



**Belton Independent School District  
School Health Advisory Council  
January 4, 2024  
Minutes**

The School Health Advisory Council met on Thursday, January 4, 2024, at 12:00 p.m. at the administration building.

Rocio Avila  
Sheryl Austin  
Nora Halabi  
Margaret Hylton

Marissa Northrup  
Tricia Richner  
Cindy Rolan  
Katrina Scott

Members in Attendance:

Barry Sharp  
Jackie Snow  
Tiffany Sommerfeld  
Cassandra Spearman  
Chris Teager

Guests in Attendance:

Michael Morgan - Belton ISD  
Carey Stites - Belton ISD

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1. The meeting was called to order at 12:00 p.m. by Dr. Cassandra Spearman, Executive Director of Student Services.
  2. Welcome and share a New Year's Resolution.
  3. Dr. Spearman opened the floor for public comments. There were none.
  4. Dr. Spearman reviewed the agenda. Motion to approve the agenda by Barry Sharp. Second by Jackie Snow. All approved.
  5. Minutes from the October 26, 2023 meeting were reviewed. Motion to approve the minutes by Katrina Scott. Second by Barry Sharp. All approved.
  6. New Laws Impacting SHAC
    - a. House Bill 114 - As of 9/1/23 Nicotine usage of Vapes or E-cigarette is now a mandatory DAEP placement.
    - b. House Bill 3144 - Designates October as Fentanyl Poisoning Awareness Month and requires districts to provide learning for drug awareness;
      - i. Each October, BISD promotes Red Ribbon Week, which includes Fentanyl and opioid awareness.
    - c. House Bill 3908 - District must have research based instruction on Fentanyl abuse and other drug poisoning.
      - i. In 2022-2023, BISD adopted the health curriculum, *Living Well Aware*, which includes specific drug awareness instruction for 6th, 7th and 8th graders.
      - ii. BISD Health Services has added signage in restrooms and common areas, on drug awareness.
    - d. Senate Bill 294 - Allowing anyone on campus near the person in respiratory distress, in good faith, to provide care.
    - e. Automated External Defibrillator training now for 7th grade students also.
    - f. House Bill 3991 - Designates the first Friday in April as Texas Fruit and Vegetable Day.



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- g. Senate Bill 629 - Train staff on use of opioid antagonist medications
  - h. Senate Bill 763 - Allows districts to use Chaplains as counselors if a district is not able to hire counselors as staff.
7. Parents as Partners:
- a. Drug Awareness Night, January 16, 2024, 6-7pm in the Pittenger Fine Arts Center
  - b. Conference March 2, 2024 - Fentanyl and Drug Awareness - Three Sessions
8. Nutrition Services Update: Chris Teager, Director of School Nutrition
- a. As of 11/1/23, serving breakfast in the classrooms at Chisholm Trail to Kg/1st grade to alleviate crowding in cafeteria breakfast lines and allow more time to eat.
  - b. Miller Heights received a "Fresh Fruits & Vegetables Program" grant in November 2023 to increase awareness and have exposure to more variety of fresh fruits and vegetables. Each Tuesday and Thursday, in the afternoon a new fruit or vegetable is made available for them to try along with an informational sheet to teach the students about it.
  - c. Hired Registered Dietitian, Carey Stites.
9. Our next meeting will be March 7, 2024.
10. The meeting was adjourned by Dr. Spearman at 12:53 p.m.

Minutes derived from audio-recording/submitted by: Alicia Moore/Emily Linder, Assistants