IT'S OKAY TO ASK FOR HELP

care solace

Calming the Chaos of Mental Health Care

Care Solace connects students, staff, and their families to care. At no cost to you, Care Solace will quickly and confidentially find available mental health and substance use providers matched to your needs.

Find the right help at the right time.

24/7/365 MULTILINGUAL SUPPORT

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.

CARE REGARDLESS OF INSURANCE

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.

EASY ACCESS TO CARE

Use Care Match, the self-serve website, to find a provider on your own.

GET CONNECTED TO CARE TODAY

888-515-0595

caresolace.com/centralusd

CRS

Please note: Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, call 9-1-1 or the National Suicide Hotline 9-8-8.