

Diabetic Release Student Self-Management Checklist

Student Name:		DOB:		
School	l:Grade:	Date:		
	Student is able to state Blood Glucose testing schedule	while at school	YES	NO
	Student is able to state where they will be checking the	ir blood glucose	YES	NO
	Student is able to state target Blood Glucose range		YES	NO
	Student can state signs of Hypoglycemia		YES	NO
	Student can state signs of Hyperglycemia		YES	NO
	Student is able to recognize and treat Hypoglycemia		YES	NO
	Student can explain treatment of Hyperglycemia		YES	NO
	Student can describe how to check Ketones		YES	NO
	Student will carry own diabetic management supplies a	t all times	YES	NO
	Student knows where extra diabetic supplies are stored		YES	NO
	Student understands that Health Assistant is available d hours for assistance with diabetic management and inte	6	YES	NO
	Student will go the health office with a friend if feeling	low or high	YES	NO
	Student will text their blood glucose numbers to parent	/guardian	YES	NO
	Student can demonstrate proficiency with syringe/pen/p	oump	YES	NO
	Student is able to calculate Insulin / Carb ratio		YES	NO
	Student is able to calculate Correction Factor		YES	NO

Parent/Guardian Signature:	_Date:
Student's Signature:	_Date:
District/School Nurse Signature:	_Date: