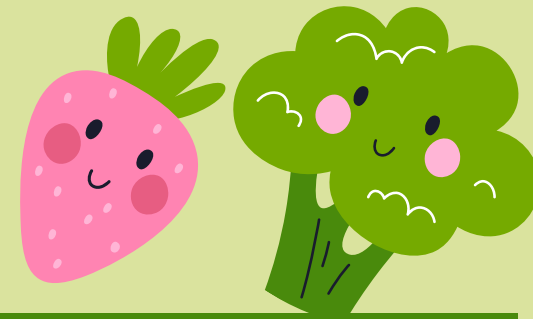




Cardington High School

Healthy Summer Meals



	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Breakfast Each Week	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK	WAFFLE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	PANCAKE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE-1/2C 8 OZ 1% MILK	FRENCH TOAST-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST BAR-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK
Lunch June 13th- June 19th	PIZZA POCKET-2M/6 BABY CARROTS- ½C SOUR RAISINS- ½C 8 OZ 1% MILK	QUESADILLA-2M/6 SALSA CUP- ½C FRESH GRAPES- ½C 8 OZ 1% MILK	CHICKEN NUGGETS- 2M/2G GREEN BEANS- ½C DICED PEACHES- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G CELERY STICKS- ½C ORANGE WEDGES- ½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C APPLESAUCE-½C 8 OZ 1% MILK	CORN DOG-2M/2G BROCCOLI-½C APPLE SLICES-½C 8 OZ 1% MILK	GRILLED CHEESE- 2M/2G CUCUMBERS-½C BANANA-½C 8 OZ 1% MILK
Lunch June 20th- 26th	BOSCO STICK- 2M/2G MARINARA CUP- ½C APPLESAUCE- ½C 8 OZ 1% MILK	DRUMSTICK-2M/2G GREEN BEANS- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FRENCH TOAST- 2M/2G HASH BROWN- ½C DICED PEARS- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G BABY CARROTS- ½C FRESH ORANGE- ½C 8 OZ 1% MILK	PIZZA- 2M/2G CORN-½C MIXED FRUIT-½C 8 OZ 1% MILK	TACO STICK-2M/2G CUCUMBERS- ½C GRAPES- ½C 8 OZ 1% MILK	SLIDER-2M/2G CAULIFLOWER- ½C BANANA- ½C 8 OZ 1% MILK
Lunch June 27th- July 3rd	CALZONE-2M/2G BABY CARROTS-½C APPLESAUCE-½C 8 OZ 1% MILK	BURRITO-2M/6 SALSA CUP-½C FRESH GRAPES-½C 8 OZ 1% MILK	CHICKEN TENDERS- 2M/2G GREEN BEANS-½C DICED PEACHES-½C 8 OZ 1% MILK	UNCRUSTABLE- 2M/2G CELERY STICKS-½C CRAISINS-½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C WHOLE APPLE-½C 8 OZ 1% MILK	CHEESE CRUNCHERS- 2M/2G BROCCOLI- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FIESTADA -2M/2G CUCUMBERS- ½C BANANA- ½C 8 OZ 1% MILK

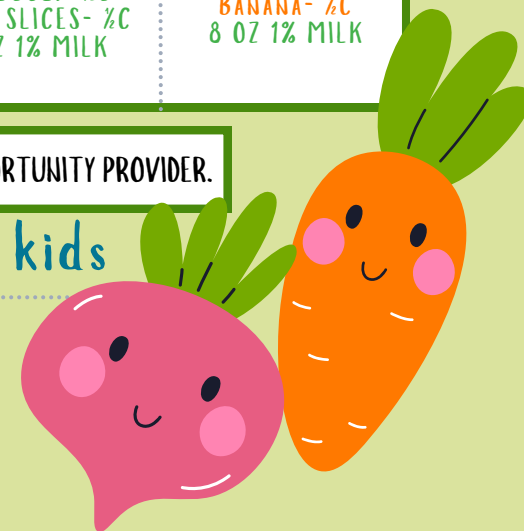
DUE TO OUT OF STOCK ITEMS, SUBSTITUTIONS MAY BE MADE FOR MEAL ITEMS WITHOUT NOTICE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

