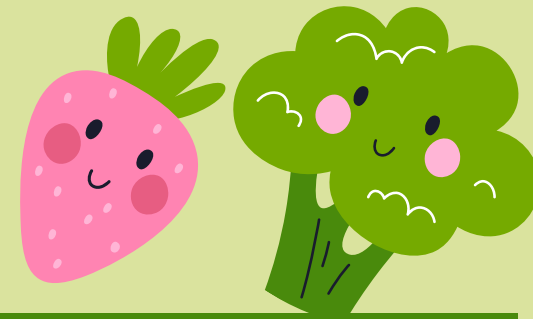




# Liberty Elementary

## Healthy Summer Meals



	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Breakfast Each Week	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK	WAFFLE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	PANCAKE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE-1/2C 8 OZ 1% MILK	FRENCH TOAST-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST BAR-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK
Lunch June 4th- June 10th	PIZZA POCKET-2M/6 BABY CARROTS- ½C SOUR RAISINS- ½C 8 OZ 1% MILK	QUESADILLA-2M/6 SALSA CUP- ½C FRESH GRAPES- ½C 8 OZ 1% MILK	CHICKEN NUGGETS- 2M/2G GREEN BEANS- ½C DICED PEACHES- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G CELERY STICKS- ½C WHOLE ORANGE - ½ C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C APPLESAUCE-½C 8 OZ 1% MILK	CORN DOG-2M/2G BROCCOLI-½C APPLE SLICES-½C 8 OZ 1% MILK	GRILLED CHEESE- 2M/2G CUCUMBERS-½C BANANA-½C 8 OZ 1% MILK
Lunch June 11th- 17th	BOSCO STICK- 2M/2G MARINARA CUP- ½C APPLESAUCE- ½C 8 OZ 1% MILK	DRUMSTICK-2M/2G GREEN BEANS- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FRENCH TOAST- 2M/2G HASH BROWN- ½C DICED PEARS- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G BABY CARROTS- ½C FRESH ORANGE- ½C 8 OZ 1% MILK	PIZZA- 2M/2G CORN-½C APPLE SLICES-½C 8 OZ 1% MILK	TACO STICK -2M/2G CUCUMBERS- ½C GRAPES- ½C 8 OZ 1% MILK	SLIDER-2M/2G CAULIFLOWER- ½C BANANA- ½C 8 OZ 1% MILK
Lunch June 18th- 24rd	CALZONE-2M/2G BABY CARROTS-½C FRESH PEAR-½C 8 OZ 1% MILK	BURRITO-2M/6 SALSA CUP-½C FRESH GRAPESS-½C 8 OZ 1% MILK	CHICKEN TENDERS- 2M/2G GREEN BEANS-½C DICED PEACHES-½C 8 OZ 1% MILK	UNCRUSTABLE- 2M/2G CELERY STICKS-½C CRAISINS-½C 8 OZ 1% MILK	PIZZA-2M/2G CORN- ½ C WHOLE APPLE-½C 8 OZ 1% MILK	CHEESE CRUNCHERS- 2M/2G BROCCOLI- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FIESTADA -2M/2G CUCUMBERS- ½C BANANA- ½C 8 OZ 1% MILK

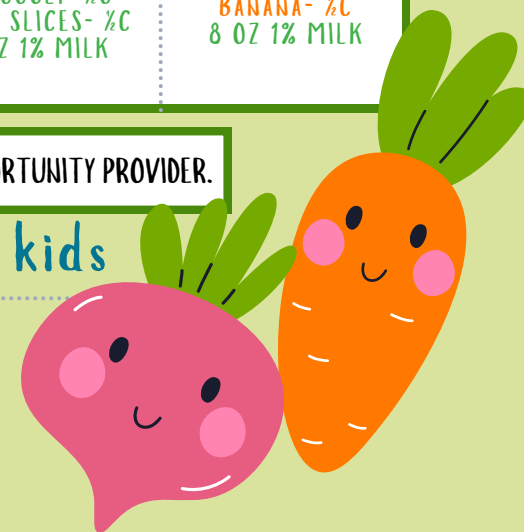
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FOOD STORAGE SYSTEM BY COLOR CODED MEAL COMPONENTS

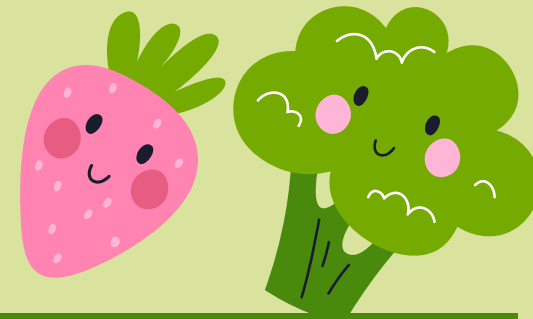
STORE IN FREEZER / STORE IN REFRIGERATOR / SHELF STABLE

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# Liberty Elementary Healthy Summer Meals



