



Chandler Unified School District #80

Hand, Foot & Mouth Disease

Date:

Dear Parent/Guardian,

Hand, Foot, and Mouth Disease has been reported in your student's class.

Hand, Foot, and Mouth Disease is a viral illness.

Symptoms may include:

- Fever
- Reduced appetite
- Sore Throat
- Sores or blisters on mouth, palms, soles of feet 1-2 days after fever

Transmission occurs when a person has contact with secretions from the nose, mouth, and throat, stool to mouth spread by way of unwashed hands, or foods contaminated by unwashed hands. Students with these signs and symptoms need to contact their healthcare provider for confirmation of illness and treatment.

Incubation Period: 3-6 days

Contagious Period: days to weeks after infections

Recommended Actions:

- Please notify your school's health office if diagnosed with Hand, Foot, and Mouth Disease.
- Students are excluded from school until fever free and feel well enough to return. Young students with mouth sores and uncontrolled drooling will be excluded.

Prevention: Proper hand washing with soap and water. Clean and disinfect surfaces and soiled items (including toys)

Above information from Arizona Department of Health Services.

Thank you,