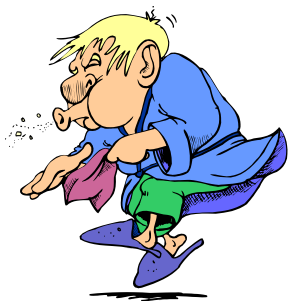
WHAT IF I'M SICK OR INJURED?

Anytime a student comes to class with an injury or illness and will need to be excused from active participation, a parent or guardian can contact the P.E. staff by email or a phone call. Students may also bring in a hand-written note from an adult or a medical form from a physician.

Please provide the following **4 pieces of information** for your child's excuse:



1. **Student name**
2. **Reason for excused non-participation**
3. **How many days / weeks student will be excused**
4. **Parent/guardian signature or medical facility document**



If a student is unable to participate due to an injury or sickness that will last longer than 1 week, a doctor's excuse form must be given to the P.E. staff. In order to resume normal participation in class after that extended time, all students must have written consent from the treating doctor.

= = = =