



JUNIOR GUIDE

HOW TO BECOME COLLEGE & CAREER READY

(Prepared for 2023-2024 School Year)

CENTRAL HIGH SCHOOL

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JUNIOR YEAR CHECKLIST

☐ RESEARCH CAREER, COLLEGE, AND MILITARY OPTIONS

- www.californiacolleges.org; www.niche.com. www.cacareerzone.org;
www.careersinthemilitary.com; goingmerry.com

☐ EDUCATE YOURSELF ON THE DIFFERENCES BETWEEN SCHOOLS

- Community Colleges, 4 year universities, or trade/vocational
- Consider cost, location, admissions requirements, programs/majors offered

☐ KNOW YOUR HIGH SCHOOL GRADUATION REQUIREMENTS

- 230 credits- look under grades tab in Aeries

☐ KNOW YOUR A-G REQUIREMENTS

- Check your status in Aeries under “Student Info” and “Profile”
- Make sure you are enrolled in the right classes
- Nothing below a “C” in an A-G class

☐ PREPARE FOR COLLEGE EXAMS

- ACT/SAT no longer required for CSU and UC campuses
- Check with the schools you are considering for requirements

☐ UNDERSTAND YOUR COLLEGE READINESS

- Community College students will be notified if they need a placement test.
- All CSU schools will use SBAC scores

☐ BEGIN COLLEGE VISITS

☐ RESEARCH SCHOLARSHIPS- CREATE A GOING MERRY ACCOUNT W/ PERSONAL EMAIL

- Look on our school website, on GoingMerry.com, and on your potential college scholarship page
- If you’re considering an athletic scholarship, make sure you let your counselor know due to different requirements and the need to be set up with a NCAA portal
- Eligibility for maximum Cal Grant requires an overall 3.0 GPA after your junior year.

☐ KEEP YOUR GRADE UP!

- Check Aeries regularly and communicate with your teachers
- Aim for A’s and B’s. The better your grades, the more options you will have.

☐ STAY INVOLVED IN ACTIVITIES AND CLUBS AND BEGIN TO LEAD

- Try to gain leadership roles in your extracurricular, sports or community service activities

☐ CREATE AN ACADEMIC RESUME

☐ CREATE A PROFESSIONAL EMAIL

☐ KEEP YOUR SOCIAL MEDIA CLEAN

☐ IF CONSIDERING MILITARY, TAKE THE ASVAB & REACH OUT TO A RECRUITER

Junior “Preparing for College” Calendar

Here is a breakdown of many important dates and deadlines you will need to meet for community college, 4-year colleges, and military.

MONTH	WHAT I SHOULD BE DOING
<u>AUGUST/</u> <u>SEPTEMBER</u>	• Begin RESEARCHING your college and/or military options by using sites such as: ◦ www.Californiacolleges.edu ◦ www.Niche.com ◦ www.Cacareerzone.org ◦ www.careersinthemilitary.com • STAY ORGANIZED by creating an organization system for college information. A binder or folder for flyers, email folders to save important information, and note in your phone where you are saving login information and passwords. • Get familiar with the Career Center by checking the website or following on social media @centralhs_collegecareer • Get involved in virtual clubs and activities. • Attend the College Nights and the CUSD College & Career Night on November 1, 2023. • Sign up for college presentations through the Career Center. • Begin searching for scholarships on the College & Career Center website. • Set up an account on www.goingmerry.com using your personal email.
<u>OCTOBER/</u> <u>NOVEMBER</u>	• Start the year strong with good grades. Aim for B's or better to keep all of your college options open. • If you are having trouble in school, visit with your teachers during their office hours or attend afternoon tutoring sessions. • If you are thinking of joining the military after high school, reach out to a military recruiter to start getting information and plan to take the ASVAB. • Use www.californiacolleges.edu to take an interest inventory and start creating a list of possible majors you might be interested in for college. • Consider getting a head start on college by taking High School Enrichment courses through Fresno City College for the Spring semester. Registration with Mrs. Lynd is in early November.
<u>DECEMBER/</u> <u>JANUARY</u>	• KEEP YOUR GRADES UP! And pass all of your classes with the highest grade possible. • Use Winter Break to research or possibly visit colleges you might interest you. • Continue your scholarship search • Seek out opportunities to work or volunteer during the holidays.

