

**Newport-Mesa Unified School District
Office of Career Technical Education
High School Course of Study**

COSMETOLOGY 1A/B

DATE: 07/03/2024

INDUSTRY SECTOR: Fashion and Interior Design

PATHWAY: Personal Services (Pathway 162) - Cosmetology (Sub-Pathway 162C)
(This course will also include content from the Makeup Artistry and Manicuring sub-pathways)

CALPADS TITLE: Cosmetology 1A/1B

CALPADS CODE: 7837 (Concentrator)

HOURS:

Total	Classroom	Laboratory/CC/CVE
134	86	48

JOB TITLE	ONET CODES	JOB TITLE	ONET CODES
Barber	39-5011.00	Skincare Specialists	39-5094.00
Hairdressers, Hairstylists, and Cosmetologists	39-5012.00	Shampoos	39-5093.00
Manicurists and Pedicurists Bright Outlook	39-5092.00	Personal Care and Service Workers, All Other	39-9099.00

COURSE DESCRIPTION:

Cosmetology 1A

Interested in a career in cosmetology? This course provides an introduction to the basics of cosmetology. Students will explore career options in the field of cosmetology, learn about the common equipment and technologies used by cosmetologists, and examine the skills and characteristics that make someone a good cosmetologist. Students will also learn more about some of the common techniques used in caring for hair, nails, and skin in salons, spas, and other cosmetology related businesses.

Cosmetology 1B

Helping people put their best face forward is a growing, vibrant industry which needs skilled and personable, professionals well-versed in the latest trends and technological advances. In this course, students will experience what the day-to-day life of a cosmetologist is like. They will discover that cosmetology is much more than knowing and applying techniques. Additionally, students will explore skin care and facials, learn how to give manicures and pedicures and how to apply artificial nails, and gain an understanding of different hair removal techniques.

PREREQUISITES: None
Counselor Approval

High School Name:	Site Prerequisite:
Monte Vista independent Study	Counselor Approval for full time or concurrent students

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A – G APPROVAL: Yes No Desired

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ARTICULATION:

High School Name:	College Name:	College Course Title:
N/A		

LEVEL: Participant Introductory Concentrator Capstone

CERTIFICATION: NA OR OSHA-10

High School Name:	Embedded/Leads to:	Description:
Monte Vista Independent Study	N/A	N/A

METHOD OF STUDENT EVALUATION:

- ✓ Checks for Understanding
- ✓ Interactive Instruction
- ✓ Lesson Quizzes
- ✓ Unit Critical Thinking Questions
- ✓ Unit Activities
- ✓ Unit Projects
- ✓ Vocabulary Flashcards
- ✓ Unit Quizzes
- ✓ Midterm
- ✓ Final Exam

METHOD OF INSTRUCTION:

- ✓ Lesson Readings
- ✓ Digital Content
- ✓ Checks for Understanding
- ✓ Interactive Instruction
- ✓ Unit Podcast
- ✓ Unit Critical Thinking Questions
- ✓ Vocabulary Flashcards
- ✓ Weekly Teacher Instructional Meeting
- ✓ Guest Speakers
- ✓ Field Trips

RECOMMENDED TEXTS OR SOFTWARE:

Edgenuity Software

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MODEL CTE PATHWAY:

Grade:	Fall Semester:	Spring Semester:
9-11	Cosmetology 1A	Cosmetology 1B
10-12	Cosmetology 2A	Cosmetology 2B

CALIFORNIA CAREER TECHNICAL EDUCATION MODEL CURRICULUM STANDARDS

California Department of Education CTE Standards website: <http://www.cde.ca.gov/ci/ct/sf/ctemcstandards.asp>

**INDUSTRY SECTOR
KNOWLEDGE AND PERFORMANCE ANCHOR STANDARDS**

1.0 Academics

Analyze and apply appropriate academic standards required for successful industry sector pathway completion leading to postsecondary education and employment. Refer to the Fashion and Interior Design academic alignment matrix for identification of standards.

