



ROYAL
HOSPITAL
SCHOOL

SUPER SATURDAYS

PROGRAMME OF EVENTS
MICHAELMAS 2025





SUPER SATURDAYS

PROGRAMME OF EVENTS MICHAELMAS TERM 2025

HOW TO BOOK

RHS is delighted to introduce the Super Saturday programme for the 2025 Michaelmas term.

Day pupils are warmly encouraged to take part; however, attendance is optional.

Boarding pupils will continue to benefit from a structured Saturday morning, with tailored flexibility to support individual interests and wellbeing.

The programme offers a wide range of supra-curricular activities that help pupils develop key employability skills such as creativity, collaboration, critical thinking, and communication. Alongside this, academic clinics and library study sessions for older year groups provide further opportunities for academic consolidation and support.

Saturday Morning Timings

9:00: Breakfast for boarders

9:40: Arrival for day pupils

9:45: House registration

10:00 – 12:00: Super Saturday activity programme

12:00: Lunch

The programme presents a weekly overview of activities available for pupils in Years 9 – 11 and Years 12 – 13. Pupils may opt for single-session activities, multi-week courses or annual commitments, such as the Combined Cadet Force (CCF).

Full activity descriptions and booking options will be available at the start of term via SOCS. Parents and guardians can view confirmed weekly bookings using the pupil calendar function in MSP.

Key Dates – Michaelmas Term 2025

- **RHS Open Day** – Saturday 4 October
- **Harvest Divisions** – Saturday 11 October
- **Leave Out Weekends** – Saturdays 20 September & 22 November
- **Michaelmas Half-Term** – Saturday 18 October to Sunday 2 November

The Super Saturday programme provides pupils with meaningful opportunities to grow and explore new interests, and promotes a well-rounded approach to learning and personal development, whilst introducing greater flexibility within the weekend structure.

11 OCTOBER: HARVEST DIVISIONS

Harvest Divisions and Chapel bring the RHS community together as whole-school events; therefore, attendance is expected for all pupils.

9:15: Choir Rehearsal – Chapel

10:30: Harvest Divisions – Parade Ground

11:15: Harvest Chapel Service





SUBJECT SPOTLIGHT



From leadership to life skills: Saturday opportunities designed to enrich learning and support life beyond RHS

CCF (Combined Cadet Force)

From September 2025, the RHS CCF will become a **core part of our Saturday co-curricular programme for years 9-13**, running every Saturday morning as a structured two-hour activity. This revised format represents a significant and exciting evolution of the school's long-standing cadet tradition.

We will be offering **Army and RAF sections**, with all cadets receiving weekly practical instruction, leadership development, and fieldcraft skills in line with the national CCF programme. Importantly, we understand that some pupils may have occasional unavoidable clashes (e.g. sports fixtures or production rehearsals), and the programme is built to accommodate this flexibility without penalty.

In addition to the Saturday sessions, pupils will take part in:

- A **Field Day** in the Michaelmas Term
- A **Field Day** in the Lent Term
- A **full-week CCF Camp** in the Summer Term
- A Friday afternoon activity (optional attendance) in the normal co-curricular activity slot



COOKING

The RHS cooking courses provide pupils the opportunity to learn how to prepare and cook a selection of savoury and sweet dishes over three Saturday morning sessions. The dishes will have cultural influences, and pupils will learn both traditional and technical cooking skills. From handmade ravioli to perfectly formed chocolate éclairs - pupils will explore flavour, method and creativity at every stage of the recipe.

JUDO

Judo at RHS is led by our highly experienced instructor and national Judo champion, **Paul Coledge** in partnership with Ipswich Judo. Pupils will begin the term with a taster session. After this initial period, they'll be invited to join British Judo, with a small membership fee required to enable access to grading, events, and national affiliation.

Judo is a **full-contact sport**, but one grounded in mutual respect, discipline, and self-control. Unlike many martial arts, judo is practiced in a dynamic, free-form style with a partner, rather than through set routines. Pupils learn a combination of throws, holds, groundwork and defensive techniques.

This is an **inclusive activity**, open to all levels of experience. Judo improves coordination, balance, strength, and mental resilience. It's also a fantastic cardiovascular workout that builds stamina and endurance — whilst promoting self-confidence, focus, and discipline in a fun and supportive environment.