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FOOD STORAGE SYSTEM BY COLOR CODED MEAL COMPONENTS

STORE IN FREEZER / STORE IN REFRIGERATOR / SHELF STABLE

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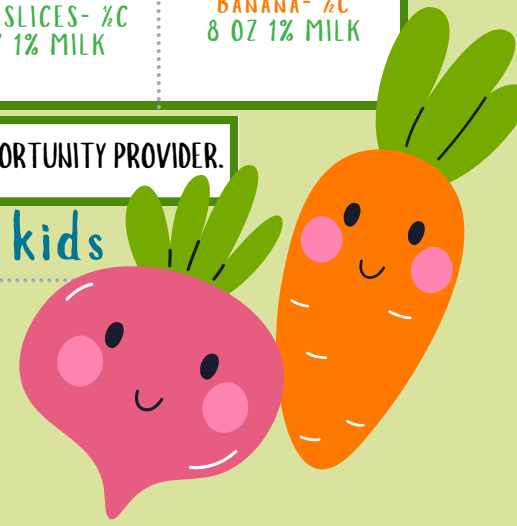
Cardington High School

Healthy Summer Meals



	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Breakfast Each Week	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK	WAFFLE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	PANCAKE-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE-1/2C 8 OZ 1% MILK	FRENCH TOAST-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST BAR-2G 4 OZ JUICE- ½C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- ½C 8 OZ 1% MILK
Lunch July 4th-July 10th	PIZZA POCKET-2M/6 BABY CARROTS- ½C SOUR RAISINS- ½C 8 OZ 1% MILK	QUESADILLA-2M/6 SALSA CUP- ½C FRESH GRAPES- ½C 8 OZ 1% MILK	CHICKEN NUGGETS- 2M/2G GREEN BEANS- ½C DICED PEACHES- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G CELERY STICKS- ½C ORANGE WEDGES- ½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C APPLESAUCE-½C 8 OZ 1% MILK	CORN DOG-2M/2G BROCCOLI-½C APPLE SLICES-½C 8 OZ 1% MILK	GRILLED CHEESE- 2M/2G CUCUMBERS-½C BANANA-½C 8 OZ 1% MILK
Lunch July 11th- 17th	BOSCO STICK- 2M/2G MARINARA CUP- ½C APPLESAUCE- ½C 8 OZ 1% MILK	DRUMSTICK-2M/2G GREEN BEANS- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FRENCH TOAST- 2M/2G HASH BROWN- ½C DICED PEARS- ½C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G BABY CARROTS- ½C FRESH ORANGE- ½C 8 OZ 1% MILK	PIZZA- 2M/2G CORN-½C MIXED FRUIT-½C 8 OZ 1% MILK	TACO STICK-2M/2G CUCUMBERS- ½C GRAPES- ½C 8 OZ 1% MILK	SLIDER-2M/2G CAULIFLOWER- ½C BANANA- ½C 8 OZ 1% MILK
Lunch July 18th- 24th	CALZONE-2M/2G BABY CARROTS-½C APPLESAUCE-½C 8 OZ 1% MILK	BURRITO-2M/6 SALSA CUP-½C FRESH GRAPES-½C 8 OZ 1% MILK	CHICKEN TENDERS- 2M/2G GREEN BEANS-½C DICED PEACHES-½C 8 OZ 1% MILK	UNCRUSTABLE- 2M/2G CELERY STICKS-½C CRAISINS-½C 8 OZ 1% MILK	PIZZA-2M/2G CORN-½C WHOLE APPLE-½C 8 OZ 1% MILK	CHEESE CRUNCHERS- 2M/2G BROCCOLI- ½C APPLE SLICES- ½C 8 OZ 1% MILK	FIESTADA -2M/2G CUCUMBERS- ½C BANANA- ½C 8 OZ 1% MILK

