

Chandler Unified School District #80
Blood Glucose Testing Skills Checklist

Trainee Name:		School:	
Trainer Name:		Year:	
		Random Skills Check	
Explanation/Demonstration	Performed Skill: Initial/Date	Initial/Date	Initial/Date
1. Verify procedure is prescribed for student.			
2. Assemble equipment: a. Lancet b. Lancet device c. Blood glucose test strip d. Blood glucose monitoring device e. Alcohol swabs f. Gloves			
3. Wash hands and put on gloves.			
4. Wash student's hands with soap and water or use alcohol pad to cleanse finger.			
5. Remove the cover/cap of the lancet device. Place a clean lancet/drum into the lancet device.			
6. Place the cover/cap back on the lancet.			
7. Place blood glucose test strip into the blood glucose monitoring device.			
8. Set the penetration depth if you have an adaptable lancet device.			
9. Cock the lancet device.			
10. Hold the lancet device firmly against the side of the student's finger.			
11. Push the spring release button on the side of the lancet device, and the lancet will make a small prick on the side of the student's finger.			
12. Gently squeeze finger to obtain drop of blood.			
13. Guide student's finger to the blood glucose test strip. Touch test strip to drop of blood.			
14. Follow the guidelines for proper disposal of lancet.			
15. Record blood glucose level on log sheet.			
Performed Tasks Appropriately (Yes or No, If No further evaluation required):			

**Initial and date in space beside each skill indicates procedure has been demonstrated in a competent manner.*

Trainee Signature	Date
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Trainer Signature	Date
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