



Chandler Unified School District #80

Head Lice (Pediculosis)

Date:

Dear Parent/Guardian,

Head Lice has been reported in your student's class.

Head Lice are parasites that are generally found on the head, eyebrows or eyelashes of individuals.

Symptoms may include:

Small red bumps from scratching

Lice eggs (nits) are yellow, tan, or brown dots on the hair near the scalp

Adult lice and nymphs are the size of a sesame seed, grayish white or tan.

Transmission of head lice occurs by direct head-to-head contact or indirectly through the sharing of clothing, linens, pillows, hats, helmets, combs, brushes, or barrettes. Lice cannot fly or jump. Carpeted or upholstered items and stuffed animals can harbor head lice.

Incubation Period: 1-2 days off the body

Contagious Period: Lice are contagious (but they do not spread disease) and can be hard to get rid of if the correct steps are not taken.

Recommended Actions:

- There are many over the counter products for the treatment of lice. Contact a health care provider for guidance, specifically if live lice are present after two treatments.
- Wash recently used clothing, bedding, towels, combs, and brushes with soap and hot water (at least 130 degrees) for 10 minutes or dry clean.
- Place items that cannot be cleaned (i.e. stuffed animals) in a sealed plastic bag for 10-14 days.
- Vacuum carpets, mattresses, upholstered furniture.
- Please notify your school's health office if diagnosed with Lice.

Prevention: Do not share clothes, hats, combs, brushes, or bedding or have direct head to head contact with someone who has lice.

Above information from Arizona Department of Health Services.

Thank you,