



Nutritional Facts - Big Cup

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SUPER MANGO Real Fruit Sorbet

INGREDIENTS: Orange Juice Mango Puree, Apple Juice (freshly Pressed), Beet Sugar, Banana Puree, Pectin, Guar Gum, Lemon Juice, Beta. Carotene.

Item Num: I1889

NutritionFacts: ServingSize 133g; Servings Per Cup: About 1 **Calories** 106
TotalFat 0g 0% **Sat.Fat** 0g 0% **Cholest** 0mg 0% **Sodium** 11mg 0%
TotalCarb. 28g 9% **Dietary Fiber** 1g **Sugars** 24g **Protein** 1g 2%
*Percent Daily Values are based on a 2,000 calorie Diet.

SUPER STRAWBERRY Real Fruit Sorbet

INGREDIENTS: Strawberry Puree, Apple Juice, Beet sugar, Lemon Juice, Pectin, Guar Gum

Item Num: I1967

NutritionFacts: ServingSize 133g; Servings Per Cup: About 1 **Calories** 120
TotalFat 0g 0% **Sat.Fat** 0g 0% **Cholest** 0mg 0% **Sodium** 0mg 0%
TotalCarb. 29g 10% **Dietary Fiber** 1g **Sugars** 27g **Protein** 0g 0%
*Percent Daily Values are based on a 2,000 calorie Diet.

Blue Razz Swirl Yogurt

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar, Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Whey, Raspberry Base (Water, Sugar, Natural Flavor, Citric Acid, Raspberries, Modified Food Starch, Elderberry Juice Concentrate, Red #3, Red #40, Blue #1) Contains Less Than 1% Of Non Fat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural Flavor, Blue #1, Modified Food Starch, Carrageenan, Pectin, Sucralose. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium. **ALLERGENS:** Milk

Item Num: I1822

NutritionFacts: ServingSize 129g; Servings Per Cup: About 1 **Calories** 179
TotalFat 0g 0% **Sat.Fat** 0g 0% **Cholest** 5mg 2% **Sodium** 133mg 6%
TotalCarb. 39g 13% **Dietary Fiber** 0g **Sugars** 33g **Protein** 4g 8%
*Percent Daily Values are based on a 2,000 calorie Diet.

Chocolate & Vanilla Swirl Yogurt

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cocoa (Processed with Alkali), Whey, Contains Less Than 1% Of Mono- & Diglycerides Non Fat Dry Milk, Cocoa (Processed with Alkali), Milk Protein Isolate, Cellulose Gum, Guar Gum, Non Fat Dry Milk, Carrageenan, Modified Food Starch, Carrageenan, Pectin, Annatto Extract, Natural and Artificial Flavors. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium. **ALLERGENS:** Milk

Item Num: I1824

NutritionFacts: ServingSize 129g; Servings Per Cup: About 1 **Calories** 156
TotalFat 0g 0% **Sat.Fat** 0g 0% **Cholest** 3mg 1% **Sodium** 137mg 6%
TotalCarb. 34g 11% **Dietary Fiber** 0g **Sugars** 27g **Protein** 4g 8%
*Percent Daily Values are based on a 2,000 calorie Diet.

Salted Caramel Cheesecake Swirl Yogurt

INGREDIENTS: Pasteurized Nonfat Milk, Liquid Sugar, Pasteurized Sweet Cream Buttermilk, pasteurized & Cultured Nonfat Milk, Caramel Base, Water, Sugar, Sweetened Condensed Skim Milk, Salted Caramel Base, Natural and Artificial Flavors, Sweetened Pasteurized Egg Yolks, Cheesecake Flavored Base, Whey, Corn Syrup, Pasteurized Egg Yolks, Milk Protein Contains less than 1% of Caramel, Isolate, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains live & Active Cultures: S Thermophilus L, Bulgaricus L, Lactis L, Acidophilus & Bifidobacterium. **ALLERGEN:** MILK, Egg

Item Num: I1932

NutritionFacts: ServingSize 129g; Servings Per Cup: About 1 **Calories** 156
TotalFat 1g 2% **Sat.Fat** 0g 0% **Cholest** 16mg 5% **Sodium** 117mg 5%
TotalCarb. 33g 11% **Dietary Fiber** 0g **Sugars** 29g **Protein** 4g 8%
*Percent Daily Values are based on a 2,000 calorie Diet.

Cake Batter Yogurt

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar, Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cake Base (Water, Corn Syrup, Sugar, Natural & Artificial Flavor, Modified Food Starch, Annatto, Salt, Turmeric), Cream, Non Fat Dry Milk, Whey, Sweetened Pasteurized Egg Yolks, Contains Less Than 1% Of Mono- & Diglycerides, Cellulose Gum, Guar Gum, Natural and Artificial Flavors, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium. **ALLERGEN:** Milk, Eggs

Item Num: I1823

NutritionFacts: ServingSize 129g; Servings Per Cup: About 1 **Calories** 156
TotalFat 2g 3% **Sat.Fat** 1g 5% **Cholest** 23mg 8% **Sodium** 78mg 3%
TotalCarb. 31g 10% **Dietary Fiber** 0g **Sugars** 27g **Protein** 5g 10%
*Percent Daily Values are based on a 2,000 calorie Diet.

Chocolate Yogurt

INGREDIENTS: Pasteurized Non Fat Milk, Liquid Sugar, Pasteurized Sweet Cream Buttermilk, Pasteurized and Cultured Non Fat Milk, Corn Syrup, Cocoa (Processed with Alkali), Whey, Contains Less Than 1% Of Non Fat Dry Milk, Cocoa (Processed with Alkali), Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Modified Food Starch, Pectin, Natural and Artificial Flavors. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium. **ALLERGENS:** Milk

Item Num: I1825

NutritionFacts: ServingSize 129g; Servings Per Cup: About 1 **Calories** 156
TotalFat 0g 0% **Sat.Fat** 0g 0% **Cholest** 0mg 0% **Sodium** 78mg 3%
TotalCarb. 34g 11% **Dietary Fiber** 0g **Sugars** 27g **Protein** 5g 10%
*Percent Daily Values are based on a 2,000 calorie Diet.

Cookies N' Cream Yogurt

INGREDIENT: Pasteurized Non Fat Milk, Pasteurized Sweet Cream Buttermilk, Liquid Sugar, Corn Syrup, Pasteurized and Cultured Non Fat Milk, Whey, Maltodextrin, Cake Base (Wheat Flour, Powdered Sugar, Palm Oil, Cocoa, Sugar, Caramel Color, Baking Soda, Salt, Natural Vanilla Flavor, Ammonium Bicarbonate), Marshmallow Syrup, Contains Less Than 1% Of Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Natural and Artificial Flavors, Non Fat Dry Milk, Cocoa, Modified Food Starch, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L. lactis, L. acidophilus and Bifidobacterium. **ALLERGEN:** Milk, Eggs, Wheat.

Item Num: I1826

NutritionFacts: ServingSize 129g; Servings Per Cup: About 1 **Calories** 172
TotalFat 0g 0% **Sat.Fat** 0g 0% **Cholest** 8mg 3% **Sodium** 125mg 5%
TotalCarb. 37g 12% **Dietary Fiber** 0g **Sugars** 28g **Protein** 5g 10%
*Percent Daily Values are based on a 2,000 calorie Diet.