GPISD Crisis Prevention/Intervention Protocol: Suicide Risk Response

Counselor/LSSP/SSS/VOCA (Mental Health Professional-MHP) must complete GPISD C-SSRS and GPISD Conference Forms when working with students exhibiting suicidal ideation, making suicidal comments or engaging in self-injury.

For Protocol 1 (low) complete the GPISD PROTOCOL 1 CONFERENCE FORM:
If performing parent/guardian teleconference the MHP must write date and time of phone contact on form.

For Protocol 2 (moderate) or 3 (high) complete the GPISD PROTOCOL 2/3 CONFERENCE FORM, SELF CARE PLAN, HOME SAFETY LIST, TRANSITION LETTER and GPISD RELEASE OF CONFIDENTIAL INFORMATION FORM- if applicable. Inform guardian that signing the release form authorizes school staff to communicate with outside physician/mental health provider to better assist and support their child. Copies of the forms are to be provided to the parents.

Place completed protocol forms in the Red Crisis Binder titled C-SSRS (with the protocol #)

After completing the GPISD C-SSRS, determine the level of protocol.

Protocol 1: Ideation, no intent, no plan.
Protocol 2: Ideation, no intent, vague plan.
Protocol 3: Ideation, intent and may or may not have a specific plan.

PROTOCOL 1:

1. If **GPISD C-SSRS** indicates that the student meets Protocol 1 criteria, the following steps are to be taken immediately.
   - **Student should be monitored at all times. Do not leave student alone.**
   - The MHP will contact guardian to discuss the incident. If guardian is not able to come to campus for a conference, the MHP can conduct a teleconference. In conversation with guardian, the MHP should address the mental health history of the student.
   - The MHP will contact campus principal/administration.
2. The MHP will complete the **GPISD PROTOCOL 1 CONFERENCE FORM** to document the incident and discussion with guardian. If guardian is present on campus during the conference, obtain guardian signature on the form.
   If guardian participates in conference by phone, document conversation in the designated box on the form. A copy of the form is to be provided to the guardian. The form can be scanned and emailed, along with the **QUICK RESOURCE GUIDE.**
3. Request guardian sign the **GPISD RELEASE OF INFORMATION FORM** for future communication and collaboration between school and the student's outside mental health provider if appropriate. *Provider information must be included before obtaining guardian signature.
4. If it is determined that the student is NOT currently receiving mental health services, the MHP will provide the parent with community counseling resources.
5. Student can return to class after the guardian is contacted and if guardian and applicable campus staff agree. If student returns to class, the MHP will notify the appropriate teaching staff to monitor the student throughout the school day and notify the counselor of any immediate concerns.

6. The MHP will check in with the student to provide support and explore coping skills such as: appropriate expression of feelings, anger management, emotional regulation and conflict resolution skills. The MHP will follow up with student and guardian as needed.
7. If student receives Psychological Services, The MHP will contact campus LSSP about student incident.
8. If a student presents to the MHP as Protocol 1 multiple times, the MHP will request a student staffing to address ongoing student behavior and suicidal ideation.

PROTOCOL 2:

1. If **GPISD C-SSRS** indicates that the student meets Protocol 2 criteria, the following steps are to be taken immediately.
    - **Student should be monitored at all times. Do not leave student alone.**
    - The MHP will contact campus principal/administration and may contact district support if additional support is needed. If student receives psychological services, the MHP will also contact LSSP/ SPED district support.
    - The MHP will contact guardian to request that guardian report to campus for a parent conference. If campus is unable to contact guardian, or if guardian needs transportation to campus, The MHP is to consult with campus principal/administration and then seek assistance from assigned GPISD SRO if needed. *****Do not release student from school. Student must be released to guardian only. Campus staff is not to transport student home. If campus representative is unable to reach guardian, emergency contact(s) may be contacted only to request assistance in getting the guardian in touch with the campus as soon as possible. Confidential information regarding the student is not to be disclosed to emergency contacts.*****
    - If assistance is needed to help with student incident, MHP may contact their district support.
2. Communicate with guardian the utmost seriousness of the incident and the need for a mental health assessment from a mental health facility. Inform guardian that student should be monitored and supervised until student is able to get stabilized and receive a mental health assessment.
3. Recommend to guardian that any items that could potentially be used in a suicide attempt need to be removed from student's access. This includes lethal means such as knives, guns, medications, ropes and other items that could be used to cause harm (Go over to the **GPISD HOME SAFETY CHECKLIST**).
4. The MHP will work with student to create a **STUDENT SELF CARE PLAN** exploring problem solving strategies and alternatives for staying safe. **STUDENT SELF CARE PLAN** is to be reviewed and shared with guardian prior to student leaving campus.