2.0 Communications

Acquire and accurately use Fashion and Interior Design sector terminology and protocols at the career and college readiness level for communicating effectively in oral, written, and multimedia formats. (Direct alignment with LS 9-10, 11-12.6)

2.1 Recognize the elements of communication using a sender–receiver model.

2.2 Recognize the use of style guides in industry.

2.3 Identify barriers to accurate and appropriate communication.

2.4 Interpret verbal and nonverbal communications and respond appropriately.

2.5 Demonstrate elements of written and electronic communication such as accurate spelling, grammar, and format.

2.6 Communicate information and ideas effectively to multiple audiences using a variety of media and formats.

2.7 Advocate and practice safe, legal, and responsible use of digital media information and communications technologies.

3.0 Career Planning and Management

Integrate multiple sources of career information from diverse formats to make informed career decisions, solve problems, and manage personal career plans. (Direct alignment with SLS 11-12.2)

3.1 Identify personal interests, aptitudes, information, and skills necessary for informed career decision making.

3.2 Evaluate personal character traits such as trust, respect, and responsibility and understand the impact they can have on career success.

3.3 Explore how information and communication technologies are used in career planning and decision making.

3.4 Research the scope of career opportunities available and the requirements for education, training, certification, and licensure.

3.5 Integrate changing employment trends, societal needs, and economic conditions into career planning.

3.6 Recognize the role and function of professional organizations, industry associations, and organized labor in a productive society.

3.7 Recognize the importance of small business in the California and global economies.

3.8 Understand how digital media are used by potential employers and postsecondary agencies to evaluate candidates.

3.9 Develop a career plan that reflects career interests, pathways, and postsecondary options.

4.0 Technology

Use existing and emerging technology to investigate, research, and produce products and services, including new information, as required in the Fashion and Interior Design sector workplace environment. (Direct alignment with WS 11-12.6)

4.1 Use electronic reference materials to gather information and produce products and services.

4.2 Employ Web-based communications responsibly and effectively to explore complex systems and issues.

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- 4.3 Use information and communication technologies to synthesize, summarize, compare, and contrast information from multiple sources.
- 4.4 Discern the quality and value of information collected using digital technologies, and recognize bias and intent of the associated sources.
- 4.5 Research past, present, and projected technological advances as they impact a particular pathway.
- 4.6 Assess the value of various information and communication technologies to interact with constituent populations as part of a search of the current literature or in relation to the information task.

5.0 Problem Solving and Critical Thinking

Conduct short, as well as more sustained, research to create alternative solutions to answer a question or solve a problem unique to the Fashion and Interior Design sector using critical and creative thinking, logical reasoning, analysis, inquiry, and problem-solving techniques. (Direct alignment with WS 11-12.7)

- 5.1 Identify and ask significant questions that clarify various points of view to solve problems.
- 5.2 Solve predictable and unpredictable work-related problems using various types of reasoning (inductive, deductive) as appropriate.
- 5.3 Use systems thinking to analyze how various components interact with each other to produce outcomes in a complex work environment.
- 5.4 Interpret information and draw conclusions, based on the best analysis, to make informed decisions.

6.0 Health and Safety

Demonstrate health and safety procedures, regulations, and personal health practices and determine the meaning of symbols, key terms, and domain-specific words and phrases as related to the Fashion and Interior Design sector workplace environment. (Direct alignment with RSTS 9-10, 11-12.4)

- 6.1 Locate, and adhere to, Material Safety Data Sheet (MSDS) instructions.
- 6.2 Interpret policies, procedures, and regulations for the workplace environment, including employer and employee responsibilities.
- 6.3 Use health and safety practices for storing, cleaning, and maintaining tools, equipment, and supplies.
- 6.4 Practice personal safety when lifting, bending, or moving equipment and supplies.
- 6.5 Demonstrate how to prevent and respond to work-related accidents or injuries; this includes demonstrating an understanding of ergonomics.
- 6.6 Maintain a safe and healthful working environment.
- 6.7 Be informed of laws/acts pertaining to the Occupational Safety and Health Administration (OSHA).

7.0 Responsibility and Flexibility

Initiate, and participate in, a range of collaborations demonstrating behaviors that reflect personal and professional responsibility, flexibility, and respect in the Fashion and Interior Design sector workplace environment and community settings. (Direct alignment with SLS 9-10, 11-12.1)

- 7.1 Recognize how financial management impacts the economy, workforce, and community.
- 7.2 Explain the importance of accountability and responsibility in fulfilling personal, community, and workplace roles.
- 7.3 Understand the need to adapt to changing and varied roles and responsibilities.
- 7.4 Practice time management and efficiency to fulfill responsibilities.
- 7.5 Apply high-quality techniques to product or presentation design and development.
- 7.6 Demonstrate knowledge and practice of responsible financial management.
- 7.7 Demonstrate the qualities and behaviors that constitute a positive and professional work demeanor, including appropriate attire for the profession.
- 7.8 Explore issues of global significance and document the impact on the Fashion and Interior Design sector.

8.0 Ethics and Legal Responsibilities

Practice professional, ethical, and legal behavior, responding thoughtfully to diverse perspectives and resolving contradictions when possible, consistent with applicable laws, regulations, and organizational norms. (Direct alignment with SLS 11-12.1d)

- 8.1 Access, analyze, and implement quality assurance standards of practice.
Identify local, district, state, federal, and international regulatory agencies and nongovernmental entities, as well as laws and regulations, related to the Fashion and Interior Design industry sector.
- 8.2 Demonstrate ethical and legal practices consistent with Fashion and Interior Design sector workplace standards.
- 8.3 Explain the importance of personal integrity, confidentiality, and ethical behavior in the workplace.
- 8.4 Analyze organizational culture and practices within the workplace environment.

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- 8.5 Adhere to copyright and intellectual property laws and regulations, and use and appropriately cite proprietary information.
- 8.6 Conform to rules and regulations regarding sharing of confidential information, as determined by Fashion and 8.7 Interior Design sector laws and practices.

9.0 Leadership and Teamwork

Work with peers to promote divergent and creative perspectives, effective leadership, group dynamics, team and individual decision making, benefits of workforce diversity, and conflict resolution as practiced in the career technical student organization (such as FCCLA). (Direct alignment with SLS 11-12.1b)

- 9.1 Define leadership and identify the responsibilities, competencies, and behaviors of successful leaders.
- 9.2 Identify the characteristics of successful teams, including leadership, cooperation, collaboration, and effective decision-making skills as applied in groups, teams, and career technical student organization activities.
- 9.3 Understand the characteristics and benefits of teamwork, leadership, and citizenship in the school, community, and workplace setting.
- 9.4 Explain how professional associations and organizations (such as FCCLA) and associated leadership development and competitive career development activities enhance academic preparation, promote career choices, and contribute to employment opportunities.
- 9.5 Understand that the modern world is an international community and requires an expanded global view.
- 9.6 Respect individual and cultural differences and recognize the importance of diversity in the workplace.
- 9.7 Participate in interactive teamwork to solve real Fashion and Interior Design sector issues and problems.

10.0 Technical Knowledge and Skills

Apply essential technical knowledge and skills common to all pathways in the Fashion and Interior Design sector, following procedures when carrying out experiments or performing technical tasks. (Direct alignment with WS 11-12.6)

11.0 Demonstration and Application

Demonstrate and apply the knowledge and skills contained in the Fashion and Interior Design anchor standards, pathway standards, and performance indicators in classroom, laboratory and workplace settings and through the career technical student organization (FCCLA).

- 11.1 Utilize work-based/workplace learning experiences to demonstrate and expand upon knowledge and skills gained during classroom instruction and laboratory practices specific to the Fashion and Interior Design sector program of study.
- 11.2 Demonstrate proficiency in a career technical pathway that leads to certification, licensure, and/or continued learning at the postsecondary level.
- 11.3 Demonstrate entrepreneurship skills and knowledge of self-employment options and innovative ventures.
- 11.4 Employ entrepreneurial practices and behaviors appropriate to Fashion and Interior Design sector opportunities.
- 11.5 Create a portfolio, or similar collection of work, that offers evidence through assessment and evaluation of skills and knowledge competency as contained in the anchor standards, pathway standards, and performance indicators.

Semester A

CR = Classroom Hours LAB/CC = Laboratory/Shop/Community Classroom Hours

I.	Introduction to Cosmetology	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: What Cosmetologists Do ● Lesson 02: The Field of Cosmetology ● Lesson 03: Cosmetology Specializations ● Lesson 04: Massage and Other Cosmetology Careers ● Lesson 05: Growth in the Cosmetology Field ● Lesson 06: Professional Certification in Cosmetology 	4 hours, 14 minutes		<p>Academic: LS 9-10, 11-12.6 SLS 11-12.2, 11-12.1d, 11-12.1b WS 11-12.6</p> <p>CTE Anchor: 1.0, 2.0, 3.0, 8.0, 9.0, 10.0</p> <p>Pathway: C.1.1, C1.2, C1.4, C12.1</p>

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II.	Unit Title: Basic Biology for Cosmetologists	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: How the Body Works ● Lesson 02: The Body's Building Blocks ● Lesson 03: Common Ways Cosmetology and Healthcare Coincide ● Lesson 04: Natural Remedies ● Lesson 05: Facial Basics 	5 hours 33 minutes		Academic: LS 9-10, 11-12.6 WS 11-12.7 RSTS 9-10, 11-12.4 CTE Anchor: 1.0, 2.0, 5.0, 6.0 Pathway: C3.0
III.	Unit Title: Standards and Safety	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Regulating Cosmetology ● Lesson 02: Occupational Safety and Health ● Lesson 03: Ensuring Sanitation, Disinfection, and Sterilization ● Lesson 04: Emergencies Involving Chemical Overexposure ● Lesson 05: Emergencies Involving Chemical Spills or Blood 	4 hours, 46 minutes		Academic: LS 9-10, 11-12.6 WS 11-12.6, 11-12.7 RSTS 9-10, 11-12.4 SLS 9-10, 11-12.1, 11-12.1d CTE Anchor: 1.0, 2.0, 4.0, 5.0, 6.0, 7.0, 8.0 Pathway: C3.1, C3.3, C3.4
IV.	Unit Title: Legal and Ethical Standards	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Presenting as a Professional ● Lesson 02: Ethics in Cosmetology ● Lesson 03: Ethical Violations ● Lesson 04: Liability—What It Means for You ● Lesson 05: Legal and Ethical Standards 	6 hours 33 minutes		Academic: LS 9-10, 11-12.6 SLS 11-12.1d CTE Anchor: 1.0, 2.0, 8.0 Pathway: C2.2, C2.3, C2.4, C2.5, C5.2, C6.3, C6.4
V.	Unit Title: Providing Services	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Beauty and Science ● Lesson 02: It's All About pH Levels ● Lesson 03: Shampoo and Hairstyling Services ● Lesson 04: Color, Curl, and Skin Services ● Lesson 05: Nail Services ● Lesson 06: Beauty in Different Cultures 	5 hours, 1 minute		Academic: LS 9-10, 11-12.6 WS 11-12.6 CTE Anchor: 1.0, 2.0, 4.0, 10.0 Pathway: C2.1, C5.1, C5.3, C6.1
VI.	Unit Title: Tools of the Trade	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Beauty Salon 911 ● Lesson 02: Selecting and Using Tools for Working with Hair 	5 hours, 48 minutes		Academic: LS 9-10, 11-12.6 WS 11-12.6 CTE Anchor: 1.0, 2.0, 4.0, 10.0

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	<ul style="list-style-type: none"> Lesson 03: Selecting and Using Tools for Working with Nails Lesson 04: Selecting and Using Tools for Working with Skin Lesson 05: Hair through the Ages Lesson 06: New Trends 			Pathway: C4.1, C4.2, C4.3, C4.4, C8.1, C11.1
VII.	Unit Title: The Basis of the Business—The Client	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: The Evolution of the Nail Salon Lesson 02: Doing Nails at Home and Salon Entrepreneurship Lesson 03: Getting to Know Your Clients Lesson 04: Serving Your Clients Lesson 05: Keeping Track of Clients and Your Business 	4 hours 46 minutes		Academic: LS 9-10, 11-12.6 WS 11-12.6 SLS 11-12.1b CTE Anchor: 1.0, 2.0, 4.0, 9.0, 10.0 Pathway: C8.0, C7.0, C9.4, C10.3, C10.5
VIII.	Unit Title: Creating a Thriving Cosmetology Business	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: Being on Trend Lesson 02: Making Your Business Appealing Lesson 03: Growing Your Business with Technology and Recommendations Lesson 04: Attracting Clients and Keeping Them Happy Lesson 05: Handling Conflicts and Complaints 	5 Hours 33 Minutes		Academic: LS 9-10, 11-12.6 WS 11-12.6, 11-12.7 SLS 11-12.1d, 11-12.1b CTE Anchor: 1.0, 2.0, 4.0, 5.0, 8.0, 9.0, 10.0 Pathway:
IX.	Unit Title: Basic Business Skills and Skin Care	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: Finding the Best Fit Lesson 02: Types of Employment Lesson 03: Getting to Know the Skin You're In Lesson 04: Skin Color and Foundation Lesson 05: Skin Care 	4 Hours, 46 Minutes		Academic: LS 9-10, 11-12.6 SLS 11-12.2 WS 11-12.6 CTE Anchor: 1.0, 2.0, 3.0, 10.0 Pathway: C7.0
X.	Unit Title: Marketing Your Cosmetology Business	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: Creating Your Own Opportunities Lesson 02: Developing Your Leadership Skills Lesson 03: Managing Supplies and Equipment Lesson 04: Finding and Keeping Clients 	5 Hours, 46 Minutes		Academic: LS 9-10, 11-12.6 SLS 11-12.1b WS 11-12.6 CTE Anchor: 1.0, 2.0, 9.0, 10.0 Pathway: C2.5, C5.4, C6.2, C7.2, C7.3, C8.0

