

Action Care Plan: Clean Intermittent Catheterization

Overview: The purpose of Clean Intermittent Catheterization is to regularly drain the bladder of urine by introducing a clean catheter (tube) into the bladder via urethra or suprapubic stoma per healthcare providers' orders and standard CIC technique and guidelines.

| Signs & Symptoms | Teacher's Action Plan |
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| <ul style="list-style-type: none"> • Fever with Chills • Increased Frequency or Urgency • Lower Abdominal Pain or Tenderness • Severe Abdominal Pain or Flank Pain • Lethargy • Vomiting • Diarrhea • Blood in Urine • Unable to Pass Catheter into Bladder and Drain Urine <p>In nonverbal or medically fragile students you may also see:</p> <ul style="list-style-type: none"> • Crying, Irritability • Foul Smelling Urine • Discolored Urine | <p>Call Health Office and notify Health Assistant or Nurse</p> |

WHEN TO CALL 911

Medical Emergencies: CALL 911 If Student Becomes Unresponsive

[illegible]