

CENTRAL UNIFIED SCHOOL DISTRICT

POSITION DESCRIPTION

Position: Athletic Trainer

Classification: Classified

Reports to: Site Administrator

FLSA: Non-Exempt

Range: Classified Salary Schedule

EDUCATION AND EXPERIENCE

Education and/or Experience:

Any combination equivalent to four years of college, or a Bachelor's Degree. National Athletic Trainers' Association (NATA) Certified. Possess a valid Red Cross First Aid Card and CPR Card.

Certificate/License Requirement:

Valid California Driver's License and proof of insurance coverage.

Condition of Employment:

Insurability by the District liability insurance carrier.

SUMMARY

Under the supervision as assigned by the high school principal, performs the duties of the athletic trainer. The athletic trainer is a paramedical specialist in sports medicine. Athletic training is a health science concerned with injury prevention, recognition, and evaluation; including the management, treatment, disposition, rehabilitation, organization and administration, education and counseling of the injured.

SPECIFIC RESPONSIBILITIES

1. Injury Prevention--Create and carry out postseason, off-season, preseason and inseason conditioning programs to assist the athlete in gaining and maintaining maximum physical conditioning.
2. Injury Recognition and Evaluation—Through injury site palpations and estimations of range-of-motion, muscle strength, and joint flexibility and through neurological, sensory and motor tests determines the extent of the injury.
3. Injury Management/Treatment and Disposition—Administer proper emergency care and make prompt, appropriate medical referral.
4. Injury Rehabilitation—Under direction of physician, carries out a treatment regiment using a variety of therapeutic methods, supportive procedures, or other techniques to aid recovery.
5. Program Organization and Administration—Set up and carry out an effective athletic training program including detailed aspects of record keeping and facility upkeep. Recommends purchase of supplies and equipment for running of the training program. Recommends policies and procedures to be carried out for daily operation of the training room.
6. Education and Counseling—Instructs athletes about all aspects of their conditioning. Provide information on athletic training topics to coaches, faculty and the community. Provide ongoing instruction to assist trainers working in the training room. Counsel athletes on emotional problems, including sexuality, drug abuse and personal or social problems. For serious psychological difficulties, the trainer makes proper professional referrals.

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7. Other related duties as assigned.

SPECIFIC QUALIFICATIONS

Should possess personal characteristics generally recognized as essential for public employees including integrity, initiative, emotional maturity, dependability, courtesy, good judgment and ability to work cooperatively with others. Physical and mental capabilities are necessary to assume responsibilities involved in working with teachers, students, and parents; enthusiasm for and interest in the educational program, potential for growth, personal appearance, grooming and language patterns as satisfactory example for students.

Knowledge of:

- Guidance and supervision techniques.
- Basic concepts and principles of child development and behavioral characteristics;
- operating structure, principles, goals and objectives of the educational process;
- appropriate human relations and student needs.
- Oral and written communications skills.
- Interpersonal skills using tact, patience and courtesy.

Ability to:

- Communicate satisfactorily in oral and written form in English as necessary.
- Understand and carry out oral and written instructions;
- establish and maintain cooperative relations with students and adults and relate effectively with parents and community.

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