

2025-26 HIGH SCHOOL SCHEDULING INFORMATION

SPORT	MAX # CONTESTS ALLOWED	# PRACTICES PRIOR TO 1 st SCRIM/CONTEST	1 st PRACTICE DATE	1 st SCRIM/CONTEST DATE	NYS CHAMP DATE
B/G X Country	13 JV 13 V	6	8/25	9/1	11/15
Field Hockey	16 JV 16 VAR	6	8/25	9/1	11/15-16
Football	8 JV 8 VAR	10	8/18	8/29	-
B Golf	16 JV 17 VAR	Training	8/25	Recomm.	6/7-8
G Gymnastics	13 VAR	10	8/25	9/5	2/28
B/G Soccer	16 JV 16 VAR	6	8/25	9/1	11/16-17
G Swimming	15 VAR	6	8/25	9/1	11/21-22
G Tennis	16 JV 16 VAR	6	8/25	9/1	10-27-29 Indiv 11/7 team
B/G Volleyball	20 JV 20 VAR	6	8/25	9/1	B - 11/22-23 G - 11/21-23
GDC					11/9
B/G Basketball	20 JV 20 VAR	6	11/17	11/24	3/19-22
Cheerleading	6 JV 10 VAR	6	11/17	11/24	3/7
B/G Bowling	19 VAR	Training	11/17	Recomm.	3/13-15
B/G Fencing	20 JV 20 VAR	6	11/17	11/24	-
B Swimming	15 VAR	6	11/17	11/24	3/6-7
B/G Winter Track	15 VAR	6	11/17	11/24	3/7
Wrestling	20 pts+ JV 20 pts+ V	10	11/17	11/29	1/31 Dual 2/27-8 indiv
GWR		10	11/17	11/29	2/6
B/G Badminton	20 VAR	6	3/9	3/16	-
Baseball	20 JV 20 VAR	10	3/9	3/20	6/12-13
Girls Golf	16 JV 16 VAR	Training	3/9	Recomm.	6/7-8
B/G Lacrosse	16 JV 16 VAR	6	3/9	3/16	G- 6/12-13 B 6/13
G Flag Football	16 JV 16 VAR	6	3/9	3/16	6/6-7
Softball	20 JV 20 VAR	6	3/9	3/16	6/12-13
B Tennis	16 JV 16 VAR	6	3/9	3/16	6/5-7 Indiv 6/12 team
B/G Track	16 VAR	6	3/9	3/16	6/12-13