FINANCIAL FUTURES

Financial Futures is an exciting collaboration between RHS and our new partner **WizeUp Financial Education**. This initiative sees RHS become the **first UK school** to run this newly developed format of financial education.

The course consists of **six themed workshops**, each focused on real-world financial skills designed to prepare pupils for life beyond school. Topics include:

- **How to Budget After Sixth Form** - practical tools for managing income, expenses, and savings in adult life
- **Maximise your Money: Saving & Investing Responsibly** - encouraging good financial habits early.
- **Understanding Cryptocurrency** - demystifying digital currencies and their real-world relevance.
- **Credit Cards & Credit Ratings** - how to use credit responsibly and build a positive financial profile.
- **Renting vs Mortgages** - understanding the housing market and what independence really costs.
- **Student Finance & Apprenticeships** - navigating university funding and degree apprenticeships.
- **Taxation & Pensions** - learning how the tax system works and how to start preparing for the long term.



ACADEMIC YEARS 7 - 8



ROYAL
HOSPITAL
SCHOOL

6 SEPTEMBER

HOLBROOK LAWN
BOWLS

JUNIOR DUKE (DoFE)
- INTRODUCTION

13 SEPTEMBER

CIRCUS SKILLS

HIP HOP DANCE

27 SEPTEMBER

WORLD SPACE WEEK
(VR)

JUNIOR DUKE (DoFE)
- EMERGENCY AID

PARTY GAMES/
PILATES

4 OCTOBER

OPEN DAY

11 OCTOBER

DIVISIONS &
HARVEST CHAPEL



ACADEMIC YEARS 7 - 8



ROYAL
HOSPITAL
SCHOOL

8 NOVEMBER

CREATIVE
- ARMISTICE DAY

JUNIOR DUKE (DoFE)
- NAVIGATION

CHILDREN'S BOOK
ILLUSTRATIONS

15 NOVEMBER

SCHOOL
ENVIRONMENTAL
AWARD

VICTORIAN
PUZZLE PURSE

HISTORY OF ART

29 NOVEMBER

ANIMATION MOVIE
MAKING

JAZZ DANCE

JUNIOR DUKE (DoFE)

6 DECEMBER

MURDER WE WROTE
- PART 1

CHRISTMAS CRAFT
- CHRISTMAS FAYRE

CHRISTMAS CARDS &
DECORATIONS



6 SEPTEMBER

ACADEMIC YEARS 9 - 11



ROYAL
HOSPITAL
SCHOOL

YEAR 11 ACADEMIC CLINICS

ENGLISH

GEOGRAPHY

MATHS

CHEMISTRY

MUSIC

SINGLE WEEK ACTIVITIES

BREAKING NEWS:
THE LIVE BROADCAST
CHALLENGE



SQUASH



ARCHERY:
A ONE-WEEK
INTRODUCTION



**ART OPEN
STUDIO**



**DT OPEN
WORKSHOP**



***ALTON WATER
PARK RUN
(9AM - 10AM)**



*BOARDERS ONLY

MULTI-WEEK ACTIVITY

SPEAK TO LEAD:
COMMUNICATION THAT
MAKES A DIFFERENCE



WEEK 1 OF 3

CANVA:
ULTIMATE ONLINE
GRAPHIC DESIGN COURSES



WEEK 1 OF 2

JUDO
(WEEK 1 TASTER)



ONGOING

CCF



ANNUAL

**SAILING FOR
COMPLETE BEGINNERS**
(4 WEEK RYA COURSE)



WEEK 1 OF 4

KEY:

● YEAR 9 ● YEAR 10 ● YEAR 11 ● ADDITIONAL COST



6 SEPTEMBER

ACADEMIC YEARS 12 - 13



ROYAL
HOSPITAL
SCHOOL

ACADEMIC CLINICS

ENGLISH

GEOGRAPHY

MATHS

CHEMISTRY

MUSIC

LIBRARY STUDY

SINGLE WEEK ACTIVITIES

BREAKING NEWS:
THE LIVE BROADCAST
CHALLENGE



**DT OPEN
WORKSHOP**



***ALTON WATER
PARK RUN
(9AM - 10AM)**



**ART OPEN
STUDIO**



*BOARDERS ONLY

MULTI-WEEK ACTIVITY

**FINANCIAL
FUTURES
PROGRAMME**



WEEK 1 OF 7

SPEAK TO LEAD:
COMMUNICATION THAT
MAKES A DIFFERENCE



WEEK 1 OF 3

CANVA:
ULTIMATE ONLINE
GRAPHIC DESIGN COURSES



WEEK 1 OF 2

**JUDO CLUB
(WEEK 1 TASTER)**



ONGOING

CCF



ANNUAL

**SAILING FOR
COMPLETE BEGINNERS
(4 WEEK RYA COURSE)**



WEEK 1 OF 4

KEY:



