

NCAA/NAIA Eligibility Workshop



High School Student-Athlete Responsibilities

Student-Athletes are STUDENTS FIRST

Passing grades keep you eligible to PRACTICE and PLAY. Grading periods are every 6 weeks.

First Grading Period Under 2.0 GPA= Academic Probation

Following Grading Period Under 2.0 GPA = Ineligibility

8th grade GPA may put a student on academic probation for Fall sports

Grades are posted to transcripts in Fall (December) and Spring (June)

Any D on your transcript will disqualify you from meeting 4-year college requirement

Parents and Student Athletes should always be aware of grades posted to transcripts

Transcripts are available on Parent/Student Portal

Student-Athletes with a desire to be Colligate Athletes cannot complete Non-Traditional Course Work

Edgeunity for Original Credit or Credit Recovery

Student Athletes must complete the High School Sports Clearance Packet, Family ID, AND Sports Physical

[JGHS Athletics Page for Clearance Packet and Family ID Info](#)

Sports Physicals May 23 & 24 @ JGHS – More info to come through Parent Square



SUMMARY OF SUBJECT COMPLETION REQUIREMENTS

SUBJECT AREA	Graduation Requirements for Class of 2024	Graduation Requirements for Class of 2025 +	Admission Requirements for CSU/UC
A. SOCIAL STUDIES <i>Modern World History, Modern World Acc, AP World History, US History, AP US History</i> <i>American Government, Economics, AP Government, AP Macroeconomics, AP Microeconomics, Political Science 2</i> <i>C/O 2024: World Geo (10 credits)</i> <i>C/O 2025+: World Cultures (5 credits)</i>	40 credits	35 credits	20 credits 30 credits recommended
B. ENGLISH <i>English 1, English 1 Accelerated</i> <i>English 2, English 2 Accelerated</i> <i>English 3, African American Lit, AP Lang Composition</i> <i>English 4 ERWC, English 4 Brit Lit, AP Literature, English 1A</i>	40 credits	40 credits	40 credits
C. MATHEMATICS <i>(Must pass three different courses in Math. State of CA requires students must pass Math 1)</i> <i>Math 1, Math 2, Math 3, Math 3/Trig Honors,</i> <i>Trigonometry, AP Statistics, AP Calculus AB/BC,</i> <i>Senior Math (not A-G)</i>	30 credits	30 credits	30 credits 40 credits recommended
D. SCIENCE <i>Biology, Biology Acc, Chemistry, Chemistry Acc, AP Biology,</i> <i>AP Chemistry, Anatomy/Physiology, Physics, Zoology,</i> <i>Conceptual Physics, Environmental Science (not A-G)</i>	20 credits *10 credits Life Science *10 credits Physical Science	20 credits *10 credits Life Science *10 credits Physical Science	20 credits 30 credits recommended
E. WORLD LANGUAGE <i>Spanish 1, Spanish 2, Spanish 3, Spanish 4, Spanish Literacy,</i> <i>AP Spanish Lang</i>	Not Required	Not Required	20 credits of the same language 30 credits recommended
F. VISUAL & PERFORMING ARTS <i>Advanced Chorus, AP Music Theory, Ceramics (Beg/Int/Adv),</i> <i>Computer Arts & Graphics, Digital 3-D Design, Draw & Paint,</i> <i>Advanced Art, Flamenco Guitar (Beg/Int/Adv), Jazz Band,</i> <i>Marching Band, Modern Dance 1, Modern Dance 2, Modern</i> <i>Dance 3, Theatre Arts 1, Theatre Arts 2, Theatre Arts 4,</i> <i>Video Production</i>	10 Credits	10 Credits	10 credits
G. COLLEGE PREP <i>*Any course taken in excess of the minimum A-G requirements in any subject area</i>	-	-	10 credits
HEALTH/GRADUATION REQUIREMENTS <i>C/O 2024 - 5 credits Health</i> <i>C/O 2025+ - 5 credits Health</i> <i>5 credits Frash Req</i> <i>5 credits World Cultures</i>	10 Credits	10 Credits	-
PHYSICAL EDUCATION <i>PE, Athletic PE, Marching Band (Cologuard), Modern Dance,</i> <i>United PE</i>	20 credits	20 credits	-
ELECTIVES	70 credits	70 credits	-
Graduation Requirement Electives (Not A-G): <i>Publications (Application Required), AP Psychology,</i> <i>Psychology/Sociology, American Justice, Woodwinds, Brass,</i> <i>Applied Percussion, Music Fundamentals, Musical Theatre,</i> <i>Theatre 3, Family Career Life, Culinary, Accounting,</i> <i>Accounting 2, Intro to Business, Entrepreneurship, ROP</i> <i>Advertising & Marketing (2 periods), Leadership (Application</i> <i>Required), Intro to Technology, ROP Robotics (2 periods),</i> <i>AVID, AP Human Geography, Teacher's Assistant (11th &</i> <i>12th graders), Late Arrival (12th graders), Early Release (12th</i> <i>graders)</i>	TOTAL: 240 credits	TOTAL: 230 credits	Based on A-G course completion & grades of C or higher CSU - Minimum 2.5 GPA UC - Minimum 3.0 GPA