Junior “Preparing for College” Calendar

Here is a breakdown of many important dates and deadlines you will need to meet for community college, 4-year colleges, and military. Keep this somewhere safe! (Class of 2025)

MONTH	WHAT I SHOULD BE DOING
<u>FEBRUARY/ MARCH</u>	• Consider registering for the PSAT or SAT (*if they are being offered) • Register for your senior classes in at the end of February or early March. Plan carefully if you are still trying to complete your A-G requirements! • Focus most of your energy on doing well this semester. For colleges, this is your most important semester! • Begin looking for a summer job or internship in late March. If you wait til May, many jobs will already be filled!
<u>APRIL/MAY</u>	• Sign up for summer school if you are deficient on credits or if you need to make up a D or F grade. • Consider taking a summer class at Fresno City through the FCC High School Enrichment program. Registration for Summer and Fall classes will open in April and May. • Apply for summer programs that may be geared toward high school juniors.
<u>JUNE</u>	• PASS ALL YOUR CLASSES! • Finish your school year passing all of your classes! Junior Year grades are very important to colleges! • Start working on your UC Insight questions or college essays if you are applying to schools on the Common App.
<u>SUMMER</u>	• Visit colleges you might be interested in attending. • Continue your scholarship search and complete applications. • Start drafting college essays or responses to Personal Interest Questions (UC PIQ's come out August 1st) • If you have not all ready, start an Academic Resume ◦ this would include listing all awards earned, clubs, extra-curricular activities, community service hours, and leadership positions held. ◦ A google doc would be ideal to start an Academic Resume- starting with each semester of your high school career. Example- Fall 2021, Spring 2022, Fall 2022, Spring 2023, and so on.

SUMMARY OF SUBJECT COMPLETION REQUIREMENTS

SUBJECT	CENTRAL UNIFIED GRADUATION REQUIREMENTS	CSU A-G Requirements (Must be A-G Approved Courses)	UC A-G Requirements (Must be A-G Approved Courses)
<u>HISTORY</u>	Modern World History US History American Government Economics	<u>AREA A- History</u> (2 Years/ 20 credits) Must include World History and U.S. History	<u>AREA A- History</u> (20 credits from this list) Must include World History and U.S. History
<u>ENGLISH</u>	4 Years of English	<u>AREA B- English</u> (4 Years/40 credits)	<u>AREA B- English</u> (4 Years/40 credits)
<u>MATH</u>	3 Years of Math- 1 must be Math 1 *10 credits of Math 1	<u>AREA C- Math</u> (3 Years/ 30 credits- minimum) *4th year recommended	<u>AREA C- Math</u> (3 Years/ 30 credits- minimum) *4th year recommended
<u>SCIENCE</u>	2 Years of Science- 1 year Life Science, 1 year Physical Science	<u>AREA D- Science</u> (2 Years/ 20 credits- minimum) 1 year Life Science, 1 year Physical Science	<u>AREA D- Science</u> (2 Years/ 20 credits- minimum) 1 year Life Science, 1 year Physical Science
<u>WORLD LANGUAGE</u>	1 Year World Language or Visual Performing Arts	<u>AREA E- Foreign Language</u> (2 Years/ 20 credits- minimum) *3 years recommended	<u>AREA E- Foreign Language</u> (2 Years/ 20 credits- minimum) *3 years recommended
<u>VISUAL OR PERFORMING ARTS</u>		<u>AREA F- Visual/Performing Art</u> (1 Year/ 10 credits- minimum) A-G Approved Visual or Performing Art	<u>AREA F- Visual/Performing Art</u> (1 Year/ 10 credits- minimum) A-G Approved Visual or Performing Art
<u>ELECTIVES</u>	2 Years of PE + 1 Year Freshmen Requirement + 70 other elective credits	<u>AREA G- Elective</u> (1 Year/ 10 credits- minimum) A-G Approved Elective	<u>AREA G- Elective</u> (1 Year/ 10 credits- minimum) A-G Approved Elective
<u>Tests</u>	SBAC Testing as Juniors	No Testing Requirement	No Testing Requirement
<u>GPA &/OR CREDITS</u>	230 Credits with D or higher required to graduate	Minimum 2.5 GPA *2.0 GPA for Fresno State	Minimum 3.0 GPA



A-G SUBJECT REQUIREMENTS FOR CSU & UC

MUST HAVE A "C" GRADE OR BETTER IN EACH REQUIRED COURSE



The Governing Board is committed to providing equal opportunity for all individuals in education. District programs, activities, and practices shall be free from unlawful discrimination, including discrimination against an individual or group based on race, color, ancestry, nationality, national origin, ethnic group, identification, age, religion, marital, pregnancy, or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity or expression, or genetic information; a perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics.

A-G SUBJECT AREA	CENTRAL HIGH SCHOOL CLASSSED OFFERED
<u>HISTORY</u> (2 years/4 semesters) 1 Year World History 1 Year US History	US History, Modern World History, History 11C
<u>ENGLISH</u> 4 Years College Prep	English 1, 2, 3, ERWC 4, AP Language & Composition, AP Literature & Composition, and all Accelerated, English 1AC, Contemporary Issues in Education
<u>MATHEMATICS</u> 3 Years minimum	Math 1CC, Math 1E, Math 2CC, Math 2E, Math 3CC, Math 3E, Math3/Trig H, Trigonometry, Trig Elem Functions, AP Calculus AB, AP Calculus BC, AP Statistics, Math 10A, Math 11C, Math Daily
<u>SCIENCE</u> 2 Years with Laboratory	Biology, Biology 55C (No Lab), AG Biology, AP Biology, Chemistry, AG Chemistry, GeologyC (No Lab), Honors Chemistry, AP Chemistry, Anatomy, Plant & Animal Physiology
<u>WORLD LANGUAGE</u> 2 Years of the same language	Spanish 1, 2, 3, 4, Spanish 1A (*DE), Spanish 2A (*DE)
<u>VISUAL OR PERFORMING ARTS</u> 1 Year Art, Dance, Drama, or Music	Draw & Paint, Beginning/Intermediate/Advanced Ceramics, Floral Design, Folklorico, Ballet 1, 2, Modern Dance 1, 2, 3, Dance Performance, Concert Choir, Advanced Chorus, Treble Choir, Bass Choir, Jazz Band, Marching Band, Video Production, Flamenco Guitar, *Music 12, Music 17
<u>ELECTIVE</u> 1 Year of Academic Elective	Afram 1, Biology 55, Communications 1 or 8, Computer Science Intro, Environmental Science, Food Science, Geology 1, Humanities 10, History 11, AP Psychology 1, Psychology/Sociology, Sociology 1A, ROP Veterinary Science, and specific other courses listed above.

EDUCATIONAL OPTIONS



Students have multiple options to continue their education after high school. There is no "one way" to be successful so students have to find the path that is right for them! Knowing your options can help in making a decision!

