

Action Care Plan: Psychogenic Non-Epileptic Seizure (PNES)

Overview: PNES are attacks that may look like epileptic seizures but are not epileptic and instead are caused by psychological factors. Sometimes a specific traumatic event can be identified. PNES are sometimes referred to as psychogenic events, psychological events, or nonepileptic seizures (NES).

Seizures in PNES DO NOT cause damage to the Brain!

Signs & Symptoms	Teachers Action Plan
<ul style="list-style-type: none"> • May begin with an Aura • Will lose consciousness and fall • Body will Stiffen, followed by arms, legs and body showing uncoordinated, muscular jerking movements • Breathing will remain normal 	<ul style="list-style-type: none"> • Notify the Health Office • Help Student to floor if falling and position on side • Clear the area around the student of objects that may cause injury. • DO NOT RESTRAIN (other than to prevent injury) • DO NOT PUT ANYTHING IN THE MOUTH • During Seizure activity do not try to move the student. • You may even speak calmly to the student. • Notify the parents per the IHP • Stay with child until parents arrive

WHEN TO CALL 911

Follow the healthcare plan for PNES. There is not an immediate need to call 911 with PNES Unless the student is injured during the seizure activity, the activity lasts longer than indicated in healthcare plan.

School Year	Grade	Students Name with above Diagnosis in your Classroom: