



**Belton Independent School District
School Health Advisory Council
March 7, 2024
Minutes**

The School Health Advisory Council met on Thursday, March 7, 2024, at 12:00 p.m. at the administration building.

Sheryl Austin
Tanya Bane
Marylisa Fanning
Margaret Hylton

Marissa Northrup
Pete Ramirez
Cindy Rolan
Barry Sharp

Members in Attendance:

Jackie Snow
Cassandra Spearman
Chris Teager

Guests in Attendance:

Carey Stites - Belton ISD

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1. The meeting was called to order at 12:00 p.m. by Dr. Cassandra Spearman, Executive Director of Student Services.
 2. Welcome and share good news.
 3. Dr. Spearman opened the floor for public comments. There were none.
 4. Dr. Spearman reviewed the agenda.
 5. Minutes from the January 4, 2024 meeting were reviewed. Motion to approve the minutes by Barry Sharp. Second by Jackie Snow. All approved.
 6. Health Services Update by Marylisa Fanning, BISD Director of Health Services
 - a. *Goal 1, Objective 1:* "The District will provide at least three student and/or parent health conference events a year related to student health and wellness in collaboration with community partners"
 - i. Staff Wellness; BISD Recharge, February, 19, 2024 - Campus nurses provided classes for BISD staff: Health Emergencies, Autism Awareness, Sleep Hygiene, Dealing with Stress
 - ii. Student and Staff Health Fairs will be held at all four middle schools for the first time in April 2024 during lunch periods. We will alternate locations yearly between the three high schools and four middle schools.
 - iii. Partnering with the Cody Stephens Foundation and UMHB Nursing Department on March 26, 2024 to offer heart screenings (EKG) to all secondary students at a cost of \$21 each. The Foundation will bring the equipment to all seven secondary campuses and BISD nurses and UMHB Nursing students will help. Cody Stephens Foundation will have staff to read the tests and results will be given to parents. If an irregularity is detected, there will be follow up with those parents.
 - b. *Goal 1, Objective 2:* "At least 50% of campuses will promote student health, safety and wellness messages at least monthly in the form of public service announcements, screen messages, videos, bulletin boards/posters, campus websites/newsletters or other appropriate forms of communication that promote health, safety and wellness"



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- i. We reach 100% at all campuses every year.
 - c. *Goal 1, Objective 3:* “All secondary campuses present a monthly ‘Tiger Time Session’ (mandatory) on health, safety and wellness topics approved by a ‘panel of experts’ on topics like vaping, sexting, sex trafficking, suicide, stress, etc”
 - i. Stop the Bleed, CPR, Hearing/Vision/Spinal screenings are mandated by the State and will always be part of this objective.
 - d. *Goal 2, Objective 1:* “At least 50% of the campuses will promote a staff wellness challenge once a year”
 - i. BISD Recharge, February 19, 2024 - All District
 - ii. Many campuses are promoting specific staff wellness challenges every year.
- 7. Proposed Revisions to the Wellness Plan:
 - a. Break out groups reviewed different sections of the current Wellness Plan and made updates and revisions.
- 8. Vaping Data statistics
 - a. 243 total vaping incidents in 2022-2023
 - b. 154 total vaping incidents in 2023-2024 as of February 2024
 - i. 70 Nicotine
 - ii. THC/Controlled substances
- 9. Million Mile Month - May 2024 participation
- 10. Our next meeting will be May 9, 2024
- 11. The meeting was adjourned by Dr. Spearman at 1:01p.m.

Minutes derived from audio-recording/submitted by: Emily Linder, Assistant