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	<ul style="list-style-type: none"> Lesson 05: Understanding Your Clientele 			
		CR	LAB/CC	
			25 hours (1 field trip, 1 speaker, 18 weekly in-person meetings)	

Semester B

CR = Classroom Hours LAB/CC = Laboratory/Shop/Community Classroom Hours

I.	Working in a Salon	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: Anatomy and Skin Disorders Lesson 02: Keeping it Clean Lesson 03: Safety in a Salon Lesson 04: Professional Image 	4 hours, 31 minutes		Academic: LS 9-10, 11-12.6 RSTS 9-10, 11-12.4 SLS 11-12.1b CTE Anchor: 1.0, 2.0, 6.0, 9.0 Pathway: C3.4, C5.3, C6.3, D7.5
II.	Nails: Basics of Fingers and Toes	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: Nail Anatomy Lesson 02: Nail Care Lesson 03: Manicures Lesson 04: Don't Forget the Toes! 	5 hours 18 minutes		Academic: LS 9-10, 11-12.6 WS 11-12.6 CTE Anchor: 1.0, 2.0, 10.0, 11.0 Pathway: C8.2, C10.1, C10.2
III.	Nail Enhancements: From Tips to Wraps	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: Nail Preparation and Nail Tips Lesson 02: Working with Acrylics Lesson 03: Working with Gel Lesson 04: Nail Wraps Lesson 05: Nail Enhancements 	5 hours, 33 minutes		Academic: LS 9-10, 11-12.6 RSTS 9-10, 11-12.4 WS 11-12.6 CTE Anchor: 1.0, 2.0, 6.0, 10.0, 11.0 Pathway: C8.2, C10.1, C10.2
IV.	Specialty Treatments	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> Lesson 01: Express and Spa Services Lesson 02: Classic Manicures Lesson 03: French Manicures Lesson 04: Nail Sculpting Lesson 05: Nail Artistry 	6 hours 33 minutes		Academic: LS 9-10, 11-12.6 RSTS 9-10, 11-12.4 WS 11-12.6 CTE Anchor: 1.0, 2.0, 6.0, 10.0, 11.0

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				Pathway: C8.2, C10.1, C10.2
V.	Skin Care: Facials	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Skin Analysis ● Lesson 02: Skin Care Products and Tools ● Lesson 03: Science for the Skin ● Lesson 04: Giving a Facial ● Lesson 05: Personalizing Facials 	5 hours, 33 minute		Academic: LS 9-10, 11-12.6 RSTS 9-10, 11-12.4 WS 11-12.6 CTE Anchor: 1.0, 2.0, 6.0, 10.0, 11.0 Pathway: C8.1, C8.2, C10.1, C10.2
VI.	Skin Care: Hair Removal	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Makeup Products ● Lesson 02: Makeup Strategies ● Lesson 03: Applying Makeup ● Lesson 04: Eyes in Focus 	4 hours, 16 minutes		Academic: LS 9-10, 11-12.6 RSTS 9-10, 11-12.4 WS 11-12.6 CTE Anchor: 1.0, 2.0, 6.0, 10.0, 11.0 Pathway: C8.2, C10.1, C10.2
VII.	Skin Care: Makeup for Every Face	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Makeup Products ● Lesson 02: Makeup Strategies ● Lesson 03: Applying Makeup ● Lesson 04: Eyes in Focus 	4 hours 31 minutes		Academic: LS 9-10, 11-12.6 RSTS 9-10, 11-12.4 WS 11-12.6 CTE Anchor: 1.0, 2.0, 6.0, 10.0, 11.0 Pathway: C8.2, C10.1, C10.2
VIII.	Expanding Your Skills	CR	LAB/CC	STANDARDS
	<ul style="list-style-type: none"> ● Lesson 01: Next Steps in Cosmetology ● Lesson 02: Getting a Job in Cosmetology ● Lesson 03: Owning a Cosmetology Business 	6 Hours, 3 Minutes		Academic: LS 9-10, 11-12.6 SLS 11-12.2 CTE Anchor: 1.0, 2.0, 3.0 Pathway: C1.1, C1.2, C4.1, C6.0, C9.4
		CR	LAB/CC	
			25 hours (1 field trip, 1 speaker, 18 weekly in-person meetings)	