

FREE NARCAN

NASAL SPRAY DISTRIBUTION

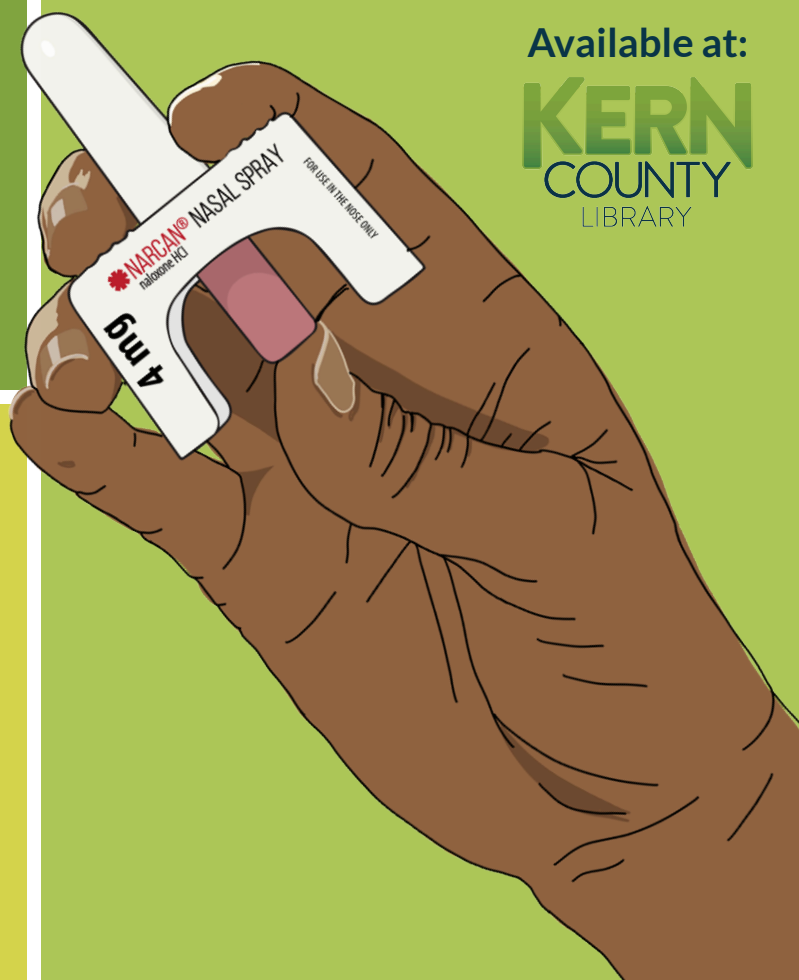
at your local Kern County Library



The Library is proud to join local efforts championed by Kern Behavioral Health & Recovery Services (KernBHRS) in becoming a naloxone (also known as brand Narcan) distributing organization by providing free Narcan to residents at our libraries throughout Kern County.

NARCAN (*Naloxone*) is a medicine that rapidly reverses an opioid overdose. It can quickly restore consciousness and regulate breathing for someone overdosing from an opioid drug. It has no effect on someone with no opioids in their system. Some examples of opioids include heroin, fentanyl, oxycodone, hydrocodone (Vicodin), codeine and morphine.

NARCAN is administered as a nasal spray to one nostril. It is easy to use and entirely needle free.



over 5,514
NALOXONE KITS
DISTRIBUTED

You can
save a life
Prevent Opioid Overdose

over 721
successful OVERDOSE
REVERSALS



In Partnership with:

BEHAVIORAL
HEALTH & RECOVERY
SERVICES

DRUG FREE
KERN

STAY CONNECTED



For more info, visit us at kernlibrary.org

#kernlibrary

NARCAN[®]

(naloxone HCl)
NASAL SPRAY 4mg

How to save a life . . .



and prevent opioid overdose.