YEAR 12



YEAR 13



ADDITIONAL COST



13 SEPTEMBER

ACADEMIC YEARS 9 - 11



YEAR 11 ACADEMIC CLINICS

COMPUTING

EPQ

MUSIC

GEOGRAPHY

SINGLE WEEK ACTIVITIES

DT OPEN WORKSHOP



SELECTED BAND MEMEBERS PERFORM IN MISTLEY



HOLD THE FRONT PAGE!
NEWSPAPER JOURNALISM



ART OPEN STUDIO



MULTI-WEEK ACTIVITY

JUDO CLUB



ONGOING

SPEAK TO LEAD:
COMMUNICATION THAT
MAKES A DIFFERENCE



WEEK 2 OF 3

CANVA:
ULTIMATE ONLINE
GRAPHIC DESIGN COURSES



WEEK 2 OF 2

THE RHS
COOKING COURSE:
ITALIAN CUSINE



WEEK 1 OF 3

CCF



ANNUAL

SAILING FOR
COMPLETE BEGINNERS
(4 WEEK RYA COURSE)



WEEK 2 OF 4

KEY:

● YEAR 9 ● YEAR 10 ● YEAR 11 ● ADDITIONAL COST



13 SEPTEMBER

ACADEMIC YEARS 12 - 13



ROYAL
HOSPITAL
SCHOOL

ACADEMIC CLINICS

COMPUTING

EPQ

GEOGRAPHY

MUSIC

LIBRARY STUDY

UCAS

SINGLE WEEK ACTIVITIES

DT OPEN
WORKSHOP



SELECTED BAND
MEMBERS PERFORM
IN MISTLEY



HOLD THE FRONT
PAGE!
NEWSPAPER JOURNALISM



ART OPEN
STUDIO



MULTI-WEEK ACTIVITY

FINANCIAL
FUTURES
PROGRAMME



WEEK 2 OF 7

SPEAK TO LEAD:
COMMUNICATION THAT
MAKES A DIFFERENCE



WEEK 2 OF 3

CANVA:
ULTIMATE ONLINE
GRAPHIC DESIGN COURSES



WEEK 2 OF 2

JUDO CLUB



ONGOING

THE RHS
COOKING COURSE:
ITALIAN CUISINE



WEEK 1 OF 3

CCF



ANNUAL

SAILING FOR
COMPLETE BEGINNERS
(4 WEEK RYA COURSE)



WEEK 2 OF 4

KEY:

YEAR 12 YEAR 13 ADDITIONAL COST



27 SEPTEMBER

ACADEMIC YEARS 9 - 11



YEAR 11 ACADEMIC CLINICS

ENGLISH

FRENCH

PHYSICS

PRE

SINGLE WEEK ACTIVITIES

MUSHROOM HUNT
● ● ●

LES MISERABLES CAST REHEARSAL
● ● ●

SQUASH
● ● ●

ARCHERY:
A ONE-WEEK INTRODUCTION
● ● ●

ART OPEN STUDIO
● ●

*ALTON WATER PARK RUN
(9AM - 10AM)
●

*BOARDERS ONLY

MULTI-WEEK ACTIVITY

JUDO CLUB
● ● ● ●

ONGOING

SPEAK TO LEAD:
COMMUNICATION THAT MAKES A DIFFERENCE
●

WEEK 3 OF 3

THE RHS COOKING COURSE:
ITALIAN CUISINE
● ● ● ●

WEEK 2 OF 3

TRY HACK ME - COMPUTING
● ●

WEEK 1 OF 3

CCF
● ● ●

ANNUAL

SAILING FOR COMPLETE BEGINNERS
(4 WEEK RYA COURSE)
● ● ● ●

WEEK 3 OF 4



● YEAR 9 ● YEAR 10 ● YEAR 11 ● ADDITIONAL COST



27 SEPTEMBER

ACADEMIC YEARS 12 - 13



ROYAL
HOSPITAL
SCHOOL

ACADEMIC CLINICS

ENGLISH

FRENCH

PRE

PHYSICS

LIBRARY STUDY

SINGLE WEEK ACTIVITIES

LES MISERABLES
CAST REHEARSAL



ART OPEN
STUDIO



MUSHROOM
HUNT



*ALTON WATER
PARK RUN
(9AM - 10AM)



