



# 17262000 - Blueberry Chex Gluten Free Cereal Single Serve Cup 60/2 OZ

The great fruit flavor of blueberry can be enjoyed in gluten-free Blueberry Chex! Dusted with sweet blueberry flavor, this ready-to-eat cereal cup is great for breakfast, lunch, and supper: in the classroom, on-the-go or in the cafeteria. Whole grain rice – first ingredient. Meets 2 ounce equivalent grains, Gluten-Free and is CACFP eligible

Brand: Chex®



## Nutrition Facts

60 servings per container  
Serving size **1 container (56g)**

Amount per serving  
**Calories 240**

% Daily Value\*

<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3.5g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 1g	<b>5%</b>
Total Sugars 11g	
Includes 11g Added Sugars	<b>22%</b>

<b>Protein</b> 3g
Vitamin D 5mcg 25% • Calcium 130mg 10%
Iron 16.2mg 90% • Potassium 0mg 0%
Vitamin A mcg 10%
Thiamin mg 25%
Riboflavin mg 40%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Nutritional/Diet Claims:** Gluten Free, No Trans Fat Per Serving, Vegetarian, Kosher PAREVE Orthodox Union Kosher

## Ingredients

Whole Grain Rice, Rice, Sugar, Canola And/Or Sunflower Oil, Salt, Blueberry Powder, Molasses, Natural Flavor, Rosemary Extract. Vitamin E (Mixed Tocopherols) Added To Preserve Freshness. Vitamins And Minerals: Tricalcium Phosphate, Iron And Zinc (Mineral Nutrients), Vitamin C (Sodium Ascorbate), a B Vitamin (Niacinamide), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamin Mononitrate), Vitamin a (Palmitate), a B Vitamin (Folic Acid), Vitamin B12, Vitamin D3.

## Case Specifications

GTIN	10016000172620	Case Gross Weight	11.05 LB
UPC		Case Net Weight	7.50 LB
Pack Size	1 / 7.5LB	Case L,W,H	16.50 IN, 12.25 IN, 18 IN
Shelf Life	403 Days	Cube	2.11 CF
Tie x High	9 x 5		

## Preparation and Cooking

Ready to eat

## Serving Suggestions

1 container

## Product Features and Benefits

This top selling flavor meets the specific needs of your K-12 foodservice program. One product that meets 2 grains means only one product for inventory and storage. Ready to eat dry cereal in a convenient, portable cup Cup has room for milk—no dishes required No artificial flavors or colors. For USDA Child Nutrition Programs: meets 2 ounce equivalent grains, Gluten-Free, and is CACFP eligible. Great for breakfast in the classroom, or as a grab 'n go item.

## Packaging and Storage

Keep in a cool, dry place

## Allergens

CONTAINS:  
Whole Grain or Whole Grain Derivatives