

## Action Care Plan: Bleeding Disorders

**Overview:** Bleeding disorders are a group of conditions that are a result of instances where the blood cannot clot properly. A person will bleed longer before a blood clot forms. The ability to form clots can be dangerous as it can lead to excessive bleeding when any injury occurs. The 2 most common forms of bleeding disorders are Hemophilia and von Willebrand Disease. These are both genetic disorders. There are a few different forms of Hemophilia but the action for injuries will be the same.

Signs & Symptoms	Teacher's Action Plan
<ul style="list-style-type: none"> <li>• Injury</li> <li>• Bruising easily</li> <li>• Frequent and uncontrollable nosebleeds</li> <li>• Swelling, warmth and redness especially at the joint</li> <li>• Bleeding from gums</li> </ul>	<ul style="list-style-type: none"> <li>• Minor scrapes, scratches and minor cuts standard treatment applies and make Health Office aware.</li> <li>• Believe student when any pain complaint is made.</li> <li>• Apply direct pressure to any injury that is bleeding and call parents if bleeding is over 15 minutes.</li> <li>• Send to Health Office if student is injured or reports a painful joint.</li> <li>• Any Head injury should be reported to Health Office and Parents.</li> <li>• Check "Activity Restriction form" to note if physical accommodations need to be made during times of high activity (PE/Recess/Sports)</li> </ul>

## WHEN TO CALL 911

**Signs/Symptoms of respiratory distress, shock, unconsciousness or loss of vital signs**

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