**

Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?

Yes 78% 804
No 22% 222

Favorable: **78%**

Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?

Yes 92% 940
No 9% 87

Favorable: **92%**

Q.6: Do you have a friend from school who you can be completely yourself around?

Yes 93% 950
No 7% 75

Favorable: **93%**