



## Vegetarian Baked Beans (VBK) Item # 42219

**7 LB. Net Weight (3.17 kg)  
Packaged 6/10 cans per unit**

**Ingredients: Prepared Navy Beans, Water, Sugar, Brown Sugar, Corn Syrup, Salt, Food Starch-Modified, Dextrose, Spice, Caramel Coloring, Onion Powder, Hydrolyzed Corn Protein, Natural Smoke Flavor, Garlic Powder, Partially Hydrogenated Soybean Oil, Natural Flavorings.**

### Nutrition Facts

Serving Size 1/2 cup (130g)  
Servings Per Container 24

Amount Per Serving

**Calories 150**      **Calories from Fat 10**

% Daily Value\*

<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 440mg	<b>18%</b>
<b>Potassium</b> 220mg	<b>6%</b>
<b>Total Carbohydrate</b> 30g	<b>10%</b>
Dietary Fiber 6g	<b>24%</b>
Sugars 10g	

**Protein 6g**

Vitamin A 0%      • Vitamin C 0%

Calcium 4%      • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**Effective Date: May 5, 2010**