

## Action Care Plan: Convulsive Seizure Disorder

**Overview:** Convulsive seizures (also called tonic-clonic seizures) are a sudden disturbance in the electrical activity in the brain and involve the whole body. They can cause rapid, rhythmic and sometimes violent shaking movements.

Signs & Symptoms	Teachers Action Plan
<ul style="list-style-type: none"> <li>• May begin with an aura or cry</li> <li>• Will lose consciousness and fall</li> <li>• Body will Stiffen, followed by arms, legs and body showing uncoordinated, muscular jerking movements</li> <li>• Shallow Breathing</li> <li>• Skin pale or blush</li> </ul>	<ul style="list-style-type: none"> <li>• Notify the Health Office</li> <li>• Help Student to floor if falling and position on side</li> <li>• Clear the area around the student of objects that may cause injury</li> <li>• <b>TIME THE SEIZURE</b></li> <li>• <b>DO NOT RESTRAIN (other than to prevent injury)</b></li> <li>• <b>DO NOT PUT ANYTHING IN THE MOUTH</b></li> <li>• Stay with child until fully conscious</li> </ul>

## WHEN TO CALL 911

**If any seizure lasts more than 5 minutes, if more than one seizure occurs, if there is absence in breathing after muscle jerks subside, or if there is no previous history of seizures:**

- *CALL 911 as per school guidelines.*
- **Check airway, breathing, circulation and initiate steps of CPR as needed.**

[illegible]