*BOARDERS ONLY

MULTI-WEEK ACTIVITY

SPEAK TO LEAD:
COMMUNICATION THAT
MAKES A DIFFERENCE



WEEK 3 OF 3

TRY HACK ME -
COMPUTING



WEEK 1 OF 3

JUDO CLUB



ONGOING

THE RHS
COOKING COURSE:
ITALIAN CUISINE



WEEK 2 OF 3

CCF



ANNUAL

SAILING FOR
COMPLETE BEGINNERS
(4 WEEK RYA COURSE)



WEEK 3 OF 4

KEY:



YEAR 12



YEAR 13



ADDITIONAL COST



8 NOVEMBER

ACADEMIC YEARS 9 - 11

YEAR 11 ACADEMIC CLINICS

MATHS

PHYSICS

CHEMISTRY

ECONOMICS

ENGLISH

SINGLE WEEK ACTIVITIES

ART OPEN
STUDIO



ARCHERY:
A ONE-WEEK
INTRODUCTION



DT OPEN
WORKSHOP



DIGITAL SKILLS
WORKSHOP



BAND PERFORMS
AT LORD MAYORS
PARADE, LONDON



*ALTON WATER
PARK RUN
(9AM - 10AM)



*BOARDERS ONLY

MULTI-WEEK ACTIVITY

BBC YOUNG
REPORTER



WEEK 1 OF 3

THEORY OF
KNOWLEDGE
COURSE



WEEK 1 OF 3

TRY HACK ME -
COMPUTING



WEEK 2 OF 3

MASTER THE ART
OF TABLESCAPING



WEEK 1 OF 3

THE RHS
COOKING COURSE:
ITALIAN CUISINE



WEEK 3 OF 3

JUDO CLUB



ONGOING

CCF



ANNUAL

SAILING FOR
COMPLETE BEGINNERS
(4 WEEK RYA COURSE)



WEEK 4 OF 4

KEY:

● YEAR 9 ● YEAR 10 ● YEAR 11 ● ADDITIONAL COST



8 NOVEMBER

ACADEMIC YEARS 12 - 13



ROYAL
HOSPITAL
SCHOOL

ACADEMIC CLINICS

MATHS

PHYSICS

CHEMISTRY

ECONOMICS

ENGLISH

LIBRARY STUDY

SINGLE WEEK ACTIVITIES

DT OPEN
WORKSHOP



DIGITAL SKILLS
WORKSHOP



ART OPEN
STUDIO



BAND PERFORMS
AT LORD MAYORS
PARADE, LONDON



*ALTON WATER
PARK RUN
(9AM - 10AM)



*BOARDERS ONLY

MULTI-WEEK ACTIVITY

BBC YOUNG
REPORTER



WEEK 1 OF 3

THEORY OF
KNOWLEDGE
COURSE



WEEK 1 OF 3

TRY HACK ME -
COMPUTING



WEEK 2 OF 3

MASTER THE ART
OF TABLESCAPING



WEEK 1 OF 3

JUDO CLUB



ONGOING

CCF



ANNUAL

SAILING FOR
COMPLETE BEGINNERS
(4 WEEK RYA COURSE)



WEEK 4 OF 4

THE RHS
COOKING COURSE:
ITALIAN CUISINE



WEEK 2 OF 3

KEY:



YEAR 12



YEAR 13



ADDITIONAL COST



15 NOVEMBER

ACADEMIC YEARS 9 - 11



ROYAL
HOSPITAL
SCHOOL

YEAR 11 ACADEMIC CLINICS

CHEMISTRY

EPQ

SPANISH

MEDIA STUDIES

MUSIC

SINGLE WEEK ACTIVITIES

LES MISERABLES
CAST REHEARSAL



PRACTICE
INTERVIEWS -
THE ULTIMATE JOB PREPA-
RATION



LIFE SKILLS
COACHING



CHRISTMAS
CARD MAKING



MULTI-WEEK ACTIVITY

BBC YOUNG
REPORTER



WEEK 2 OF 3

THEORY OF
KNOWLEDGE
COURSE



WEEK 2 OF 3

ASIAN COOKING
COURSE



WEEK 1 OF 3

MASTER THE
ART OF
TABLESCAPING



WEEK 2 OF 3

TRY HACK
ME - COMPUTING



WEEK 3 OF 3

JUDO CLUB



ONGOING

CCF



ANNUAL

KEY:

● YEAR 9 ● YEAR 10 ● YEAR 11 ● ADDITIONAL COST



15 NOVEMBER

ACADEMIC YEARS 12 - 13



ROYAL
HOSPITAL
SCHOOL

ACADEMIC CLINICS

CHEMISTRY

EPQ

SPANISH

MEDIA STUDIES

MUSIC

LIBRARY STUDY

SINGLE WEEK ACTIVITIES

LES MISERABLES
CAST REHEARSAL



PRACTICE
INTERVIEWS -
THE ULTIMATE JOB
PREPARATION



LIFE SKILLS
COACHING



PILATES



CHRISTMAS
CARD MAKING



MULTI-WEEK ACTIVITY

FINANCIAL
FUTURES
PROGRAMME



WEEK 3 OF 7

BBC YOUNG
REPORTER



WEEK 2 OF 3

THEORY OF
KNOWLEDGE
COURSE



WEEK 2 OF 3

MASTER THE
ART OF
TABLESCAPING



WEEK 2 OF 3

ASIAN COOKING
COURSE



WEEK 1 OF 3

TRY HACK
ME - COMPUTING



WEEK 3 OF 3

JUDO CLUB



ONGOING

CCF



ANNUAL

KEY:



YEAR 12



YEAR 13



ADDITIONAL COST

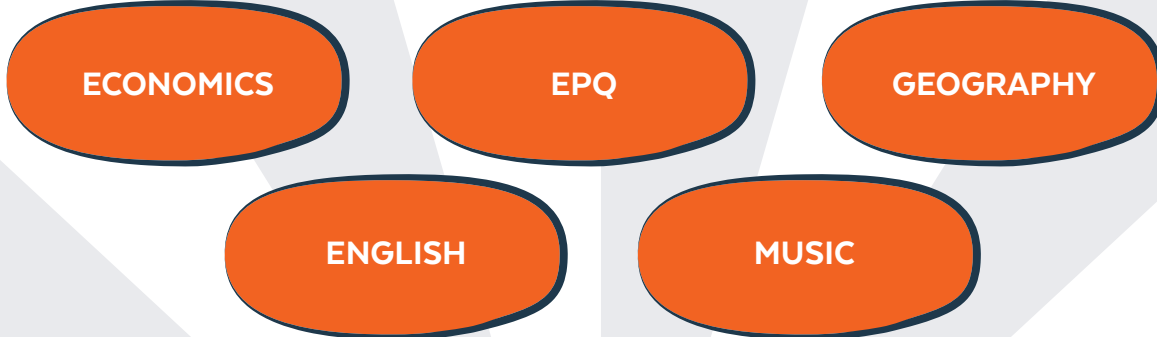


29 NOVEMBER

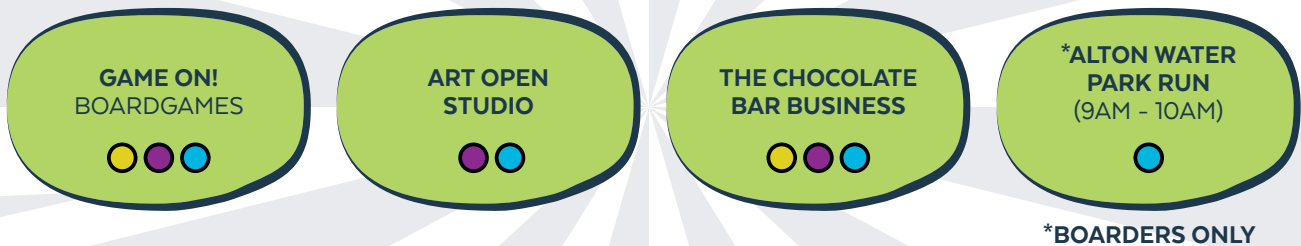
ACADEMIC YEARS 9 - 11



YEAR 11 ACADEMIC CLINICS



SINGLE WEEK ACTIVITIES



MULTI-WEEK ACTIVITY



KEY: ● YEAR 9 ● YEAR 10 ● YEAR 11 ● ADDITIONAL COST



29 NOVEMBER

ACADEMIC YEARS 12 - 13



ROYAL
HOSPITAL
SCHOOL

ACADEMIC CLINICS

ECONOMICS

EPQ

GEOGRAPHY

ENGLISH

MUSIC

LIBRARY STUDY

SINGLE WEEK ACTIVITIES

ART OPEN
STUDIO



THE CHOCOLATE
BAR BUSINESS



*ALTON WATER
PARK RUN
(9AM - 10AM)



*BOARDERS ONLY

MULTI-WEEK ACTIVITY

FINANCIAL
FUTURES
PROGRAMME



WEEK 4 OF 7

BBC YOUNG
REPORTER



WEEK 3 OF 3

THEORY OF
KNOWLEDGE
COURSE



WEEK 3 OF 3

MASTER THE
ART OF
TABLESCAPING



WEEK 3 OF 3

ASIAN COOKING
COURSE



WEEK 2 OF 3

JUDO CLUB



ONGOING

CCF



ANNUAL

KEY:

● YEAR 12 ● YEAR 13 ● ADDITIONAL COST



6 DECEMBER

ACADEMIC YEARS 9 - 11



ROYAL
HOSPITAL
SCHOOL

YEAR 11 ACADEMIC CLINICS

PSYCHOLOGY

GEOGRAPHY

SPANISH

COMPUTING

MUSIC

SINGLE WEEK ACTIVITIES

LIFEDRAWING
CLASS



ECONOMICS
IN ONE WEEK



DT OPEN
WORKSHOP



CHRISTMAS
CARD MAKING



MULTI-WEEK ACTIVITY

ASIAN COOKING
COURSE



WEEK 3 OF 3

DoFE AWARD
EVIDENCE AND
SKILLS



ONGOING

JUDO CLUB



ONGOING

CCF



ANNUAL

KEY:

● YEAR 9 ● YEAR 10 ● YEAR 11 ● ADDITIONAL COST



6 DECEMBER

ACADEMIC YEARS 12 - 13



ROYAL
HOSPITAL
SCHOOL

ACADEMIC CLINICS

PSYCHOLOGY

GEOGRAPHY

SPANISH

COMPUTING

MUSIC

LIBRARY STUDY

SINGLE WEEK ACTIVITIES

LIFEDRAWING
CLASS



DT OPEN
WORKSHOP



CHRISTMAS
CARD MAKING



PILATES



MULTI-WEEK ACTIVITY

FINANCIAL
FUTURES
PROGRAMME



WEEK 5 OF 7

ASIAN COOKING
COURSE



WEEK 3 OF 3

DOFE AWARD
EVIDENCE AND
SKILLS



ONGOING

JUDO CLUB



ONGOING

CCF



ANNUAL

KEY:



YEAR 12



YEAR 13



ADDITIONAL COST



MULTI-WEEK ACTIVITY OVERVIEW

	6 SEPT	13 SEPT	27 SEPT	4 OCT	8 NOV	15 NOV	29 NOV	6 DEC
FINANCIAL FUTURES PROGRAMME	●●	●●		OPEN DAY		●●	●●	●●
SPEAK TO LEAD	●●●	●●●	●●●	OPEN DAY				
CANVA	●●●●●	●●●●●		OPEN DAY				
£ JUDO CLUB	●●●●	●●●●	●●●●	OPEN DAY	●●●●	●●●●	●●●●	●●●●
£ THE RHS COOKING COURSE		●●●●●	●●●●●	OPEN DAY	●●●●●			
TRY HACK ME - COMPUTING			●●●●	OPEN DAY	●●●●	●●●●		
MASTER THE ART OF TABLESCAPING				OPEN DAY	●●●●●	●●●●●	●●●●●	
BBC YOUNG REPORTER				OPEN DAY	●●●●●	●●●●●	●●●●●	
THEORY OF KNOWLEDGE COURSE				OPEN DAY	●●●	●●●	●●●	
£ ASIAN COOKING COURSE				OPEN DAY		●●●●●	●●●●●	●●●●●
CCF	●●●●●	●●●●●	●●●●●	OPEN DAY	●●●●●	●●●●●	●●●●●	●●●●●
£ SAILING	●●●●●	●●●●●	●●●●●	OPEN DAY	●●●●●			

KEY: ● YEAR 9 ● YEAR 10 ● YEAR 11 ● YEAR 12 ● YEAR 13 £ ADDITIONAL COST