5. The MHP will complete the **GPISD PROTOCOL 2/3 CONFERENCE FORM** to document the incident and discussion with guardian.
6. Give guardian a copy of the **STUDENT TRANSITION MEETING LETTER**. Inform guardian that upon the student's return to campus, a transition meeting will be held. Guardian participation in the transition meeting is highly recommended. Guardian may participate in person or by phone.
7. Request that guardian sign the **GPISD RELEASE OF INFORMATION FORM** for communication and collaboration between school and outside mental health provider.
8. If it is determined that the student is NOT currently receiving mental health services, The MHP will have appropriate mental health community referrals available for guardian. The MHP can contact their district support counselor, campus LSSP for assistance with community referrals if needed. *Provider information must be included before obtaining guardian signature.

FOLLOW UP FOR PROTOCOL 2:

1. Within 24-48 hours of incident, the MHP will contact guardian and check in with student to follow up about student's well-being and mental health services.
2. Upon student's return to campus, a transition meeting will need to take place involving student, guardian (participation is highly recommended), the MHP, and other applicable campus staff. The purpose of the transition meeting is to review information from mental health facility (if available) and create the campus action plan using the **RETURN TO SCHOOL SUPPORT PLAN**. These plans can be reviewed and updated according to the identified student's needs. Guardians may participate in transition meeting in person or by phone.
3. Ensure student understands the **RETURN TO SCHOOL SUPPORT PLAN**. Be sure student, guardian, and applicable campus staff are clear on how student is to seek help at both school and home.
4. If guardian signed **GPISD RELEASE OF INFORMATION**, the MHP will follow up on student's outside services by contacting physician or mental health provider.
5. The MHP and other campus staff will monitor student by checking in with the student multiple times and making adjustments to the support plan as needed.
6. Notify campus LSSP for consideration of a student review.
7. If a student presents to the MHP as Protocol 2 multiple times, the MHP will request a student staffing to address ongoing student behavior and suicidal ideation.

PROTOCOL 3:

1. If **GPISD C-SSRS** indicates that the student meets Protocol 3 criteria, the following steps are to be taken immediately.
    - **Student should be monitored at all times. Do not leave student alone.**
    - The MHP will contact campus principal/administration/coordinating district support if needed. If student receives psychological services, the MHP will also contact LSSP/SPED district support.
    - If medical emergency is suspected, i.e.: a suspected drug overdose, administration/the MHP will call school nurse, SRO and/or 911.
    - The MHP will contact guardian to request that guardian report to campus immediately for emergency conference. If campus is unable to contact guardian, or if guardian needs transportation to campus, the MHP is to consult with campus principal/administration and then seek assistance from GPISD PD/SRO if needed. *****Do not release student from school. Student must be released to guardian/or PD only. Campus staff is not to transport student home. If campus representative is unable to reach guardian, emergency contact(s) may be contacted only to request assistance in getting the guardian in touch with the campus as soon as possible. Confidential information regarding the student is not to be disclosed to emergency contacts.*****
    - If assistance is needed to help with student incident, campus coordinating counselor can contact district support.
    - Communicate with guardian the utmost seriousness of the incident and the need for a mental health assessment from a mental health facility **(Assist parent with locating available and appropriate mental health facility options.)** Inform guardian that student should be monitored and supervised until student is able to get stabilized and receive a mental health assessment.
2. Recommend to guardian that any items that could potentially be used in a suicide attempt need to be removed from student's access. This includes lethal means such as knives, guns, medications, ropes, and other items that could be used to cause harm (**Go over the GPISD Home Safety Checklist**).
3. The guardian, MHP, administration and district support (as appropriate) will collaborate with SRO to determine if an EDO (Emergency Detention Order) is necessary.
4. If it is determined that the student is currently receiving mental health services, the MHP or district support will attempt to obtain guardian signature on **GPISD RELEASE OF INFORMATION FORM** in order to contact and involve the student's physician/mental health provider in the current crisis response process.
5. The MHP will complete the **GPISD PROTOCOL 2/3 CONFERENCE FORM** to document the incident and discussion with guardian.
6. Give guardian a copy of the **STUDENT TRANSITION MEETING LETTER**. Inform guardian that upon the student's return to campus, a transition meeting will occur and their participation is highly recommended. Guardian may participate in person or by phone.

FOLLOW UP FOR PROTOCOL 3:

1. Within 24-48 hours of incident, the MHP will contact guardian and check in with student to follow up about student's well-being and mental health services.
2. Notify the appropriate district support/the MHP of the student incident (if not previously contacted) for follow-up.
3. Upon student's return to campus, a transition meeting will need to take place involving student, guardian (participation is highly recommended), the MHP and other applicable campus staff. The purpose of the transition meeting is to review information from mental health facility (if available) and complete the **RETURN TO SCHOOL SUPPORT PLAN.** These plans can be reviewed and updated to address identified student's needs. Guardians may participate in transition meeting in person or by phone.
4. Ensure student understands the **RETURN TO SCHOOL SUPPORT PLAN**. Be sure student, guardian, and applicable campus staff are clear on how student is to seek help both at school and home.
6. If guardian signed **GPISD RELEASE OF INFORMATION FORM**, the MHP, district support or LSSP will follow up on student's outside services by contacting physician or mental health provider.
7. Notify campus LSSP for consideration of a student review.
8. The MHP and other campus staff will monitor student by checking in multiple times and making adjustments to the support plan as needed.