



Section VIII Sports Seasons 2025-2026

Fall 2025

Sport	Start Date	Championship
Football	8/18/25	12/6
Boys Badminton	8/25/25	TBA
Boys Cross Country	8/25/25	11/15
Girls Cross Country	8/25/25	11/15
Field Hockey	8/25/25	11/15-11/16
Game Day Cheer	8/25/25	11/9
Golf	8/25/25	6/2/26-6/3/26
Boys Soccer	8/25/25	11/14-11/16
Girls Soccer	8/25/25	11/15-11/16
Girls Swimming/Diving	8/25/25	11/21-11/22
Girls Tennis	8/25/25	Team 11/7 Individuals 10/27-10/29
Boys Volleyball	8/25/25	11/22
Girls Volleyball	8/25/25	11/22-11/23
NYSPPHSAA Start Date	8/18/25	

Winter 2025-2026

Sport	Start Date	Championship
Boys Basketball	11/17/25	3/19-3/22
Girls Basketball	11/17/25	3/19-3/22
Boys Bowling	11/17/25	3/13-3/15
Girls Bowling	11/17/25	3/13-3/15
Competitive Cheerleading	11/17/25	3/7
Boys Fencing	11/17/25	TBA
Girls Fencing	11/17/25	TBA
Gymnastics	11/17/25	2/28
Boys Indoor Track	11/17/25	3/7
Girls Indoor Track	11/17/25	3/7
Rifle	11/17/25	TBA
Boys Swimming/Diving	11/17/25	3/6-3/7
Boys Wrestling	11/17/25	Team Duals 1/31 Championship 2/27-2/28
Girls Wrestling	11/17/25	2/26
NYSPPHSAA Start Date	11/17/25	



Section VIII Sports Seasons 2025-2026

Spring 2026*

Sport	Start Date	Championship
Baseball	3/9/26	6/12-6/13
Girls Flag Football	3/9/26	6/6
Boys Lacrosse	3/9/26	6/13
Girls Lacrosse	3/9/26	6/12-6/13
Boys Outdoor T & F	3/9/26	6/12-6/13
Girls Outdoor T & F	3/9/26	6/12-6/13
Softball	3/9/26	6/12-6/13
Girls Badminton	3/16/26	TBA
Boys Golf	3/16/26	6/7-6/8
Girls Golf	3/16/26	6/7-6/8
Boys Tennis	3/16/26	Singles/Doubles 6/5-6/6 Team 6/12
NYSPHSAA Start Date	3/16/26	

* Please note, NYSPHSAA has a proposal to start the Spring 2026 season on the second Monday in March. If this change is made, Section VIII will revisit the dates approved as of 3/27/25.

MODIFIED SPORT SEASONS 2025-2026

Sport	Start Date	End Date
Fall	9/2/25	11/1/25
Winter 1	11/3/25	1/17/26
Winter 2	1/20/26	3/28/26
Spring	3/30/26	6/6/26

Holidays

September 1, 2025 – Labor Day
 September 23-24, 2025– Rosh Hashanah
 October 1, 2025 – Yom Kippur
 October 13, 2025 – Columbus Day
 October 21, 2025 – Diwali
 November 11, 2025 – Veterans Day
 November 27, 2025 – Thanksgiving
 December 25, 2025 – Christmas Day
 January 19, 2026 – MLK Day
 April 3, 2026 – Good Friday
 February 16, 2026 – President’s Day
 April 5, 2026 – Easter
 April 1-9, 2026 – Passover
 May 25, 2026 – Memorial Day

June 19, 2026 – Juneteenth