	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Breakfast Each Week	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK	WAFFLE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	PANCAKE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE-1/2C 8 OZ 1% MILK	FRENCH TOAST-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST BAR-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK
Lunch June 25th- July 1st	PIZZA POCKET-2M/6 BABY CARROTS- ½C SOUR RAISINS- ½C 8 OZ 1% MILK	QUESADILLA-2M/6 SALSA CUP- ½C FRESH GRAPES- ½C 8 OZ 1% MILK	CHICKEN NUGGETS- 2M/2G GREEN BEANS- ½C DICED PEACHES- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G CELERY STICKS- ½C ORANGE WEDGES- ½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C APPLESAUCE-½C 8 OZ 1% MILK	CORN DOG-2M/2G BROCCOLI-½C APPLE SLICES-½C 8 OZ 1% MILK	GRILLED CHEESE- 2M/2G CUCUMBERS-½C BANANA-½C 8 OZ 1% MILK
Lunch July 2nd- 8th	BOSCO STICK- 2M/2G MARINARA CUP- ½C APPLESAUCE- ½C 8 OZ 1% MILK	DRUMSTICK-2M/2G GREEN BEANS- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FRENCH TOAST- 2M/2G HASH BROWN- ½C DICED PEARS- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G BABY CARROTS- ½C FRESH ORANGE- ½C 8 OZ 1% MILK	PIZZA- 2M/2G CORN-½C MIXED FRUIT-½C 8 OZ 1% MILK	TACO STICK-2M/2G CUCUMBERS- ½C GRAPES- ½C 8 OZ 1% MILK	SLIDER-2M/2G CAULIFLOWER- ½C BANANA- ½C 8 OZ 1% MILK
Lunch July 9th-15th	CALZONE-2M/2G BABY CARROTS-½C APPLESAUCE-½C 8 OZ 1% MILK	BURRITO-2M/6 SALSA CUP-½C FRESH GRAPES-½C 8 OZ 1% MILK	CHICKEN TENDERS- 2M/2G GREEN BEANS-½C DICED PEACHES-½C 8 OZ 1% MILK	UNCRUSTABLE- 2M/2G CELERY STICKS-½C CRAISINS-½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C WHOLE APPLE-½C 8 OZ 1% MILK	CHEESE CRUNCHERS- 2M/2G BROCCOLI- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FIESTADA -2M/2G CUCUMBERS- ½C BANANA- ½C 8 OZ 1% MILK

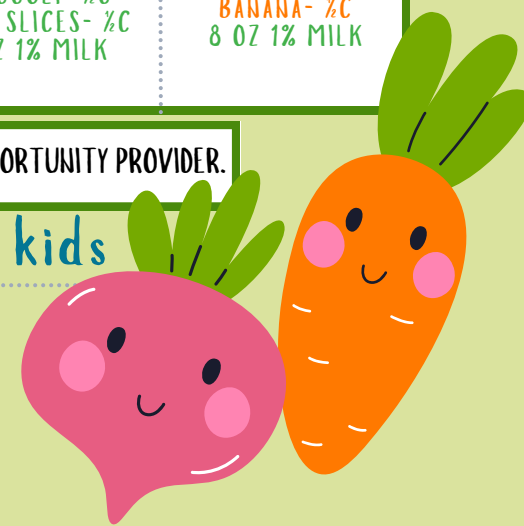
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FOOD STORAGE SYSTEM BY COLOR CODED MEAL COMPONENTS

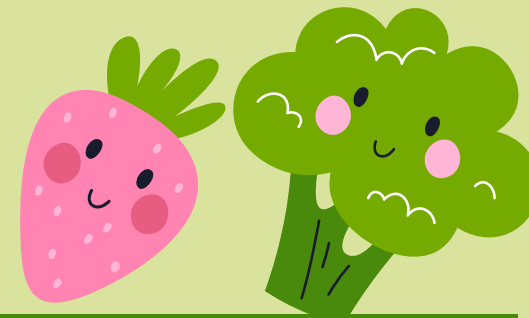
STORE IN FREEZER / STORE IN REFRIGERATOR / SHELF STABLE

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# Liberty Elementary Healthy Summer Meals



	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Breakfast Each Week	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK	WAFFLE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	PANCAKE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE-1/2C 8 OZ 1% MILK	FRENCH TOAST-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST BAR-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK
Lunch July 16th- 22nd	PIZZA POCKET-2M/6 BABY CARROTS- ½C SOUR RAISINS- ½C 8 OZ 1% MILK	QUESADILLA-2M/6 SALSA CUP- ½C FRESH GRAPES- ½C 8 OZ 1% MILK	CHICKEN NUGGETS- 2M/2G GREEN BEANS- ½C DICED PEACHES- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G CELERY STICKS- ½C ORANGE WEDGES- ½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C APPLESAUCE-½C 8 OZ 1% MILK	CORN DOG-2M/2G BROCCOLI-½C APPLE SLICES-½C 8 OZ 1% MILK	GRILLED CHEESE- 2M/2G CUCUMBERS-½C BANANA-½C 8 OZ 1% MILK
Lunch July 23rd- 29th	BOSCO STICK- 2M/2G MARINARA CUP- ½C APPLESAUCE- ½C 8 OZ 1% MILK	DRUMSTICK-2M/2G GREEN BEANS- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FRENCH TOAST- 2M/2G HASH BROWN- ½C DICED PEARS- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G BABY CARROTS- ½C FRESH ORANGE- ½C 8 OZ 1% MILK	PIZZA- 2M/2G CORN-½C MIXED FRUIT-½C 8 OZ 1% MILK	TACO STICK-2M/2G CUCUMBERS- ½C GRAPES- ½C 8 OZ 1% MILK	SLIDER-2M/2G CAULIFLOWER- ½C BANANA- ½C 8 OZ 1% MILK
Lunch July 30th-Aug 5th	CALZONE-2M/2G BABY CARROTS-½C APPLESAUCE-½C 8 OZ 1% MILK	BURRITO-2M/6 SALSA CUP-½C FRESH GRAPES-½C 8 OZ 1% MILK	CHICKEN TENDERS- 2M/2G GREEN BEANS-½C DICED PEACHES-½C 8 OZ 1% MILK	UNCRUSTABLE- 2M/2G CELERY STICKS-½C CRAISINS-½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C WHOLE APPLE-½C 8 OZ 1% MILK	CHEESE CRUNCHERS- 2M/2G BROCCOLI- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FIESTADA -2M/2G CUCUMBERS- ½C BANANA- ½C 8 OZ 1% MILK

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