



**Belton Independent School District
School Health Advisory Council
October 26, 2023
Minutes**

The School Health Advisory Council met on Thursday, October 26, 2023, at 12:00 p.m. at the administration building.

Rocio Avila
Tanya Bane
Janet Brown
Nora Halabi
Brooke Hale

Margaret Hylton
Marissa Northrup
Tricia Richner
Cindy Rolan
Katrina Scott

Members in Attendance:

Barry Sharp
Jackie Snow
Tiffany Sommerfeld
Cassandra Spearman
Chris Teager

Guests in Attendance:

Michael Morgan - Belton ISD

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1. The meeting was called to order at 12:00 p.m. by Dr. Cassandra Spearman, Executive Director of Student Services.
 2. Dr. Spearman opened the floor for public comments. There were none.
 3. Dr. Spearman reviewed the agenda. Motion to approve the agenda by Tiffany Sommerfeld. Second by Barry Sharp. All approved.
 4. The SHAC committee members introduced themselves.
 5. Minutes from the May 11, 2023 meeting were reviewed. Motion to approve the minutes by Tiffany Sommerfeld. Second by Cindy Rolan. All approved.
 6. Dr. Spearman reviewed the purpose of SHAC.
 7. Dr. Spearman reviewed the work of SHAC in the 2022-2023 school year.
 - a. Reviewed and updated the BISD Wellness Plan
 - b. Provided presentations from Departments leading SHAC work
 - c. Created and adopted bylaws for SHAC
 - d. Evaluated and adopted curriculum to address Human Sexuality, Dating Violence, Human Trafficking, Drug Abuse, Child Abuse and Suicide Prevention
 - e. Engaged the BISD Community in the Million Mile Month Wellness Event
 - f. Presented at the Parents as Partners Conference on vaping
 8. SHAC goals and objectives for 2023-2024 school year were reviewed.
 - a. Update the SHAC Mission Statement
 - b. Continue to review and update the Wellness Plan
 - c. Educate the BISD Community on SHAC topics
 - d. Engage the Community in wellness activities: Million Mile Month, Parent and Student conference giving resources to protect students from vaping and Fentanyl usage



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- e. Katrina Scott asked if there would be mandatory education for students and parents for drug awareness, sexual assault and mental health. Tiffany Sommerfeld spoke about Red Ribbon Week in October that is focused on drug awareness for students.
- 9. Dr. Spearman gave a COVID-19 Update for 2023-2024 School year. BISD is in Scenario 1: operations as normal.
- 10. Dr. Spearman asked the committee members to review the SHAC 2022-2023 Wellness Plan and bring any recommendations or revisions to the next meeting for discussion.
- 11. Our next meeting will be January 4, 2024.
- 12. The meeting was adjourned by Dr. Spearman at 12:37 p.m.

Minutes derived from audio-recording/submitted by: Emily Linder, Executive Assistant