Now
Available at your

KERN
COUNTY
LIBRARY

In Partnership with:

**DRUG FREE
KERN**



BEHAVIORAL
HEALTH & RECOVERY
SERVICES

How to Spot an Opioid Overdose

SIX SIGNS OF AN OPIOID OVERDOSE

- 1 Deep snoring or wheezing
- 2 Blue or grayish skin tint, usually starting in the lips & fingertips
- 3 Pale, clammy skin
- 4 Not responding to stimulation
- 5 Pulse is faint
- 6 Breathing is slow and irregular or has stopped

Risk Factors for an Opioid Overdose

Variations in drug strength & drug purity

Using alone

Having a lower tolerance due
to a period of abstinence

Having a low tolerance due
to lack of prior use

Switching the mode of administration

Poor physical health
(multiple medications)

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What to do if you think someone is experiencing an overdose

- Check responsiveness
- If unresponsive, administer Naloxone
- Call 911
- Administer rescue breathing or CPR
- Place person in recovery position (on their side)

You and your family members or caregivers should read the *Instructions for Use* that comes with NARCAN Nasal Spray before using it. Talk to your healthcare provider if you and your family members or caregivers have any questions about the use of NARCAN Nasal Spray.

IMPORTANT: For use in the nose only.

- Do not remove or test the NARCAN Nasal Spray until ready to use.
- Each NARCAN Nasal Spray has 1 dose & cannot be reused.
- You do not need to prep NARCAN Nasal spray.

How to use NARCAN Nasal Spray:

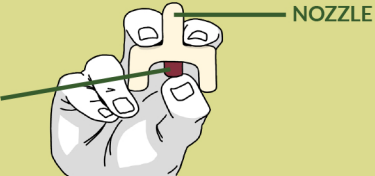
STEP 1 Lay the person on their back to receive a dose of NARCAN Nasal Spray.

STEP 2 Remove NARCAN Nasal Spray from the box. Peel back the tab with the circle to open the NARCAN Nasal Spray.

NOTE: NARCAN Nasal Spray freezes at temperatures below 5°F (-15°C). If this happens, the device will not spray. Get emergency medical help right away if this happens.



STEP 3



Hold the NARCAN Nasal Spray with your thumb on the bottom of the red plunger and your first and middle fingers on either side of the nozzle.

STEP 4 Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into one nostril until your fingers on either side of the nozzle are against the bottom of the person's nose.



STEP 5

Press the red plunger firmly to give the dose of NARCAN Nasal Spray.

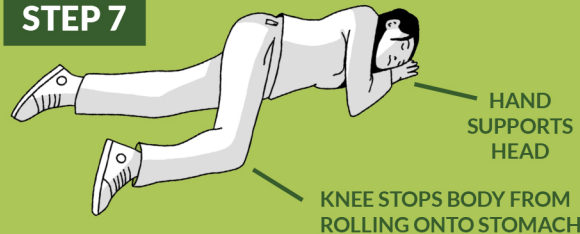


STEP 6 Remove the NARCAN Nasal Spray from the nostril after giving the dose.

After NARCAN Nasal Spray has been used:

Get emergency medical help right away.

STEP 7



Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

Watch the person closely. If the person does not respond by waking up, to voice or touch, or breathing normally, another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available. Repeat Steps 2 through 6 using a new NARCAN Nasal Spray to give another dose in the other nostril.

For more information, go to narcannasalspray.com or call 1-844-4NARCAN (1-844-462-7226)

How should I store NARCAN Nasal Spray?

- Store below 77°F (25°C).
- Excursions permitted up to 104°F (40°C).
- Do not freeze or expose to excessive heat above 104°F (40°C).
- Keep NARCAN Nasal Spray in the box until ready to use. Protect from light.
- Replace NARCAN Nasal Spray before the expiration date on the box.

Keep NARCAN Nasal Spray & all medications out of the reach of children.

TREATMENT INFORMATION

Gateway Phone Line: 866-266-4898

MEDICATION DISPOSAL

Visit kernrxreturn.org or call 2-1-1 for locations

Narcan is now available for distribution at each of our 22 County libraries. Patrons may ask a library team member for more information. A brief form is required. KernBHRS and the Library will track the amount of Narcan distributed at libraries and use the information to combat overdoses in Kern County.

For more information on this partnership, please visit kernlibrary.org or kernbhhs.org

Find us on social!

