

This summer, wellness becomes an adventure! Join our Sizzlin'
Summer Challenge, a BINGO-style scavenger hunt designed to get
you out and about - exploring new places, engaging in fun activities, and
prioritizing your well-being in the most exciting way.

JULY BINGO CARD 7/1 - 7/31, 2025 AUGUST BINGO CARD 8/1 - 8/29, 2025

How it Works

You'll receive a BINGO card filled with local spots to visit and wellness-inspired activities to try. Complete **five in a row** - across, down, or diagonally - to score BINGO. Or go for a **full card blackout** and take your summer to the next level!

Take a selfie at each BINGO experience. Once you get BINGO or full card blackout, follow the link on your BINGO card and **upload your selfies to mark the square.**

- July BINGO submissions due by 7/31/25
- August BINGO submissions due by 8/29/25

3 Ways to WIN!

- Any person who submits their card with BINGO for that month, wins **100 points** toward their Be Your Best Incentive
- First person to submit their card with BINGO for that month's card, wins **250 points** toward their Be Your Best Incentive.
- For you overachievers, the first person to submit their card with full card blackout (all squares filled) wins **500 points** toward their Be Your Best Incentive.



Questions? -

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