

# July 2025

## LESD Breakfast Menu

MON		TUES		WED		THURS		FRI	
30		7/1		7/2		7/3		7/4	
Double Chocolate Chip Muffin (v)	Bagels & Cream Cheese (v)	French Toast with Turkey Sausage	Chicken Sausage & Cheese Breakfast Sandwich	<b>Independence Day Holiday</b> *School not in session.*					
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)						
California Citrus	Bahama Bananas	Harvest of the Month: Organic Strawberries	Sliced Peaches						
Raisins	Applesauce Cups	Apples	100% Orange Juice						
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk						
<b>Summer Forward, Dual Immersion Institute, &amp; Newcome Academy End</b>									
7		8		9		10		11	
Ham & Cheese Croissant	Concha (v)	Cinnamon Roll (v)	Cinni Minis (v)	Mantecada Muffin (v)					
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)					
California Citrus	Bahama Bananas	Strawberries	Orange Smiles	Sliced Peaches					
Raisins	Applesauce Cups	100% Orange Juice	Apples	Applesauce Cups					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
14		15		16		17		18	
Double Chocolate Chip Muffin (v)	Bagels & Cream Cheese (v)	French Toast with Turkey Sausage	Chicken Sausage & Cheese Breakfast Sandwich	Waffles with Syrup (v)					
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)					
California Citrus	Bahama Bananas	Harvest of the Month: Organic Strawberries	Sliced Peaches	Oranges					
Raisins	Applesauce Cups	Apples	100% Orange Juice	Applesauce Cups					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					
21		22		23		24		25	
Ham & Cheese Croissant	Concha (v)	Cinnamon Roll (v)	Cinni Minis (v)	Mantecada Muffin (v)					
Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)	Variety Cereal + Sunflower Seeds (v)	Variety Cereal + String Cheese (v)					
California Citrus	Bahama Bananas	Strawberries	Orange Smiles	Sliced Peaches					
Raisins	Applesauce Cups	100% Orange Juice	Apples	Applesauce Cups					
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					

(v)= Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.