

STUDENTSTobacco

Tobacco Use Prevention Instruction

The district's tobacco-use prevention program shall provide developmentally appropriate tobacco prevention instruction for students at selected grade levels from K-12 which addresses the following topics: (Health and Safety Code 104420)

1. Immediate and long-term undesirable physiological, cosmetic and social consequences of tobacco use
2. Reasons that adolescents say they smoke or use tobacco
3. Peer norms and social influences that promote tobacco use
4. Refusal skills for resisting social influences that promote tobacco use

(cf. 5131.6 – Alcohol and Other Drugs)

(cf. 6142.8 – Comprehensive Health Education)

(cf. 6143 – Courses of Study)

As appropriate, the district may provide or refer students in grades 7-12 to tobacco-use intervention and cessation activities (Health and Safety Code 104420)

(cf. 1020 - Youth Services)

(cf. 5141.6 – School Health Services)

(cf. 6164.2 – Guidance/Counseling Services)

These services shall be directed toward current users and shall be voluntary for students who desire assistance in ceasing the use of tobacco.

The district shall provide or refer every pregnant and parenting minor enrolled in the district to tobacco-use prevention services. Such services may be integrated with existing programs for pregnant and parenting minor and shall include: (Health and Safety Code 104420)

1. Referral to perinatal and related support services
2. Outreach services and assessment of smoking status
3. Individual counseling and advocacy services
4. Motivational messages
5. Cessation services, if appropriate

6. Incentives to maintain a healthy lifestyle
7. Follow-up assessment
8. Maintenance and relapse prevention services

(cf. 5146 – Married/Pregnant/Parenting Students)

Regulation approved: 3/89

Regulation revised: 10/94; 7/02; 11/02; 10/09; 1/14/13