



## 22489000 - Lucky Charms Gluten Free Cereal 25% Less Sugar Single Serve Cup 60/2 oz

Frosted and toasted whole grain, gluten-free cereal with marshmallow pieces. It comes in a ready-to-eat cup for convenient, single serve portion control. CACFP eligible and meets 2 ounce equivalent grain criteria. Perfect for K-12 meal programs. Each case contains 60 units of 2 oz cups.

Brand: Lucky Charms®



### Nutrition Facts

60 servings per container  
Serving size **1 container (56g)**

Amount per serving  
**Calories 210**

% Daily Value\*

**Total Fat** 2.5g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 440mg **19%**

**Total Carbohydrate** 45g **16%**

Dietary Fiber 5g **16%**

Total Sugars 12g

Includes 12g Added Sugars **23%**

**Protein** 5g

Vitamin D 6.2mcg 30% • Calcium 200mg 15%

Iron 5.6mg 30% • Potassium 150mg 4%

Vitamin A mcg 15%

Thiamin mg 30%

Riboflavin mg 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Whole Grain Oats, Sugar, Whole Grain Corn, Corn Starch, Corn Syrup. Contains 2% Or Less of: Dextrose, Modified Corn Starch, Salt, Trisodium Phosphate, Gelatin, Red 40, Yellow 5& 6, Blue 1, Natural And Artificial Flavor. Vitamin E (Mixed Tocopherols) Added To Preserve Freshness. Vitamins And Minerals: Calcium Carbonate, Vitamin C (Sodium Ascorbate), Iron And Zinc (Mineral Nutrients), a B Vitamin (Niacinamide), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B, (Thiamin Mononitrate), Vitamin a (Palmitate), Vitamin B2 (Riboflavin), a B Vitamin (Folic Acid), Vitamin B12, Vitamin D3.

### Case Specifications

GTIN	10016000224893	Case Gross Weight	12 LB
UPC		Case Net Weight	7.50 LB
Pack Size	60 / 2OZ	Case L,W,H	16.50 IN, 12.25 IN, 23 IN
Shelf Life	312 Days	Cube	2.69 CF
Tie x High	9 x 4		

### Preparation and Cooking

Ready to eat

### Serving Suggestions

ready to enjoy anytime, anywhere

### Product Features and Benefits

Delicious Lucky Charms cereal with 25% less sugar (25% Less Sugar than Original Lucky Charms. Sugar content has been reduced from 19g to 12g per serving), ready to enjoy anytime, anywhere. Convenient single-serve cup to keep the freshness and quality intact. Each cereal cup is 2 oz and perfectly portioned for individual serving. Frosted and toasted gluten-free whole grain-rich cereal with tasty marshmallow pieces. 25% less sugar than Original Lucky Charms, gluten-free and whole grain-rich. Meets 2-ounce equivalent grain, USDA Child Nutrition and CACFP eligibility.

### Packaging and Storage

Keep in a cool, dry place

**Nutritional/Diet Claims:** Gluten Free, Low Fat