



**Belton Independent School District
School Health Advisory Council
October 24, 2024
Minutes**

The School Health Advisory Council met on Thursday, October 24, 2024, at 12:00 p.m. at the administration building.

Members in Attendance:

Tanya Bane	Cassandra Spearman	Ethan Borchers
Marylisa Fanning	Chris Teager	Janet Brown
Marrisa Northrup	Wendy Taylor	Allison Clinton Lee
Pete Ramirez	Peggy Hylton	Heidi Pike
Cindy Rolan	Katie Breazeale	Robert Rucker
Jackie Snow	Kendra Dean	Ara Vance
Tiffany Sommerfeld	Lannette Wyrick	

Guests in Attendance:

Lee Vi Moses -Director of Student Services
Sherry Spence-Purcella-AgriLife

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1. The meeting was called to order at 12:01 p.m. by Dr. Cassandra Spearman, Assistant Superintendent of Operations.
 2. Welcome
 3. Dr. Spearman opened the floor for public comments. There were none.
 4. Dr. Spearman reviewed the agenda.
 5. Minutes from the June 10, 2024 meeting were reviewed and approved.
 6. Introductions
 7. Dr. Spearman reviewed the commitments, SHAC requirements, vision statement, mission statement, and objectives.
 8. Major Activities of SHAC - Dr. Spearman
 - a. Review and update Wellness Plan.
 - b. Create opportunities to educate the BISD community on SHAC topics
 - c. Provides opportunities for families and community members to engage in physical activities.
 9. Wellness Plan - Dr. Spearman reviewed

Three Main Components:

 1. Nutrition Guidelines, Promotion, and Education (2 goals)
 2. Physical Activity (2 goals)
 3. Other School-Based Activities (2 goals)
 10. The meeting was adjourned by Dr. Spearman at 1:07p.m . The next meeting is December 19th.
Minutes derived from audio-recording/submitted by: Mouneigh Pyatt, Executive Assistant