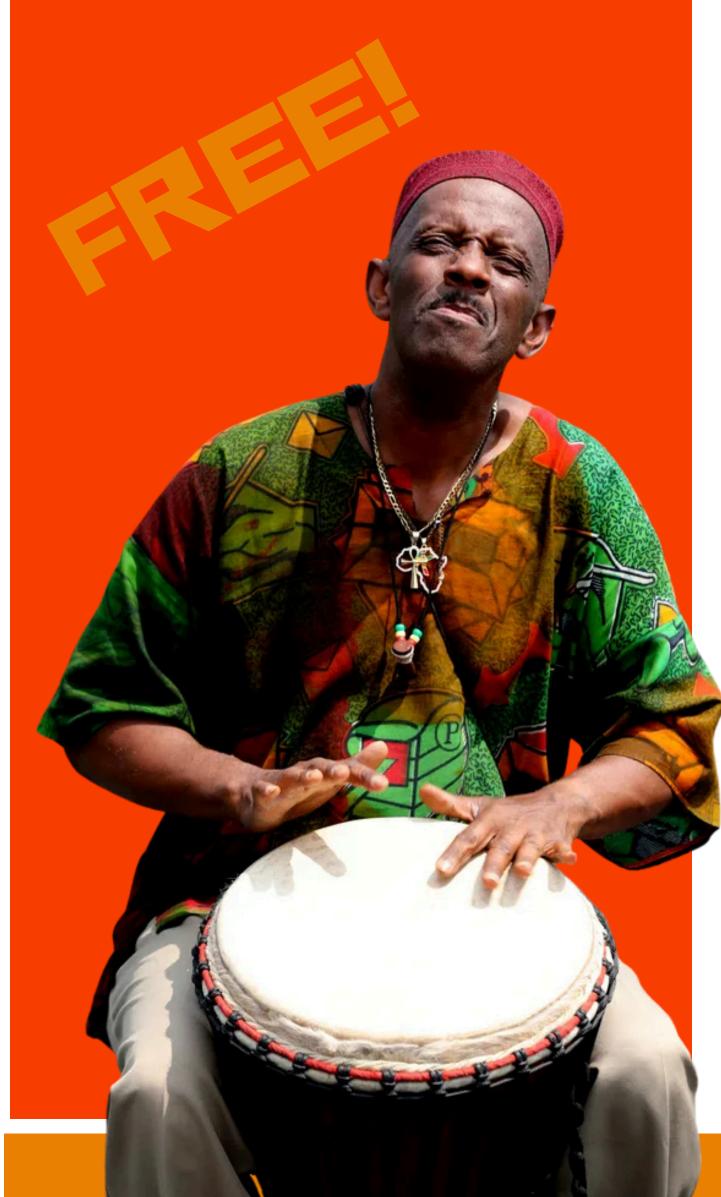
HFRICHN DRUMMING & GARDEN ACTIVITIES FUR KIDS

A FREE SATURDAY CAMP BLENDING AFRICAN DRUMMING, IMMERSIVE GARDEN EDUCATION, AND WELLNESS FOR LOCAL YOUTH



THE RHYTHM OF NATURE IS A FULL-DAY WORKSHOP HELD IN THE SAFE SETTING OF THE HISTORIC BEATRIX FARRAND GARDEN. THROUGH MUSIC, MOVEMENT, AND HANDS-ON NATURE ACTIVITIES, THE PROGRAM SUPPORTS MENTAL WELL-BEING, ENCOURAGES CULTURAL AWARENESS, AND HELPS KIDS BUILD CONFIDENCE AND

CONNECTION—ALL WHILE HAVING FUN OUTDOORS.

SATURDAYS | 9:00 AM – 3:30 PM JULY 12, JULY 26, AUG 2, AUG 23 (REGISTER FOR ONE OR MORE)

100% FREE TO PARTICIPATE ALL MATERIALS AND LUNCH INCLUDED ADULT TO CAMPER RATIO 1:5

AGES 8-12 | FREE | RAIN OR SHINE

bfgahydepark.org/kids



PAID FOR IN PART BY DUTCHESS COUNTY AND HRVNHA



MAURICE D. HINCHEY Hudson River Valley National Heritage Area



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