- Students must meet **GRADUATION**, **COLLEGE ADMISSION**, and **NCAA/NAIA** requirements to eligible to be collegiate athlete
- All high school courses must be taken in a traditional, seat-based setting (No Edgenuity Courses)

- CSU/UC Requirements listed; students must have a C or better in all A-G courses
- Private and Out-of-State colleges may have different requirements. We encourage students to research perspective college for specific application requirements

National Collegiate Athletic Association vs National Association of Intercollegiate Athletes

NCAA vs NAIA

	NAIA	NCAA DI	NCAA DII	NCAA DIII
# SCHOOLS	250	350	300	432
# STUDENT-ATHLETES	77,000	187,000	120,800	195,000
# SPORTS OFFERED	17	24	24	24
ATHLETIC SCHOLARSHIPS AVAILABLE	YES	YES	YES	NO

NCAA: Over 1,100 colleges, roughly 500,00 student athletes, 3 division levels, 24 sports available

NAIA: 250 colleges, roughly 77,000 student athletes, range of 6-27 sports available based on school

NCAA Eligibility

CORE-COURSE REQUIREMENTS

DIVISION I

Earn 16 NCAA-approved core-course credits in the following areas:



For Division I, 10 of your 16 NCAA-approved core-course credits must be completed before the start of your seventh semester, including seven in English, math or science.

DIVISION II

Earn 16 NCAA-approved core-course credits in the following areas:



GRADE-POINT AVERAGE

The Eligibility Center calculates your **core-course GPA** based on the grades you earn in NCAA-approved core courses.

- » Division I requires a minimum 2.3 core-course GPA.
- » Division II requires a minimum 2.2 core-course GPA.

[JGHS Course List](#)

How to plan your high school courses to meet the 16 core-course requirement:

$$4 \times 4 = 16$$

9TH GRADE

(1) English
(1) Math
(1) Science
(1) Social Science
and/or additional

4 CORE COURSES

10TH GRADE

(1) English
(1) Math
(1) Science
(1) Social Science
and/or additional

4 CORE COURSES

11TH GRADE

(1) English
(1) Math
(1) Science
(1) Social Science
and/or additional

4 CORE COURSES

12TH GRADE

(1) English
(1) Math
(1) Science
(1) Social Science
and/or additional

4 CORE COURSES

STANDARDIZED TEST SCORES

GPA and Core-Course Requirements Remain



- » In January 2023, NCAA **Divisions I** and **II** adopted legislation to remove standardized test scores from initial-eligibility requirements.
- » Encourage your students to check with the NCAA school they plan to attend regarding whether standardized test scores are necessary for admission or scholarship requirements.

[NCAA Guide for the College-Bound Student Athlete](#)

NAIA Eligibility

Do I meet the freshman eligibility requirements?

If you will graduate from a U.S. high school this spring and enroll in college this coming fall, the requirements are simple. An entering freshman must:

- Be a graduate of an accredited high school.
- Must graduate with a 2.3+ GPA or meet two of the three following requirements.