	DESCRIPTION	DEGREE	QUALIFICATIONS	COST *in 2020	PROS/CONS
VOCATIONAL/ TECH SCHOOLS	An educational Institution that provides job-training for a specific skill or area.	Certificate qualifying a graduate to work in a specific trade	- High school diploma - Application and all follow-up steps	Costs vary depending on the school and length of program. Typically more than CC	PROS: - short programs - quicker entry into the workforce CONS: - high costs - limited to a specific trade
COMMUNITY COLLEGE	A public education Institution that provides both academic programs (many for transfer) and workforce training programs.	Certificate, Associate Degree (AA) or AA for Transfer to a 4-year college	- High school diploma - Application and all follow-up steps - Course placement determined by high school classes and GPA	\$46 per unit plus fees and books (tuition waived with CA Promise Grant)	PROS: - affordable - multiple program options including transfer - fresh start for struggling students CONS: - may take longer to graduate
CAL STATE UNIVERSITIES	A system of 23 public, 4-year universities in CA.	Bachelor's Degree	- Complete A-G requirements with C or better. - SAT or ACT scores (*optional for 2020) - Admission based on GPA and test scores	\$6,084 per year for tuition at all CSU campuses. Room and Board, student fees, & books vary	PROS: - affordable - simple admissions process - reputable system CONS: - may take longer to graduate for impacted programs
UNIVERSITY OF CALIFORNIA	A system of 9 public, 4-year universities in CA.	Bachelor's Degree	- Complete A-G requirements with minimum 3.0 GPA - SAT or ACT scores (*optional for 2020) - Admission is based on 11 categories of qualifications	\$13,752 per year for tuition at all UC campuses. Room and Board, student fees, & books vary	PROS: - highly reputable institutions - opportunities for advanced degrees and research CONS: - more expensive - competitive admissions process
PRIVATE COLLEGES	There are over 100 private colleges in CA. Private schools are typically smaller schools and have religious affiliations.	Bachelor's Degree or Certificate if it is trade school	Private schools can each set their own qualifications. Most require A-G completion, a test score, and application essay.	Average about \$40,000 per year for tuition.	PROS: - smaller schools & class sizes - positive environment CONS: - very expensive
OUT OF STATE COLLEGES	Every state has their own system of public schools as well as private options. There can be differences in the admissions process and financial aid.	Varies by the type of school	Out of state schools can each set their own qualifications. Most require that certain courses have been completed with a minimum GPA.	Costs vary but students typically pay more than in-state. Cal Grant cannot be used out of CA.	PROS: - new experiences or unique opportunities - could be a school you've always wanted to attend CONS: - possibly more expensive - distance from home
MILITARY	The military offers several educational opportunities. Speak to a recruiter about the options.	Options vary	- High school diploma - Take the ASVAB to determine your military qualifications.	Speak to your recruiter.	PROS: - affordable education options - job opportunities - opportunities to travel CONS: - long term commitment - distance from home

THE 3.0 DIFFERENCE

Having a 3.0 GPA increases your college opportunities with admissions and financial aid

2.0 GPA- C Average

- qualifies you to play high school sports and participate in activities
- makes you eligible for Cal Grant B (usable at community college)

2.2 GPA

- minimum GPA for DII sports*

2.3 GPA

- minimum GPA for DI sports*

2.5-2.9 GPA

- students in this range can apply to a CSU but are below the average at most CSUs

Average GPA of Accepted Students

Cal State LA - 3.24
Fresno State - 3.18
Sacramento State - 3.42
CSU Long Beach - 3.56
UC Merced - 3.58
Cal Poly - 4.0
UC Davis - 4.03
UCLA - 4.3
UC Berkeley - 4.28
Stanford - 3.95

3.0 GPA- B Average

- increases your chances of being admitted to a CSU.
- minimum GPA to apply to a UC
- makes you eligible for Cal Grant A (the only Cal Grant that can be used at a 4 year school)
- minimum GPA for Honors Academic Award

3.5 GPA

- minimum GPA for SCCC Honors Programs*
- minimum GPA to qualify for CSF

3.75 - 4.0+ GPA

- High Honors Academic Award
- Smittcamp applicants must have a minimum 3.8 GPA
- 4.0 students = Valedictorians (No grade below a B)
- increased admission at major universities*

*Must also meet requirements



COLLEGE TESTING UPDATES CLASS OF 2023 AND BEYOND

SAT and ACT tests have traditionally been used as part of college admission for 4 year colleges and universities. Due to COVID 19 and other college trends, many college systems are changing their requirements. Here are some updates on SAT & ACT testing starting for the **Class of 2023**.

- **Community college** applications never require an SAT/ACT score.
- **University of California (UC)** schools have announced they will no longer use SAT or ACT scores for admissions.
- **California State Universities (CSU, including Fresno State)** have announced they will no longer use SAT or ACT scores for admissions.
- Students have until December of their senior year to take the SAT.

Due to these changes, many students will likely not need a test score to apply to college in California, however we understand that some students will still need a test score for applying to other colleges or to qualify for NCAA.

There will be a School Day SAT offered at Central High School on October 11th, 2023 (for Seniors) and again on March 20th, 2024 (for Juniors) for those students who need to test.

Please email Renee Lynd if you have any questions:
rlynd@centralunified.org