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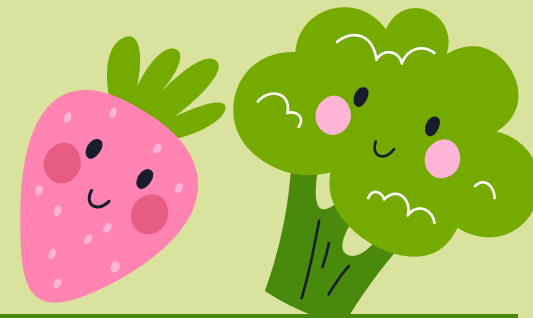
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Cardington High School

Healthy Summer Meals



	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Breakfast Each Week	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- %C 8 OZ 1% MILK	WAFFLE-2G 4 OZ JUICE- %C 8 OZ 1% MILK	PANCAKE-2G 4 OZ JUICE- %C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE-1/2C 8 OZ 1% MILK	FRENCH TOAST-2G 4 OZ JUICE- %C 8 OZ 1% MILK	BREAKFAST BAR-2G 4 OZ JUICE- %C 8 OZ 1% MILK	BREAKFAST KIT-1G GRAHAM-1G 4 OZ JUICE- %C 8 OZ 1% MILK
Lunch July 25th- 31th	PIZZA POCKET-2M/6 BABY CARROTS- %C SOUR RAISINS- %C 8 OZ 1% MILK	QUESADILLA-2M/6 SALSA CUP- %C FRESH GRAPES- %C 8 OZ 1% MILK	HAM AND CHEESE SUB 2M/2G GREEN BEANS- %C DICED PEACHES- %C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G CELERY STICKS- %C ORANGE WEDGES- %C 8 OZ 1% MILK	PIZZA-2M/2G CORN- %C APPLESAUCE- %C 8 OZ 1% MILK	FIESTADA STUFFED SANDWICH -2M/2G BROCCOLI- %C APPLE SLICES- %C 8 OZ 1% MILK	GRILLED CHEESE- 2M/2G CUCUMBERS- %C BANANA- %C 8 OZ 1% MILK
Lunch Aug 1st-7th	BOSCO STICK- 2M/2G MARINARA CUP- %C APPLESAUCE- %C 8 OZ 1% MILK	DRUMSTICK-2M/2G GREEN BEANS- %C APPLE SLICES- %C 8 OZ 1% MILK	FRENCH TOAST & SAUSAGE -2M/2G HASH BROWN- %C DICED PEARS- %C 8 OZ 1% MILK	UNCRUSTABLE-2M/2G BABY CARROTS- %C FRESH ORANGE- %C 8 OZ 1% MILK	PIZZA- 2M/2G CORN- %C MIXED FRUIT- %C 8 OZ 1% MILK	TACO STICKS- 2M/2G CUCUMBERS- %C GRAPES- %C 8 OZ 1% MILK	SLIDER-2M/2G CAULIFLOWER- %C BANANA- %C 8 OZ 1% MILK
Lunch Aug 8th-Aug 14th	CALZONE-2M/2G BABY CARROTS- %C APPLESAUCE- %C 8 OZ 1% MILK	BURRITO-2M/6 SALSA CUP- %C FRESH GRAPES- %C 8 OZ 1% MILK	HAM AND CHEESE SUB -2M/2G GREEN BEANS- %C DICED PEACHES- %C 8 OZ 1% MILK	UNCRUSTABLE- 2M/2G CELERY STICKS- %C CRAISINS- %C 8 OZ 1% MILK	PIZZA-2M/2G CORN- %C WHOLE APPLE- %C 8 OZ 1% MILK	SLIDERS - 2M/2G BROCCOLI- %C APPLE SLICES- %C 8 OZ 1% MILK	FIESTADA -2M/2G CUCUMBERS- %C BANANA- %C 8 OZ 1% MILK

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