MUST MEET TWO OF THE THREE

1. TEST SCORE REQUIREMENT	2. HIGH SCHOOL GPA REQUIREMENT	3. CLASS RANK REQUIREMENT
Achieve a minimum of 18 on the ACT or 970 on the SAT	Achieve a minimum overall high school grade point average of 2.0 on a 4.0 scale	Graduate in the top half of your high school class

[NAIA Guide for the College-Bound Student- Athlete](#)

NCAA REGISTRATION IS REQUIRED

INFORMATION NEEDED TO CREATE AN ACCOUNT:

- Valid Email for Student
 - Access AFTER high school
- Basic Student Personal Information
- Basic Student Education History
- Student Sports Participation History
- Payment – fee waiver available

[NCAA Eligibility Center](#)

FREE PROFILE PAGE ACCOUNT

Account Type #1



The right place to start for most students!

- » Not sure in which division you plan to compete.
- » Domestic students planning to compete at a **Division III school**.
- » Registering in an NCAA-certified nonscholastic basketball event (**BBCS**, ECAG, AAU).



No registration fee.



Transition to the right **Certification account** at any time.

ACADEMIC AND AMATEURISM CERTIFICATION ACCOUNT

Account Type #3



Required to compete at a Division I or II school.



Registration fee:

- » **Domestic students**: \$100.
- » **International students**: \$160.



Required to:

- » Go on an **official visit**.
- » Sign an **NLI** with a Division I or II school.

NAIA ACCOUNT REGISTRATION



The NAIA has partnered with NCSA College Recruiting, the world's largest collegiate athletic recruiting network. NCSA serves as the official North American recruiting services partner of the NAIA. Register now to use the NAIA Pre-Eligibility Indicator Tool which allows prospective student-athletes to showcase their future eligibility status to NAIA member institutions as early as their first year in high school.

[NCSA College Recruiting Site](#)



INFORMATION NEEDED TO CREATE AN ACCOUNT:

- **Valid Email for Student**
Access AFTER high school
- **Basic Student Personal Information**
- **Basic Student Education History**
- **Student Sports Participation History**
- **Payment – fee waiver available**

[NAIA Eligibility Center](#)

JGHS VARSITY COACH CONTACTS

Fall Sports

Football: Yosef Fares - yfares@centralunified.org
Girls Volleyball: Jordan Lovero - jlovero@centralunified.org
Girls Tennis: Katherine Picone - katherinepicone@centralunified.org
Girls Golf: Rodney Fontes - rfontes@centralunified.org
Cross Country: Michael Hess - mhess@centralunified.org
Boys Water Polo: Matthew Boogaard - mboogaard@centralunified.org
Girls Water Polo: Jose Aguilar - still awaiting district email

Winter Sports

Cheer: Britney Audino - baudino@centralunified.org
Boys Basketball: Ken Vossler - kvossler@centralunified.org
Girls Basketball: Anthony Bea - abea@centralunified.org
Boys Soccer: Christopher Young - christopheryoung@centralunified.org
Girls Soccer: Edgar Mondragon - emondragon@centralunified.org
Wrestling: Paul Mirmingos - pmirmingos@centralunified.org

Spring Sports

Baseball: Zak Colby - zcolby@centralunified.org
Softball: Ariana Bier - abier@centralunified.org
Track & Field: Kristie Johnston - kjohnston@centralunified.org
Boys Volleyball: Kyle Pittman - kpittman@centralunified.org
Boys Tennis: Katherine Picone - katherinepicone@centralunified.org
Boys Golf: Angel Arroyo - aarroyo@centralunified.org
Badminton: Erika Bargas - ebargas@centralunified.org
Boys Swim & Dive: Matthew Boogaard - mboogaard@centralunified.org
Girls Swim: Jose Aguilar - still awaiting district email

JGHS Athletic Director
Hovig Torigian
htorigian@centralunified.org



JGHS Academic Counselors

CURRENT 8th GRADERS

Melissa Hernandez	mhernandez@centralunified.org	All Current 8 th Graders
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Current 9th-11th GRADERS

Angel De Leon	adeleon@centraunified.org	A-C
Twylite Lawrence	tlawrence@centralunified.org	D-Ha
Lora De Leon	ldeleon@centralunified.org	He-Me
Rosie Gutierrez	rgutierrez@centralunified.org	Mi-Sam
Jonathan Clemmons	jclemons@centralunified.org	San-Z